

Announcements for
Thursday, October 1, 2026

26th Week of Ordinary Time

1st Reading: Job 19.21-27

Gospel: Luke 10.1-12

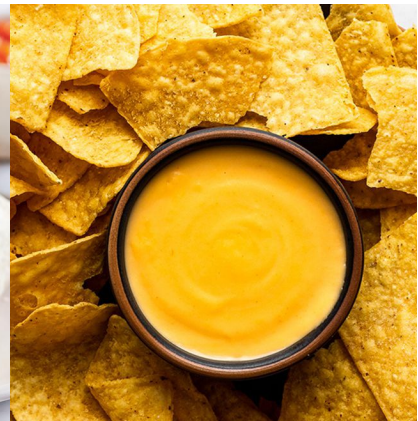
Welcome • Itaomikskaonaotoni • Bienvenue

Canteen

Our regular menu items are available for purchase. You can purchase items with Cash, Debit Card, or with prepaid Canteen Cards.

Weekly Specials

TODAY Beef & Cheese Taco, \$5.00



Taco in a Bag



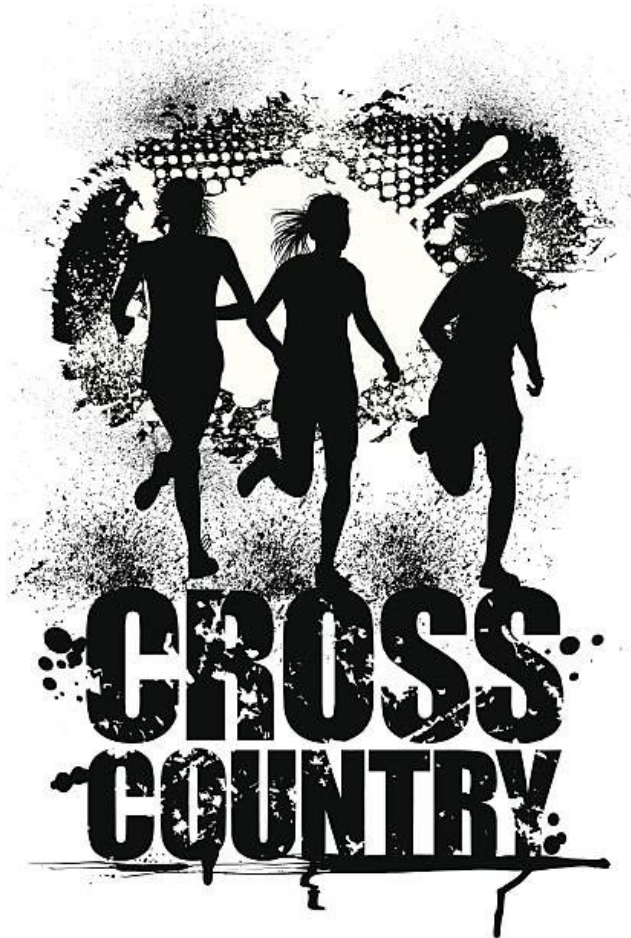
Wednesday - Oct 7th

\$6.65

Please order thru School Cash Online

Cross Country/Run Club

Mon - Thurs (3:00pm - 4:00pm)
until Oct 8th



Cross Country

If you attended the city meet, zones
is Wednesday October 7th!

**If you are not able to attend the
zone meet, you must let Mr Miller
or Miss Williston know by the end
of the day!**

SF ACADEMY

Academy students, if you are struggling or have questions regarding the online Health and Religion classes please come see Mrs. Mazzuca!

