

Announcements for
Monday, October 5, 2026

27th Week of Ordinary Time

1st Reading: Galatians 1.6-12
Gospel: Luke 10.25-37

Welcome • Itaomikskaonaotoni • Bienvenue

Canteen

Our regular menu items are available for purchase. You can purchase items with Cash, Debit Card, or with prepaid Canteen Cards.

Weekly Specials

MONDAY

Garlic Fingers, \$5.25

TUESDAY

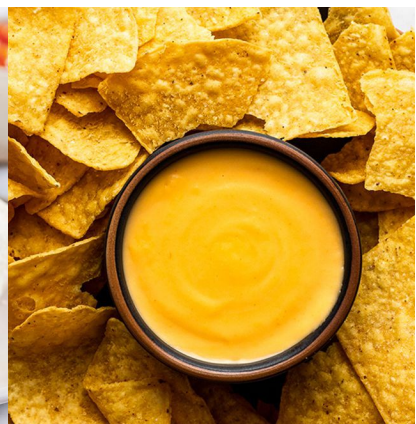
Mini Cheese Pizza, \$5.75

WEDNESDAY

Taco in a Bag, \$6.65

THURSDAY

Chicken Burgers, \$5.50



Taco in a Bag



Wednesday - Oct 7th

\$6.65

Please order thru School Cash Online

WILDCATS

Sr. Volleyball

Grade 9s

Sr. Girls Practice	TODAY	6:45pm
Sr. Boys Practice	Oct 6	7:00am
Sr. Girls Practice	Oct 6	6:30pm

HOME GAMES

Sr. Boys v.s. ICS	Oct 7	4:00pm - 5:15pm
Sr. Girls v.s. ICS	Oct 7	5:15pm - 6:30pm

Practice times may change. Check the
[SFJH Athletic Calendar](#) for up to date information.

WILDCATS

Jr. Volleyball

Grade 8s

Jr. Boys Practice	TODAY	4:15pm
Jr. Girls Practice	TODAY	5:30pm

HOME GAMES

Jr. Boys	Oct 6 vs GSLMS	4:00pm - 5:15pm
Jr. Girls	Oct 6 vs GSLMS	5:15pm - 6:30pm

Practice times may change. Check the
[SFJH Athletic Calendar](#) for up to date information.

WILDCATS

DV. Volleyball

Grade 7s

Dv. Boys Practice TODAY 3:00pm

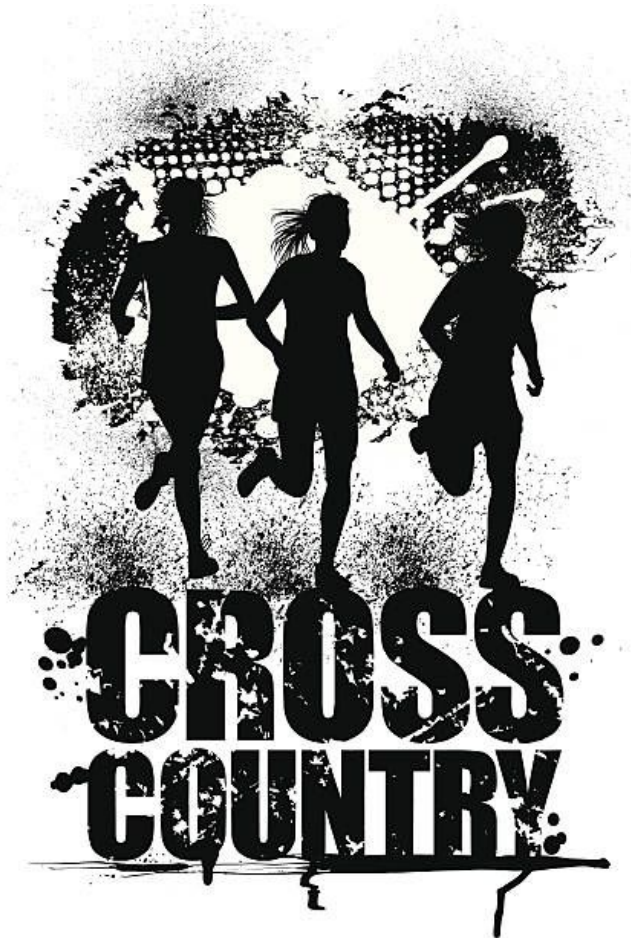
Dv. Girls Practice TODAY 3:00pm

Dv. Boys, Oct 6 - **GAME @ GSLMS** 4:00pm

Dv. Girls, Oct 6 - **GAME @ GSLMS** 4:00pm

Practice times may change. Check the
[SFJH Athletic Calendar](#) for up to date information.

Cross Country/Run Club
Mon - Thurs (3:00pm - 4:00pm)
until Oct 8th



NOT PLAYING SCHOOL
OR DIDN'T MAKE TEAM?
THIS LEAGUE IS FOR YOU!

**REGISTRATION
IS NOW OPEN!**

YQL FALL LEAGUE

YOUTH VOLLEYBALL

GROW. COMPETE. HAVE FUN.



AGE DIVISIONS & SCHEDULE

	GRADE 1-3 CO-ED	1x per week
	GRADE 4-6 CO-ED	1x per week
	GRADE 7-8 CO-ED	2x per week
	GRADE 9-12 GIRLS	2x per week

 **LEARN FROM EXPERIENCE**
Coached by experienced,
passionate volleyball coaches.

 **SKILLS THEN GAME PLAY**
Each week includes skill development
followed by game play.

 **NEW FACILITY!**
1272 30 St N, Lethbridge

Fees from \$200-\$315 per session.



