

Announcements for
Wednesday, March 11, 2026

3rd Week of Lent

1st Reading: Deuteronomy 4.1, 5-9

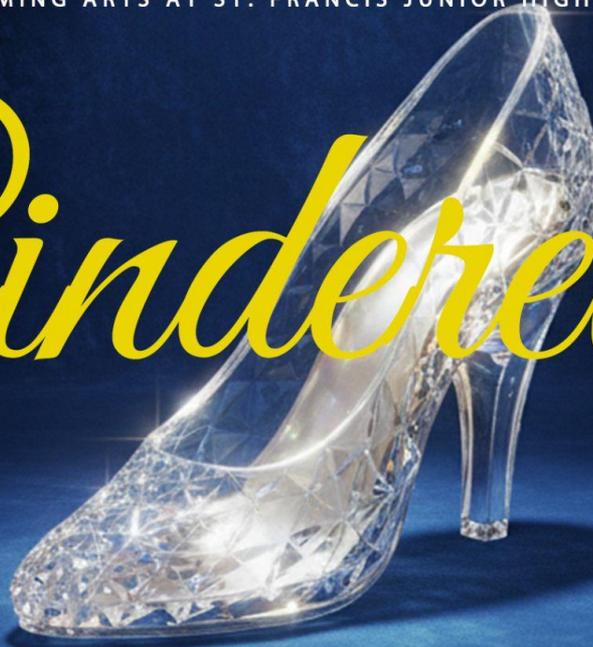
Gospel: Matthew 5.17-19

Welcome • Itaomikskaonaotoni • Bienvenue



PERFORMING ARTS AT ST. FRANCIS JUNIOR HIGH PRESENTS

Cinderella



May 10th - May 14th

TICKETS ON SALE NOW

Check School Website For Details

Canteen

Our regular menu items are available for purchase. You can purchase items with Cash, Debit Card, or with prepaid Canteen Cards.

TODAY

Taco In A Bag, \$6.55

(ordered thru School Cash Online)

Thursday

Beef & Cheese Taco, \$5.00



GRADE 8 STUDENTS

E3 Field Trip

Make sure to have the following for your field trip today (8CSP, 8WK, 8KL, 8EA):

Bring lunch, comfortable clothing, **close-toed shoes are mandatory**, ponytail holder to tie back hair (if applicable), refillable water bottle, & medications: inhaler, epi-pen, etc (if applicable)



Grade 8/9 Crochet & 8CH

We are going on a **field trip to CCH this afternoon** to watch their production of Joseph and the Amazing Technicolor Dreamcoat.

Please be prepared to be **dismissed from your class at 12:45 and meet Miss C at the front doors** so we can walk over to CCH.

Bring a coat for the walk!

Comic Strips IO 8/9

Comic Strips and Illustrations
please go to Mr. Veluw's room
(230) during periods 5 & 6
today!

Our IO bin with all your work in
will be available in his class!

SR BASKETBALL TEAMS

You **POSTPONED TO** UP
THURSDAY





KAPOW POPS

Now Selling Every Thursday
Starting Feb 26 and Ending Jun 18

 **DAILY ANNOUNCEMENTS**

HOP ON OVER FOR OUR

*Easter
Candy grams*

FOR SOME EASTER FUN MEET US
AT THE MIRRORS ON MARCH 9-
12 AND 16-19TH

\$2.50



Some personal items have been turned into the office recently.

Are you missing anything?

Please check the lost & found in the office & by the back stairs, near the gym if you are missing any personal items!



Badminton Practices

TODAY:	Grade 9s	3:00 - 4:15
	Grade 7s	4:15 - 5:30
	Grade 8s	5:30 - 6:45
Thursday:	Grade 7s	3:00 - 4:15
	Grade 8s	4:15 - 5:30
	Grade 9s	5:30 - 6:45

Practice times may change. Check the [SFJH Athletic Calendar](#) for up to date information.



BADMINTON INTRAMURALS

Schedule will up in the gym during lunch!

Grade 7 games will start at 11:40

Grade 8/9 games will start at 11:55!



Basketball Jersey Return

Grade 7/8 DV and Junior Girls please return your jerseys to Ms.Maier's room

**Missing: Kamryn, Xanthia, MacKenna
Brynlee, Harper, Taylor**



2026 Outdoor Soccer Registration Open until March 22nd

**Printouts of the details are available
in the hall outside of the office**

Share Your Voice!

Musical Theatre and Recording Sessions

August 10-14, 2026

AGES 9-12 (9 - 1 P.M.)

