

Announcements for  
**Wednesday, April 1, 2026**

***HOLY WEEK***

*1st Reading: Isaiah 50.4-9a*

*Gospel: Matthew 26.14-26*

Welcome • Itaomikskaonaotoni • Bienvenue

# The 13<sup>th</sup> Station: Jesus is Taken Down From The Cross



# The 13<sup>th</sup> Station:

## Jesus is Taken Down From The Cross

Leader: We adore you, O Christ, and we bless you.

All: Because by your holy Cross you have redeemed the world.

Leader: "Joseph of Arimathea... took [Jesus'] body...

Nicodemus... brought a mixture of myrrh and aloes... They wrapped it with the spices in linen cloths"

Loving hands remove Jesus' body; Mary holds her Son in sorrowful embrace. In this Pietà, contemplate shared suffering, trusting Mary's faith leads to Resurrection dawn.

# The 13<sup>th</sup> Station:

## Jesus is Taken Down From The Cross

Prayer: Jesus, laid in arms of love, deepen our compassion for the suffering. Through Mary, grant us hope amid grief, healing wounds in our lives and world. Amen.

All: Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

Amen.

# The 14<sup>th</sup> Station: Jesus is Placed in the Tomb



# The 14<sup>th</sup> Station:

## Jesus is Placed in the Tomb

Leader: We adore you, O Christ, and we bless you.

All: Because by your holy Cross you have redeemed the world.

Leader: "In the place where he was crucified, there was a garden, and in the garden a new tomb... They laid Jesus there"

Sealed in darkness, Jesus rests, fulfilling Scripture. Silence envelops hope—by His Cross, we are saved; Easter light breaks every tomb.<sup>7</sup>

# The 14<sup>th</sup> Station:

## Jesus is Placed in the Tomb

**Prayer:** Most High God, cast light into our heart's darkness. Grant right faith, firm hope, perfect charity, profound humility, and wisdom to do your will. Amen.

**All:** Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

Amen.



**Locker Clean-Up Day will be TOMORROW  
during Periods 1, 2, 3, & 4**



## **FRIENDLY REMINDER:**

Please supply your own spoons & forks.  
The school office will no longer be  
supplying plastic cutlery/utensils.



# Spring Fever

ST. FRANCIS JUNIOR HIGH

**APRIL 23RD** | DANCE STARTS  
FROM 5-8PM

TICKETS START SELLING ON MARCH 30<sup>TH</sup> IN FRONT OF THE MIRRORS  
AND ON SCHOOL CASH ONLINE FOR \$5 EVERY MONDAYS AND  
TUESDAYS. PARTIAL PROCEEDS WILL GO TOWARDS ANGEL TREE

### FAMILY SERVICES.

THERE WILL BE A DRAW FOR THE VIP ROOM. WHOEVER GETS  
PICK WILL BE ABLE TO BRING 5 FRIENDS.

THEME : PASTEL COLOURS(PINK, YELLOW, GREEN)

# DAILY ANNOUNCEMENTS





*The Southern Alberta Technology Council (SATC) would like to invite students to the 2026 Lethbridge Regional Science Fair and Science Olympics taking place on April 10th (evening) and April 11th (whole day) at the University of Lethbridge Science Commons building.*

