

Announcements for
Monday, March 16, 2026

4th Week of Lent

1st Reading: Isaiah 65.17-21

Gospel: John 4.43-54

Welcome • Itaomikskaonaotoni • Bienvenue

The 1st Station: Jesus is Condemned to Death



The 1st Station: Jesus is Condemned to Death

Leader: We adore you, O Christ, and we bless you.

All: Because by your holy Cross you have redeemed the world.

Leader: "Are you the King of the Jews?" (Jn 18:33). "My Kingdom is not of this world" (Jn 18:36). Pilate said, "What is truth?" (Jn 18:38)

Jesus, innocent yet condemned, reveals truth amid injustice. Like Pilate, we face choices—choose Christ's truth today.

Lord Jesus Christ, grant us light of faith to recognize you, the Suffering Servant, and follow your path of the Cross to endless life. Amen.


The 1st Station: Jesus is Condemned to Death

All: Our Father, who art in heaven,
hallowed be thy name.

Thy kingdom come,
thy will be done,
on earth as it is in heaven.

Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us.

And lead us not into temptation,
but deliver us from evil.

Amen. 

NEW

Student Academic Support at Lunch

Beginning this Wednesday, students who are not meeting academic expectations (completing homework, missing assignments/tests etc.) will be referred to Academic Support in the Library during lunch on Wednesdays and Thursdays.

If you are referred, you will remain in the library for the entire length of lunch.

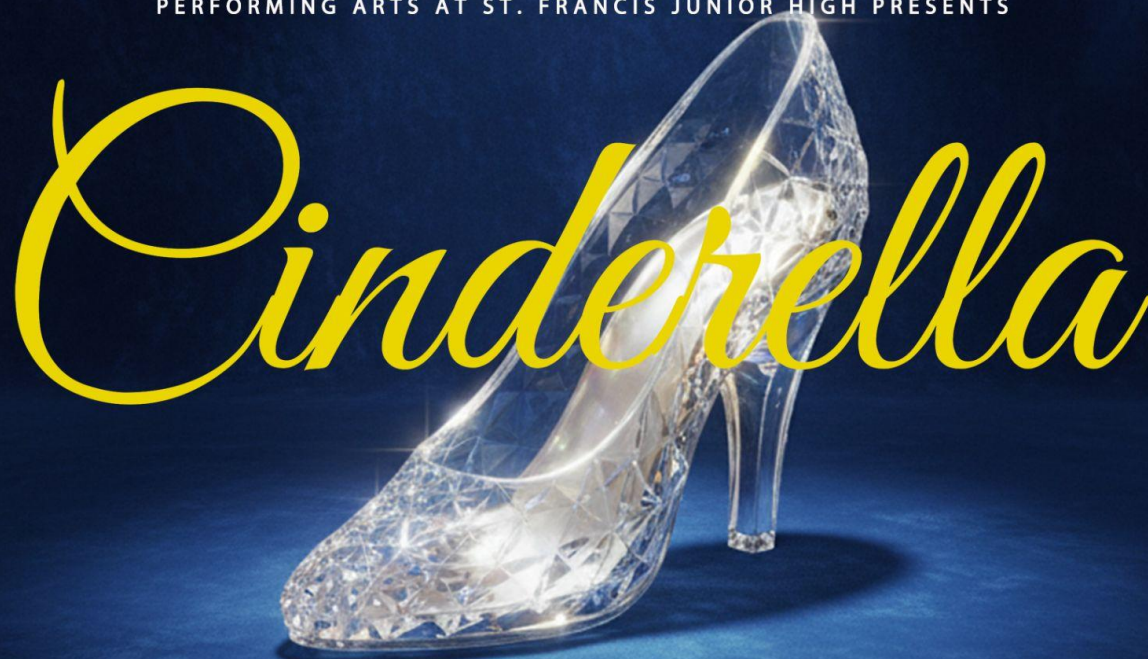
A few reminders:

Slurpees and Energy Drinks are not permitted inside the school. No exceptions.

Please remember that you should not be on your phones at lunch.



