

Announcements for
Thursday, March 26, 2026

5th Week of Lent

1st Reading: Genesis 17.3-9

Gospel: John 8.51-59

Welcome • Itaomikskaonaotoni • Bienvenue

The 9th Station: Jesus Falls the Third Time



The 9th Station: Jesus Falls the Third Time

Leader: We adore you, O Christ, and we bless you.

All: Because by your holy Cross you have redeemed the world.

Leader: Though he was in the form of God, he did not regard equality with God as something to be exploited, but emptied himself, taking the form of a slave"

Exhausted and near collapse, Jesus falls a third time, embodying total self-emptying for our salvation. In our deepest fatigue—studies, conflicts, doubts—His example calls us to humility, urging one final rise toward Calvary's victory.

The 9th Station: Jesus Falls the Third Time

Prayer: O Jesus, in your third fall you reveal perfect obedience and love. Strengthen us in our weariness, teach us to empty ourselves for others, and lead us patiently to the glory of your Resurrection. Amen.¹

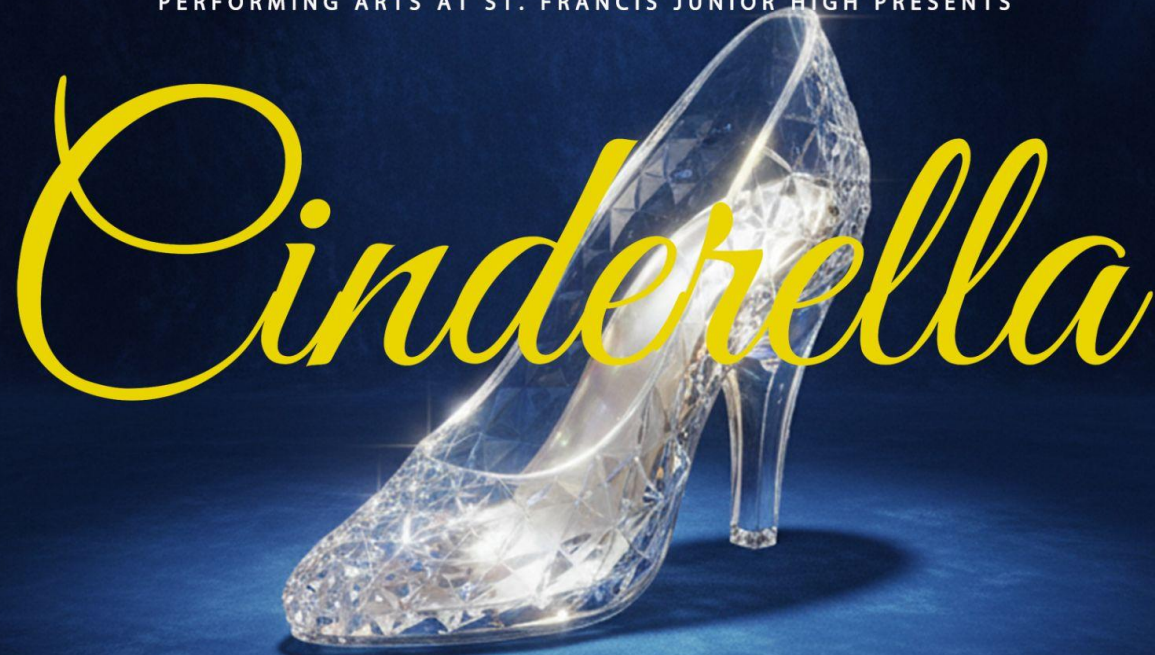
All: Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

Amen.





PERFORMING ARTS AT ST. FRANCIS JUNIOR HIGH PRESENTS



May 10th - May 14th

TICKETS ON SALE NOW

Check School Website For Details

Are you interested in joining one of the SF Academies next year?

Applications are due on TUESDAY and tryouts/auditions will be held in April.

Questions? Go by the office for more information!



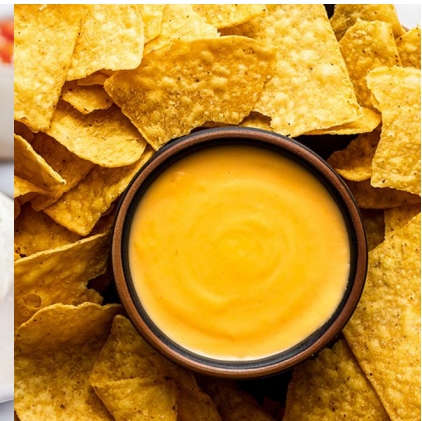
Est. 2024

Canteen

Our regular menu items are available for purchase. You can purchase items with Cash, Debit Card, or with prepaid Canteen Cards.