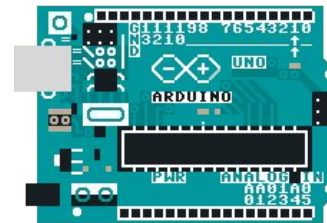
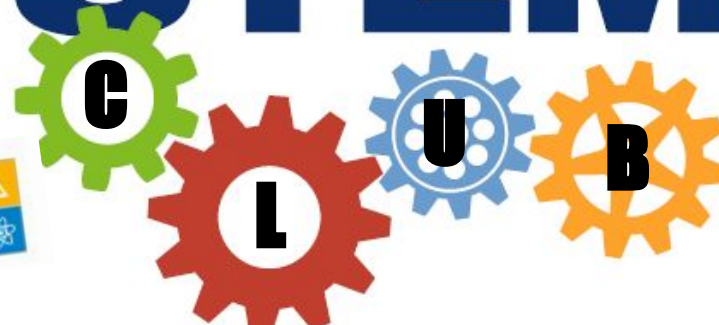
Health Online Classroom: umr22xcv
Religion Online Classroom: 4t5jduey





SCIENCE | TECHNOLOGY | ENGINEERING | MATHEMATICS

STEM



Starting October 16th

Fridays after school from **12:30 to 3:00pm**

Students from the U of L are coming to St. Francis to share their fun, engaging **STEM** activities!

This club is

FREE!!

and

FUN

Registration forms are in the office.

Bring the completed form to → **Mme. Hinger**
Room 204

Any questions?





Have you achieved success



outside of school at a
zone, provincial, or
national level?



Let us know!



We would love to share your story
and highlights on our school's
social media.



Send your pictures and achievements to
SFOFFICE@holyspirit.ab.ca

WILDCATS

Sr. Volleyball **Grade 9s**

TODAY	Sr. Girls Practice	5:15pm
Oct 2	Sr. Boys Practice	7:00am

Practice times may change. Check the
[SFJH Athletic Calendar](#) for up to date information.

WILDCATS

Jr. Volleyball Grade 8s

TODAY

Jr. Boys
Jr. Girls

@ FLVT
@ FLVT

4:00pm
4:00pm

Practice times may change. Check the
[SFJH Athletic Calendar](#) for up to date information.

WILDCATS

DV. Volleyball

Grade 7s

Dv. Boys	TODAY - HOME GAME	4:00pm
Dv. Girls	TODAY - HOME GAME	4:00pm

Practice times may change. Check the
[SFJH Athletic Calendar](#) for up to date information.

WILDCATS

VOLLEYBALL TOURNAMENT

JR BOYS

**Friday, Oct 2nd
@ Wilson Middle School**

JR GIRLS

**Saturday, Oct 3rd
@ Wilson Middle School**

WILDCATS

VOLLEYBALL OPEN GYM

TUESDAY - THURSDAY

Due to the high number of students interested in playing volleyball during Open Gym, we will be splitting the gym times by grade.

GRADE 7

11:35-11:55

GRADE 8 & 9

11:55-12:15

NOT PLAYING SCHOOL
OR DIDN'T MAKE TEAM?
THIS LEAGUE IS FOR YOU!

**REGISTRATION
IS NOW OPEN!**

YQL FALL LEAGUE

YOUTH VOLLEYBALL

GROW. COMPETE. HAVE FUN.



AGE DIVISIONS & SCHEDULE

	GRADE 1-3 CO-ED	1x per week
	GRADE 4-6 CO-ED	1x per week
	GRADE 7-8 CO-ED	2x per week
	GRADE 9-12 GIRLS	2x per week

 **LEARN FROM EXPERIENCE**
Coached by experienced,
passionate volleyball coaches.

 **SKILLS THEN GAME PLAY**
Each week includes skill development
followed by game play.

 **NEW FACILITY!**
1272 30 St N, Lethbridge

Fees from \$200-\$315 per session.



SESSION 1: WEEK OF SEPT 14 • 5 METES
SESSION 2: WEEK OF OCT 19 • 5 METES



REGISTER NOW AT:

<https://app.teamlinkt.com/register/find/yqlselectsvolleyball>



Limited spots available.



YQL
Get Selected



**REGISTRATION IS UNDERWAY FOR
2026/2027!**

Spots fill quickly so don't delay!

