

Announcements for
Tuesday, March 24, 2026

5th Week of Lent

1st Reading: Numbers 21.4-9

Gospel: John 8.21-30

Welcome • Itaomikskaonaotoni • Bienvenue

The 7th Station: Jesus Falls The Second Time



The 7th Station: Jesus Falls The Second Time

Leader: We adore you, O Christ, and we bless you.

All: Because by your holy Cross you have redeemed the world.

Leader: He himself bore our sins in his body on the cross, so that, free from sins, we might live for righteousness; by his wounds you have been healed"

Jesus falls a second time under the crushing weight of our repeated sins, yet rises again with unwavering resolve. Our own stumbles in daily life—temptations, failures in patience or kindness—mirror this struggle. Like Him, we must rise, drawing strength from His wounds that heal us.

The 7th Station:

Jesus Falls The Second Time

Prayer: Merciful Jesus, in your second fall, you teach us perseverance amid weakness. Grant us grace to rise from our faults, unite our sufferings to yours, and walk steadily toward the joy of Easter. Amen.

All: Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

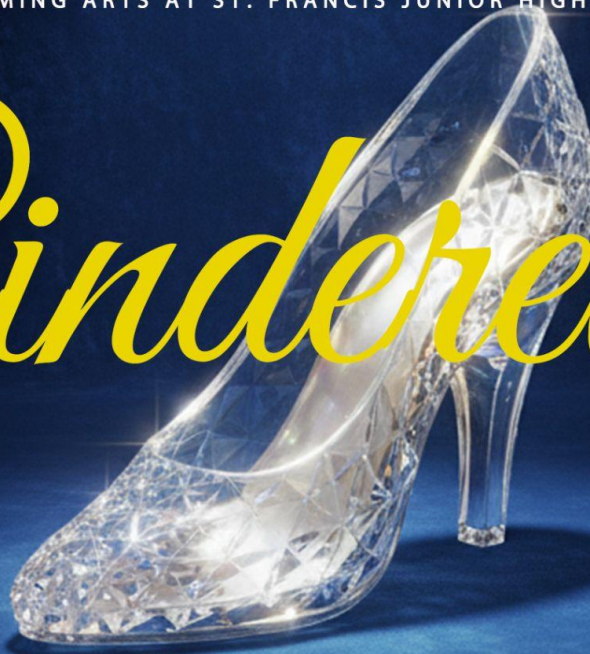
Amen.





PERFORMING ARTS AT ST. FRANCIS JUNIOR HIGH PRESENTS

Cinderella



May 10th - May 14th

TICKETS ON SALE NOW

Check School Website For Details

Are you interested in joining one of the SF Academies next year?

Applications are due on March 31st and tryouts/auditions will be held in April.

Questions? Go by the office for more information!



Est. 2024

Wear Purple on Thursday, March 26th

MARCH IS EPILEPSY
Awareness Month



EPILEPSY
Toronto
See the Person

PURPLE
DAY
MARCH
26

Let's Celebrate Purple Day Together

Canteen

Our regular menu items are available for purchase. You can purchase items with Cash, Debit Card, or with prepaid Canteen Cards.