TODAY

Chicken Burger, \$5.50



Reducing Spills @ Lunch

Please note that drinks with a plastic lid & straw (Big Gulps, Slurpees, fountain drinks) must remain outside if purchased off campus.

If you purchase a drink from the Canteen with a plastic lid & straw, please finish it before leaving the canteen.

Academic Lunch Support - TODAY

Hello students! Just a reminder that the Library will be used for Academic Lunch Support today.

If you are on the list, your attendance is mandatory. Please bring your lunch or ask a staff member to grab you something from the office.

Lost and Found

The Lost and Found by the gym is overflowing with clothing, water bottles and a variety of other items. Please check to see if any of your stuff has ended up in Lost and Found by the stairs next to the gym.

Anything remaining in the Lost and Found by Thursday, April 2nd will be donated to Charity or thrown away!

Additionally, in the Office, we have a Lost and Found for small valuable items such as jewelry, phones, airpods, glasses, and more.

Please come to the Office, describe what you are missing, and we will give it back to you if we have it!

BADMINTON INTRAMURALS

Schedule will be posted in the gym during lunch today! Today is the final day, winners will be announced tomorrow!

BADMINTON INTRAMURALS

	North	North Center	South Center	South
11:40	David and Lincoln vs Zaid and Eliab	Sayer and Dylan vs Livia and Lidia	Lochan and Joseph vs Greyson and Aadam	Jasper and Deacon vs Danica and Hamda
11:45	Byabenne and Karissa vs Aliyah and Ayanna	Adrian and Lawrence vs Milos and Logan	Guadalupe and Audrey vs Stefan and Liam	Elai and Deng vs David and Lincoln
11:50	Brixlyn and Zoe vs Sayer and Dylan	Zaid and Eiab vs Lochan and Joseph	Livia and Lidia vs Jasper and Deacon	Greyson and Aadam vs Byabenne and Karissa
11:55	Carter and Ari vs Kayden and Ayden	Ethan and Mikhael vs Landan and Ajay	Anna and Maui vs Harlie and Danica	Coen and Bentley vs Caspian and Kevin
12:00	Andriel and Daniel vs Koko and Madie	Rylee and Candace vs Carter and Ari	Toby and Marcky vs Ethan and Mikhael	Kaden and Ayden vs Anna and Maui
12:05	Landen and Ajay vs Coen and Bentley	Harlie and Danica vs Andriel and Daniel	Caspian and Kevin vs Koko and Madie	Ethan and Mikhael vs Ryan and Kyle

EDO HOT LUNCH

If you ordered Edo it will be available for pick up in front of the mirrors at lunch!



Badminton Practices

TODAY:	Grade 7s	3:00 - 4:15
Monday:	Grade 7s	3:00 - 4:15
Tuesday:	Grade 8s	3:00 - 4:15
	Grade 9s	4:15 - 5:30
	Grade 7s	5:30 - 6:45

Practice times may change. Check the [SFJH Athletic Calendar](#) for up to date information.





Featuring Holes The Movie



MOVIE NIGHT

St. Francis Gym
Friday, May 22
7:00pm-9:00pm

TICKETS AVAILABLE EVERY WEDNESDAY
STARTING APRIL 1





SPIRIT WEEK

MARCH 30 – APRIL 2

Monday

Pastel/Easter Colours

Light yellow, light blue, light purple, light green, etc

Tuesday

Teachers dress like students and
students dress like teachers!

Wednesday

Senior Citizens Day.

Where a wig, glasses or even bring a cane.

Thursday

Hawaiian

Wear flipflops, a lei or some sort of summery clothing item!

Friday

No school!