*The Science Fair and Science Olympics are open to all K-12 students.*

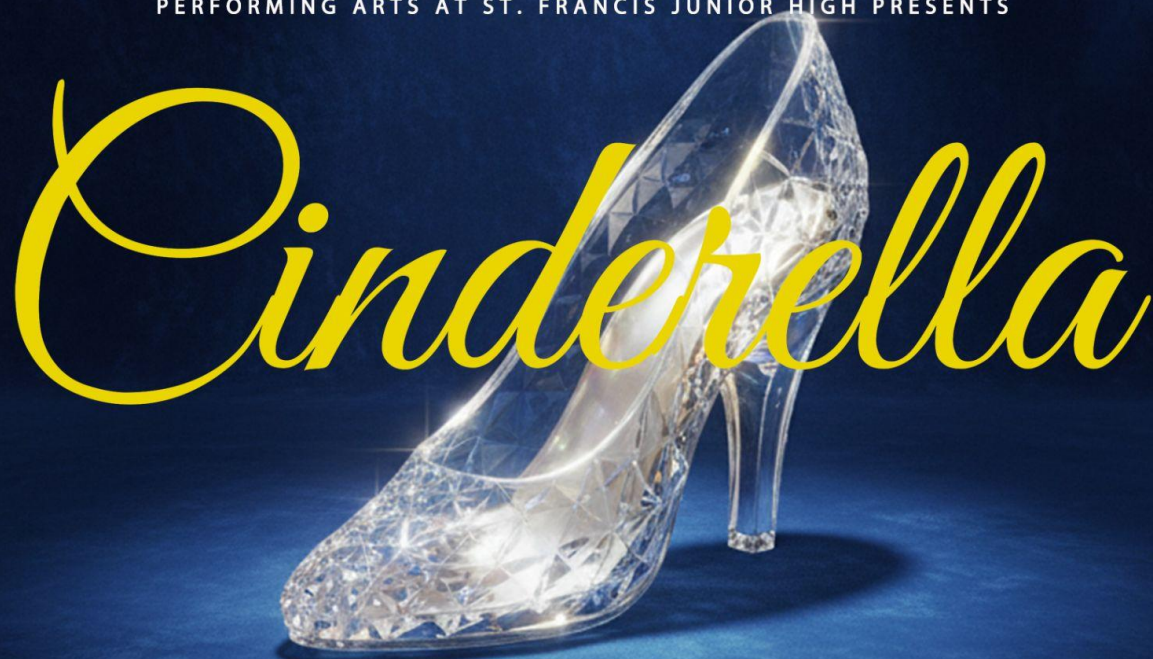
*Prior participation in a school fair is NOT a required prerequisite, so we encourage science-savvy students to submit their science projects.*

*For more information and to pre-register visit [www.scifusion.ca](http://www.scifusion.ca).*

*We also provide regular updates through our [Facebook page](#).*



PERFORMING ARTS AT ST. FRANCIS JUNIOR HIGH PRESENTS



***May 10th - May 14th***

**TICKETS ON SALE NOW**

**Check School Website For Details**



# SPIRIT WEEK

## MARCH 30 – APRIL 2

Monday

Pastel/Easter Colours

Light yellow, light blue, light purple, light green, etc

Tuesday

Teachers dress like students and  
students dress like teachers!

Wednesday

Senior Citizens Day.

Where a wig, glasses or even bring a cane.

Thursday

Hawaiian

Wear flipflops, a lei or some sort of summery clothing item!

Friday

No school!



# Canteen

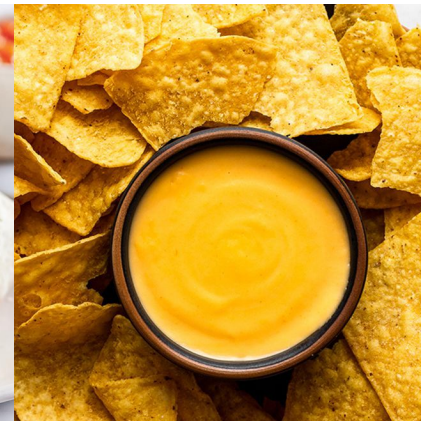
Our regular menu items are available for purchase. You can purchase items with Cash, Debit Card, or with prepaid Canteen Cards.

Wednesday

**Loaded Nachos, \$5.50**

Thursday

**Chicken Burger, \$5.50**



# Taco in a Bag



Wednesday - April 15th

\$6.55

**Please order thru School Cash Online**



Featuring Holes The Movie



# MOVIE NIGHT

St. Francis Gym  
Friday, May 22  
7:00pm-9:00pm

TICKETS AVAILABLE EVERY WEDNESDAY  
STARTING APRIL 1



# Lost and Found

The Lost and Found by the gym is overflowing with clothing, water bottles and a variety of other items. Please check to see if any of your stuff has ended up in Lost and Found by the stairs next to the gym.

Anything remaining in the Lost and Found by Thursday, April 2nd will be donated to Charity or thrown away!

Additionally, in the Office, we have a Lost and Found for small valuable items such as jewelry, phones, airpods, glasses, and more.

Please come to the Office, describe what you are missing, and we will give it back to you if we have it!