**See our website for more
information!**

**Interested in hockey but don't want the significant time or
financial commitment that often comes with this great sport?**

**We offer an organized non-checking recreational hockey league
for all genders aged 5-17. All skill levels are welcome.**

One hour, once a week. Season runs from October to March.

www.lethbridgerechokey.com



Holy Spirit
CATHOLIC SCHOOL DIVISION

Piitawaani

Traditional Powwow

Thursday, October 8th

5:00pm-7:00pm

Grand Entry at 5:00pm

Children of St. Martha School
206 McMaster Blvd. W.

- ◆ Host drum will be paid.
- ◆ First 14 registered dancers will be paid (all dancers welcome).
- ◆ Food trucks available for purchase of dinner.

Please bring lawnchairs or blankets.

Everyone welcome!



Dancer Registration Form

University of Lethbridge
Conservatory of Music

Group Violin Lessons

Our group violin classes welcome students from beginner to experienced levels, from ages 6+! Students will attend the first class on October 3 at 9:30am, and then be assigned their class time (within the times 9:30-12pm) for the rest of the semester. These classes allow beginners to learn the basics of violin technique, music reading, and playing skills, while also having an opportunity to play with one another and develop valuable ensemble skills. Intermediate and experienced students will work together on technique and musicianship, and have the opportunity to develop ensemble skills through chamber music groups. At the end of the semester, there will be a short performance for family and friends!

Saturday, 9:30 – 12:00* | Location: Casa (230 8 St S)

(*students attend 30 minutes within this time block; times will be assigned at the first class based on level/experience)

FALL 2026: October 3 – December 12 (No Class: Oct 10, Nov 21)

Cost: \$150



SCAN HERE



**Univeristy of Lethbridge
Conservatory of Music**

Youth Percussion Ensemble

Ages 12+

Our percussion ensemble is for enthusiastic teenaged percussionists dedicated to the pursuit of excellence. The goal of this group is to create a community of percussionists who are drawn together to develop and share their passion for music. We strive to enhance the talents of students who have discovered an interest in all types of percussion, and offer new opportunities including Steel Pans, Brazilian Samba, Classical Percussion, Japanese Taiko, and Polynesian drumming. Auditions are not required, but before you register, please send a quick email to our instructor to discuss your percussion experience and ensure this ensemble is a good fit: marcvantolpercussion@gmail.com.

FRIDAY, 6:00 - 8:00 P.M. (Located at Casa)

FALL 2026: Sep 25, Oct 2, 9, 16, 23, 30, Nov 6, 13, 20, 27, Dec 4, 11 (Concert: Dec 12, 7:00 p.m., Casa Community Room)

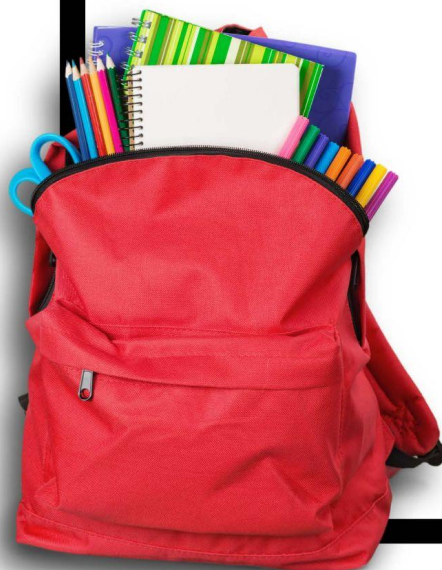
<https://www.ulethbridge.ca/music-conservatory/programs>



BACK TO SCHOOL SALE!

YEAR BOOKS

ORDER NOW to **GUARANTEE** your
copy at the **LOWEST PRICE** of the year!



SCAN ME



Jostens

\$37.00

In case you haven't heard...



Until October 4th, Chapters is accepting donations for OUR school!



Stop into the store to see the display they have up just for us!

OCTOBER ROSARY

**October is the month of the Holy Rosary.
Come pray the Rosary with us in the chapel!**

- When: Every Wednesday in October**
- Time: 11:40 AM (during lunch)**
- Where: School Chapel**

**If you do not have a rosary, extras will be
provided.**