AGES 13-20 (1 - 5 P.M.)

5 days of intensive training, lessons, workshops and recording studio access.

Located at the U of L Centre for the Arts



MUSIC.CONSERVATORY@ULETH.CA
403-329-2304



PHOTO BY STRUDELBRAND

WWW.ZEPHYRSOACHING.COM
coach.robdrup@zephyrscoaching.com

COACHES

Danny Robdrup
Lucas Authier
Brooklyn Filipenko



ZEPHYRS TRACK CLUB

Costs:
\$90 for Outdoor Season April 14th through June
\$20 Singlet

Details:
Tue/Thu 6-7:15pm @ CIVIC TRACK | Ages 8+
Train for:
Sprints - Mid/Long Distance - Long/Triple Jump -
Run Jump Throw Wheel - Discus/Javelin



Starting April



OUTDOOR REGISTRATION

IS OPEN!

WWW.LETHBRIDGETRACK.CA

TUESDAY & THURSDAY

5:30-7PM (COACHING)

SATURDAY

10:30-12PM (LTFC OPEN TRACK)

U OF L COMMUNITY STADIUM



DAILY ANNOUNCEMENTS



TRADES4U

APRIL 1, 2026
6:30PM - 8:30PM



OPENTO STUDENTS IN GRADE 9 TO GRADE 12

- Hands-on experience to try a trade
- Spend an evening learning from local skilled tradespeople
- Evening event to accomodate parents/guardians
- Limited spots per business

REGISTER TODAY!

Registration opens on March 7, 2026
Registration closes on March 21, 2026

**For more information , please contact your Divisions Off Campus Coordinator **

Does your child love swimming? Looking for a summer cross-training opportunity? Want to make new friends, set and achieve goals, develop skills, and have a LOT of fun doing it in a flexible and supportive team atmosphere?

Come swim with us!

LETHBRIDGE ORCAS

SUMMER SWIM CLUB

2026 Registration

Registration Begins March 1st.
Early bird pricing until April 15!

Check out our registration evenings for more information or view the 2026 parent handbook on our website:
lethbridgeorcas.com

Wednesday March 11th - 5:00 - 7:00pm

Thursday March 12th - 5:00 - 7:00pm

@Nicholas Sheran Arena Lobby

Suitable for swimmers of all levels, ages 5+

Paraswimmers Welcome

Please email orcasecretary@gmail.com if you have other questions or need more information

DAILY ANNOUNCEMENTS

Since 1993

Soccer Day Camps



...more than just a soccer camp!



**Early Deals,
Big Savings,
Ends March 31, 2026**

- ✓ July & August weeks
- ✓ Morning & Full Day sessions
- ✓ Ages 5 to 13
- ✓ Before & After Care available

For more information:

 royalsoccer.com

 800-427-0536

For location & registration details visit our website.

Mornings Starting from **\$165***/week

Full Days Starting from **\$249***/week

* Limited time, discounts vary, see website
Additional discounts for week 1 & 6 (4 day weeks)



 **DAILY ANNOUNCEMENTS**



**Esports game tomorrow- doors open at 3pm,
game starts at 4pm!**

**No School
for Students
on Friday, March 13th**



BADMINTON INTRAMURALS

	North	North Center	South Center	South
11:40	Lochan and Joseph vs Milos and Logan	Sayer and Dylan vs Aliyah and Ayanna	David and Lincoln vs Danica and Hamda	Brixlyn and Zoe vs Greyson and Aadam
11:45	Zaid and Eliab vs Livia and Lidia	Guadalupe and Audrey vs Elai and Deng	Stefan and Liam vs Adrian and Lawrence	Milos and Logan vs Byabenne and Karissa
11:50	Aliyah and Ayanna vs Jasper and Deacon	Danica and Hamda vs Lochan and Joseph	Greyson and Aadam vs Sayer and Dylan	Livia and Lidia vs David and Lincoln
11:55	Andriel and Daniel vs Harlie and Danica	Koko and Madie vs Caspian and Kevin	Ryan and Kyle vs Ethan and Mikhael	Rylee and Candace vs Anna and Maui
12:00	Toby and Marcky vs Coen and Bentley	Kaden and Ayden vs Andriel and Daniel	Landan and Ajay vs Koko and Madie	Harlie and Danica vs Caspian and Kevin
12:05	Anna and Maui vs Carter and Ari	Coen and Bentley vs Ryan and Kyle	Andriel and Daniel vs Rylee and Candace	Koko and Madie vs Toby and Marcky