PERFORMING ARTS AT ST. FRANCIS JUNIOR HIGH PRESENTS



May 10th - May 14th

TICKETS ON SALE NOW

Check School Website For Details

**Are you interested in joining one of the
SF Academies next year?**

**Applications are due on March 31st and
tryouts/auditions will be held in April.**

**Questions? Go by the office for more
information!**



Est. 2024

Arts Alive and Well

If you're in Grade 9 and want the opportunity to have your art displayed in the Southern Alberta Art Gallery this Spring, please speak with Mrs. Ankermann **THIS WEEK!!!**

Artwork to be submitted can be: drawing, painting, sculpture, printmaking, collage, mixed media, textiles, pottery, jewellery, photography, or new media!

Canteen

Our regular menu items are available for purchase. You can purchase items with Cash, Debit Card, or with prepaid Canteen Cards.

Monday

Cheesy Garlic Fingers, \$5.25

Tuesday

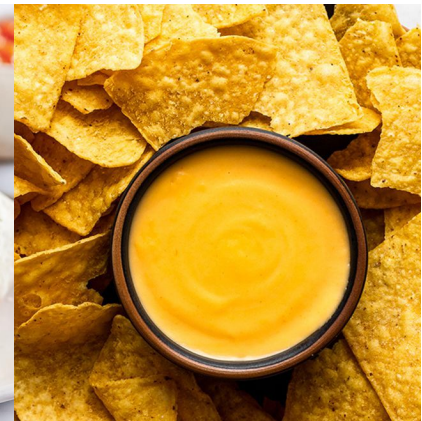
Mini Cheese Pizza, \$5.75

Wednesday

Baked Spaghetti, \$4.50

Thursday

Chicken Burger, \$5.50





Badminton Practices

TODAY:

Grade 7s 3:00 - 4:15

Grade 8s 4:15 - 5:30

Grade 9s 5:30 - 6:45

Tuesday:

Grade 9s 3:00 - 4:15

Grade 8s 4:15 - 5:30

Practice times may change. Check the [SFJH Athletic Calendar](#) for up to date information.



IO - Babysitting Course

We will meet in Rm127 today for class,
NOT Mrs. Rypien's room.



LEADERSHIP STUDENTS

Past and present leadership students!
If you would like to volunteer at the SF Showcase tomorrow night, please come for a quick meeting in RM 221 at the beginning of lunch!



DAILY ANNOUNCEMENTS

INTRAMURALS

Intramurals will be open gym play today!

There will be a delayed start, please do not start until Miss Williston is there!

11:55 - 12:15

All grades!



Basketball Jersey Return

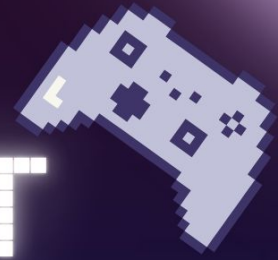
Grade 7/8 DV and Junior Girls please return your jerseys to Ms.Maier's room

Missing: Xanthia, Brynlee, Taylor



DAILY ANNOUNCEMENTS

E-SPORT PHOTOS



MARCH 17

During LUNCH room
221 (Ms Willstons
room)

BADMINTON PHOTOS

Please bring jerseys!!!

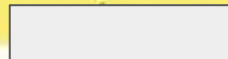
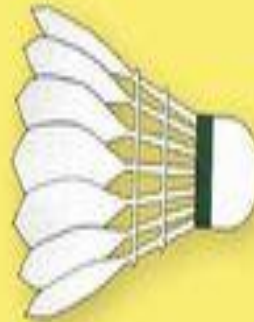
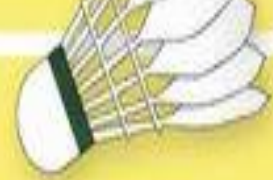
Meet in Room 221 at Lunch!!!

Grade 7 - Wednesday (March 18)

Grade 8 - Thursday (March 19)

NEXT WEEK

Grade 9 - Monday (March 23)





2026 Outdoor Soccer Registration Open until March 22nd

**Printouts of the details are available
in the hall outside of the office**



The Southern Alberta Technology Council (SATC) would like to invite students to the 2026 Lethbridge Regional Science Fair and Science Olympics taking place on

April 10th (evening) and April 11th (whole day)

at the University of Lethbridge Science Commons building


The Science Fair and Science Olympics are open to all K-12 students.

Prior participation in a school fair is NOT a required prerequisite, so we encourage science-savvy students to submit their science projects.

For more information and to pre-register visit www.scifusion.ca.