# KAPOW POPS

Now Selling Every Thursday  
Starting Feb 26 and Ending Jun 18

*Badminton*

*GAM*



**TODAY**

Grade 7 Tournament  
@ FLVT 3:30 - 9:00



WWW.ZEPHYRSOACHING.COM  
coach.robdrup@zephyrscoaching.com

**COACHES**

Danny Robdrup

Lucas Authier

Brooklyn Filipenko



ZEPHYRS  
TRACK CLUB

TRACK  
TRACK  
TRACK  
TRACK

# ZEPHYRS TRACK CLUB

**Costs:**

\$90 for Outdoor Season April 14th through June

\$20 Singlet

**Details:**

Tue/Thu 6-7:15pm @ CIVIC TRACK | Ages 8+

Train for:

Sprints - Mid/Long Distance - Long/Triple Jump -

Run Jump Throw Wheel - Discus/Javelin



Starting April



**OUTDOOR  
REGISTRATION**  
*IS OPEN!*

[WWW.LETHBRIDGETRACK.CA](http://WWW.LETHBRIDGETRACK.CA)

**TUESDAY & THURSDAY**

**5:30-7PM (COACHING)**

**SATURDAY**

**10:30-12PM (LTFC OPEN TRACK)**

**U OF L COMMUNITY STADIUM**



# RITA'S RUN 2026 5KM & 10KM

Saturday May 9, 2026 @ 9:00AM



Elks Compound  
Lethbridge, AB



RUN FOR THE CAUSE  
SUPPORTING MENTAL HEALTH

Registration Opens February 24!  
[www.ritasrun.weebly.com](http://www.ritasrun.weebly.com)





# STORY WEAVERS TWEEN WRITING CLUB

**Tuesdays April 14 - May 26 | 4:30 - 6 p.m.  
Main Branch**

Join our writing club to hone your skills and create a short story, which will be published in a zine at the end of the program! For grades 5 - 8.

**Registration is open at [lethlib.ca/events](http://lethlib.ca/events) and is for the entire 7-week run.**

# Share Your Voice!

**Musical Theatre and Recording Sessions**

**August 10-14, 2026**

**AGES 9-12 (9 - 1 P.M.)**

**AGES 13-20 (1 - 5 P.M.)**

5 days of intensive training, lessons, workshops and recording studio access.

Located at the U of L Centre for the Arts



**MUSIC.CONSERVATORY@ULETH.CA**  
**403-329-2304**



PHOTO BY STRUDELBRAND

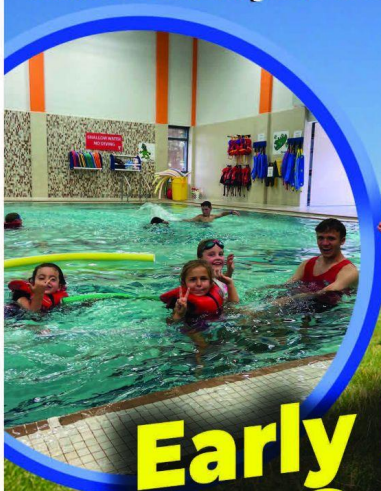
**DAILY ANNOUNCEMENTS**

Since 1993

# Soccer Day Camps



...more than just a soccer camp!



**Early Deals,  
Big Savings,  
Ends March 31, 2026**



- ✓ July & August weeks
- ✓ Morning & Full Day sessions
- ✓ Ages 5 to 13
- ✓ Before & After Care available

For more information:

 [royalsoccer.com](http://royalsoccer.com)

 800-427-0536

For location & registration details visit our website.

**Mornings** Starting from **\$165**\*/week

**Full Days** Starting from **\$249**\*/week

\* Limited time, discounts vary, see website  
Additional discounts for week 1 & 6 ( 4 day weeks)



2025/2026 SCHOOL YEAR

# VIRTUALLY INSTALLED: LETHBRIDGE SCHOOLS. STUDENTS. ART.

SUBMISSIONS OPEN:  
MARCH 30 TO APRIL 24

THE ONLINE EXHIBITION WILL GO LIVE  
ON FRIDAY, MAY 1

## Beautiful Lethbridge, by Naba Kazi

(2025 Virtually Installed  
Coordinator's Pick award winner)



More information outside the office!

 **DAILY ANNOUNCEMENTS**



**Esports game tomorrow@4pm!**  
**Doors open at 3pm!**