SESSION 1: WEEK OF SEPT 14 • 5 METES
SESSION 2: WEEK OF OCT 19 • 5 METES



REGISTER NOW AT:

<https://app.teamlinkt.com/register/find/yqlselectsvolleyball>



Limited spots available.



YQL
Get Selected



**REGISTRATION IS UNDERWAY FOR
2026/2027!**

Spots fill quickly so don't delay!

**See our website for more
information!**

**Interested in hockey but don't want the significant time or
financial commitment that often comes with this great sport?**

**We offer an organized non-checking recreational hockey league
for all genders aged 5-17. All skill levels are welcome.**

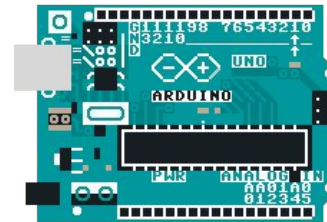
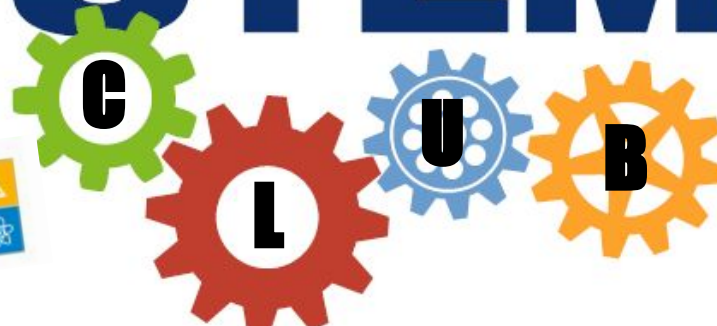
One hour, once a week. Season runs from October to March.

www.lethbridgerechokey.com



SCIENCE | TECHNOLOGY | ENGINEERING | MATHEMATICS

STEM



Starting October 16th

4 Fridays after school from **12:30 to 3:00pm**

Students from the U of L are coming to St. Francis to share their fun, engaging **STEM** activities!

This club is **FREE!!** and **FUN**

Registration forms are in the office.

Any Questions?

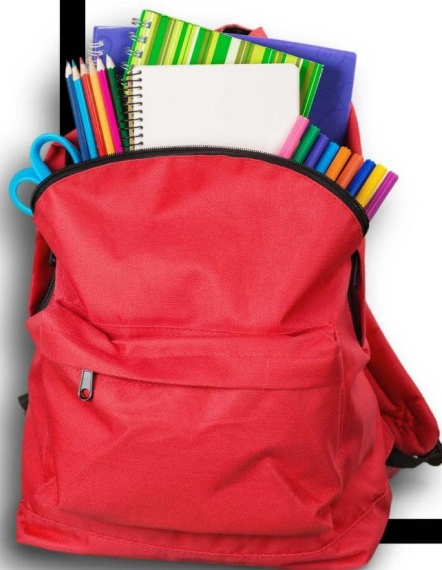


Mme. Hinger
Room 204

BACK TO SCHOOL SALE!

YEAR BOOKS

ORDER NOW to **GUARANTEE** your
copy at the **LOWEST PRICE** of the year!



SCAN ME



Jostens

\$37.00



Holy Spirit
CATHOLIC SCHOOL DIVISION

Piitawaani

Traditional Powwow

Thursday, October 8th

5:00pm-7:00pm

Grand Entry at 5:00pm

Children of St. Martha School
206 McMaster Blvd. W.

- ◆ Host drum will be paid.
- ◆ First 14 registered dancers will be paid (all dancers welcome).
- ◆ Food trucks available for purchase of dinner.

Please bring lawnchairs or blankets.

Everyone welcome!



Dancer Registration Form

ART FRIDAYS

Every Friday from **12:35–1:35** in **Room 210**,
Mrs. Ankermann & Mrs. Rowe are bringing students
together to create a **COLLABORATIVE ART PIECE!**

- 🎨 Different artists
- ✨ Different styles & ideas
- 🖌️ Be creative
- 💡 Try something new
- 🤝 Create one collaborative piece together



If you have any questions please ask!

**Welcome
back!**

**...come check out
your library!**

LIBRARY FAQ'S

How many books can I check out at a time?

Three!

How long can I keep my library books?

3 weeks

(but you can renew the book if you need more time)

Where do I return my books when I am done?

In the book drop bin in the library.

**What if Miss Rasmussen isn't there
when I want to check out a book?**

*There is a self-checkout clipboard at her desk
- Follow instructions and print neatly!*

Do I have to be quiet in the library?

Yes Please! The library is a designated quiet space.

Miss Rasmussen's Hours

Mondays 9:15-3:15

Tuesdays 12:30-3:00

Wednesdays 11:15-3:15

Thursdays 12:30-3:00

OCTOBER ROSARY

**October is the month of the Holy Rosary.
Come pray the Rosary with us in the chapel!**

- When: Every Wednesday in October**
- Time: 11:40 AM (during lunch)**
- Where: School Chapel**

**If you do not have a rosary, extras will be
provided.**



**Esports practice today after school from
3pm-4pm!**