We also provide regular updates through our [Facebook](#) page.

**EDO
HOT
LUNCH**



14\$ per dish

[ORDER NOW](#)

School Cash Online

Our Leadership group will be hosting a Hot Lunch fundraiser from Edo Japan on March 26th, featuring chicken or beef with vegetables (carrots/broccoli/cabbage, no mushrooms), served over your choice of rice or Yakisoba noodles.

All proceeds go towards the purchase of supplies for school-wide Leadership assemblies, projects and activities.

 **DAILY ANNOUNCEMENTS**

HOP ON OVER FOR OUR

*Easter
Candy grams*

FOR SOME EASTER FUN MEET US
AT THE MIRRORS ON MARCH 9-
12 AND 16-19TH

\$2.50

WWW.ZEPHYRSOACHING.COM
coach.robdrup@zephyrscoaching.com

COACHES

Danny Robdrup
Lucas Authier
Brooklyn Filipenko



ZEPHYRS
TRACK CLUB

TRACK
TRACK
TRACK
TRACK

ZEPHYRS TRACK CLUB

Costs:
\$90 for Outdoor Season April 14th through June
\$20 Singlet

Details:
Tue/Thu 6-7:15pm @ CIVIC TRACK | Ages 8+
Train for:
Sprints - Mid/Long Distance - Long/Triple Jump -
Run Jump Throw Wheel - Discus/Javelin



Starting April



OUTDOOR REGISTRATION

IS OPEN!

WWW.LETHBRIDGETRACK.CA

TUESDAY & THURSDAY

5:30-7PM (COACHING)

SATURDAY

10:30-12PM (LTFC OPEN TRACK)

U OF L COMMUNITY STADIUM

Does your child love swimming? Looking for a summer cross-training opportunity? Want to make new friends, set and achieve goals, develop skills, and have a LOT of fun doing it in a flexible and supportive team atmosphere?

Come swim with us!

LETHBRIDGE ORCAS SUMMER SWIM CLUB 2026 Registration

**Registration Begins March 1st.
Early bird pricing until April 15!**

Check out our registration evenings for more information or view the 2026 parent handbook on our website:
lethbridgeorcas.com

Wednesday March 11th - 5:00 - 7:00pm

Thursday March 12th - 5:00 - 7:00pm

@Nicholas Sheran Arena Lobby

Suitable for swimmers of all levels, ages 5+

Paraswimmers Welcome

Please email orcasecretary@gmail.com if you have other questions or need more information



TRADES4U

APRIL 1, 2026
6:30PM - 8:30PM



**OPENTO STUDENTS IN
GRADE 9 TO GRADE 12**

- Hands-on experience to try a trade
- Spend an evening learning from local skilled tradespeople
- Evening event to accomodate parents/guardians
- Limited spots per business

REGISTER TODAY!

Registration opens on March 7, 2026
Registration closes on March 21, 2026

**For more information , please contact your Divisions Off Campus Coordinator **

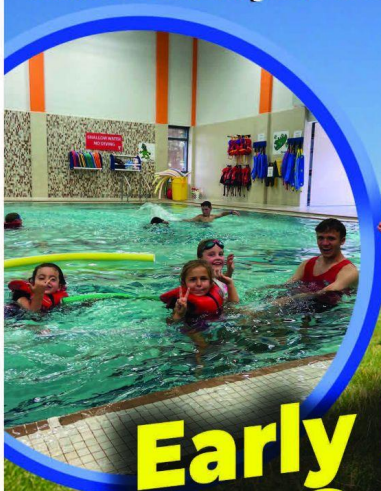
DAILY ANNOUNCEMENTS

Since 1993

Soccer Day Camps



...more than just a soccer camp!



**Early Deals,
Big Savings,
Ends March 31, 2026**



- ✓ July & August weeks
- ✓ Morning & Full Day sessions
- ✓ Ages 5 to 13
- ✓ Before & After Care available

For more information:

 royalsoccer.com

 800-427-0536

For location & registration details visit our website.

Mornings Starting from **\$165***/week

Full Days Starting from **\$249***/week

* Limited time, discounts vary, see website
Additional discounts for week 1 & 6 (4 day weeks)

 **DAILY ANNOUNCEMENTS**



Esports practice today @ 3pm!