Badminton

GAN



Monday

Grade 8s & Grade 9s
@ FLVT 3:00



DAILY ANNOUNCEMENTS



WWW.ZEPHYRSCOACHING.COM
coach.robdrup@zephyrskoaching.com

COACHES

Danny Robdrup
Lucas Authier
Brooklyn Filipenko



TRACK
TRACK
TRACK
TRACK

ZEPHYRS TRACK CLUB

Costs:
\$90 for Outdoor Season April 14th through June
\$20 Singlet

Details:
Tue/Thu 6-7:15pm @ CIVIC TRACK | Ages 8+
Train for:
Sprints - Mid/Long Distance - Long/Triple Jump -
Run Jump Throw Wheel - Discus/Javelin





TRADES4U

APRIL 1, 2026
6:30PM - 8:30PM



OPENTO STUDENTS IN GRADE 9 TO GRADE 12

- Hands-on experience to try a trade
- Spend an evening learning from local skilled tradespeople
- Evening event to accomodate parents/guardians
- Limited spots per business

REGISTER TODAY!

Registration opens on March 7, 2026
Registration closes on March 21, 2026

**For more information, please contact your Divisions Off Campus Coordinator **

Share Your Voice!

Musical Theatre and Recording Sessions

August 10-14, 2026

AGES 9-12 (9 - 1 P.M.)

AGES 13-20 (1 - 5 P.M.)

5 days of intensive training, lessons, workshops and recording studio access.

Located at the U of L Centre for the Arts



MUSIC.CONSERVATORY@ULETH.CA
403-329-2304



PHOTO BY STRUDELBRAND

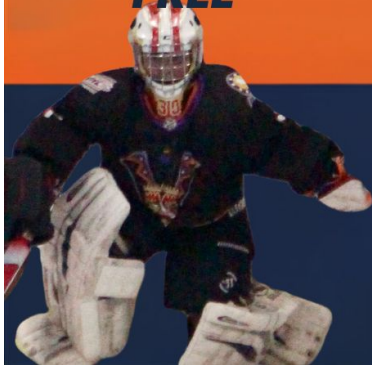
PLAY FREE AS A ROLLER HOCKEY GOALIE!



**SIGN UP
NOW AND
SKATE FOR
FREE**

exclusive goalie

OFFER!



Contact Info

www.rollerhockeylethbridge.ca

info@rollerhockeylethbridge.ca



RITA'S RUN 2026 5KM & 10KM

Saturday May 9, 2026 @ 9:00AM



Elks Compound
Lethbridge, AB



RUN FOR THE CAUSE
SUPPORTING MENTAL HEALTH

Registration Opens February 24!
www.ritasrun.weebly.com





STORY WEAVERS TWEEN WRITING CLUB

**Tuesdays April 14 - May 26 | 4:30 - 6 p.m.
Main Branch**

Join our writing club to hone your skills and create a short story, which will be published in a zine at the end of the program! For grades 5 - 8.

Registration is open at lethlib.ca/events and is for the entire 7-week run.

Starting April



**OUTDOOR
REGISTRATION**
IS OPEN!

WWW.LETHBRIDGETRACK.CA

TUESDAY & THURSDAY

5:30-7PM (COACHING)

SATURDAY

10:30-12PM (LTFC OPEN TRACK)

U OF L COMMUNITY STADIUM

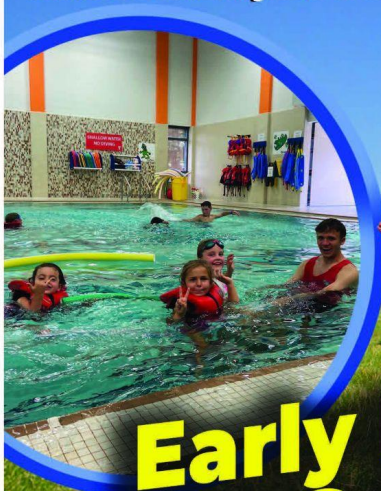
DAILY ANNOUNCEMENTS

Since 1993

Soccer Day Camps



...more than just a soccer camp!



**Early Deals,
Big Savings,
Ends March 31, 2026**



- ✓ July & August weeks
- ✓ Morning & Full Day sessions
- ✓ Ages 5 to 13
- ✓ Before & After Care available

For more information:

 royalsoccer.com

 800-427-0536

For location & registration details visit our website.

Mornings Starting from **\$165***/week

Full Days Starting from **\$249***/week

* Limited time, discounts vary, see website
Additional discounts for week 1 & 6 (4 day weeks)



**No Esports game today!!
Cancelled for Parent Teacher Interviews
Doors will still be open for practice @3pm!**