TODAY

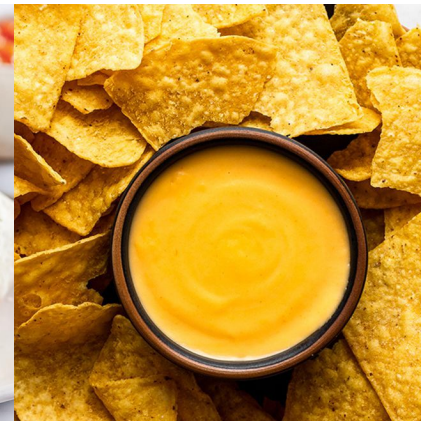
Mini Cheese Pizza, \$5.75

Wednesday

KD & Smoothie, \$5.50

Thursday

Chicken Burger, \$5.50



 **DAILY ANNOUNCEMENTS**

HOP ON OVER FOR OUR

*Easter
Candy grams*

FOR SOME EASTER FUN MEET US
AT THE MIRRORS ON MARCH 9-
12 AND 16-19TH

\$2.50

DAILY ANNOUNCEMENTS



BADMINTON INTRAMURALS

	North	North Center	South Center	South
11:40	Lochan and Joseph vs Stefan and Liam	Jasper and Deacon vs Guadalupe and Audrey	Byabenne and Karissa vs Adrian and Lawrence	Elai and Deng vs Zaid and Eliab
11:45	Livia and Lidia vs Brixlyn and Zoe	Greyson and Aadam vs David and Lincoln	Danica and Hamda vs Sayer and Dylan	Aliyah and Ayanna vs Lochan and Joseph
11:50	Milos and Logan vs Jasper and Deacon	Stefan and Liam vs Byabenne and Karissa	Guadalupe and Audrey vs Adrian and Lawrence	Brixlyn and Zoe vs Elai and Deng
11:55	Rylee and Candace vs Harlie and Danica	Ryan and Kyle vs Casppian and Kevin	Carter and Ari vs Koko and Madie	Ethan and Mikhael vs Andriel and Daniel
12:00	Anna and Maui vs Coen and Bentley	Kaden and Ayden vs Rylee and Candace	Harlie and Danica vs Carter and Ari	Caspian and Kevin vs Ethan and Mikhael
12:05	Koko and Madie vs Anna and Maui	Andriel and Daniel vs Coen and Bentley	Ryan and Kyle vs Toby and Marcky	Carter and Ari vs Kaden and Ayden

SC - FUSION N

The Southern Alberta Technology Council (SATC) would like to invite students to the 2026 Lethbridge Regional Science Fair and Science Olympics taking place on April 10th (evening) and April 11th (whole day) at the University of Lethbridge Science Commons building.

The Science Fair and Science Olympics are open to all K-12 students.

Prior participation in a school fair is NOT a required prerequisite, so we encourage science-savvy students to submit their science projects.

For more information and to pre-register visit www.scifusion.ca.


We also provide regular updates through our [Facebook](#) page.

Mrs Elliott's Tea Room!



If you are interested, the Tea Room will be open Tuesday's at lunch, in Room 122!

**EDO
HOT
LUNCH**



14\$ per dish

[ORDER NOW](#)

School Cash Online

Our Leadership group will be hosting a Hot Lunch fundraiser from Edo Japan on March 26th, featuring chicken or beef with vegetables (carrots/broccoli/cabbage, no mushrooms), served over your choice of rice or Yakisoba noodles.

All proceeds go towards the purchase of supplies for school-wide Leadership assemblies, projects and activities.



Badminton Practices

TODAY:	Grade 8s	3:00 - 4:15
	Grade 9s	4:15 - 5:30
	Grade 7s	5:30 - 6:45
Wed:	Grade 9s	3:00 - 4:15
	Grade 7s	4:15 - 5:30
	Grade 8s	5:30 - 6:45
Thurs:	Grade 7s	3:00 - 4:15

Practice times may change. Check the [SFJH Athletic Calendar](#) for up to date information.



WWW.ZEPHYRS COACHING.COM
coach.robdrup@zephyrscoaching.com

COACHES

Danny Robdrup
Lucas Authier
Brooklyn Filipenko



ZEPHYRS
TRACK CLUB

TRACK
TRACK
TRACK
TRACK

ZEPHYRS TRACK CLUB

Costs:
\$90 for Outdoor Season April 14th through June
\$20 Singlet

Details:
Tue/Thu 6-7:15pm @ CIVIC TRACK | Ages 8+
Train for:
Sprints - Mid/Long Distance - Long/Triple Jump -
Run Jump Throw Wheel - Discus/Javelin



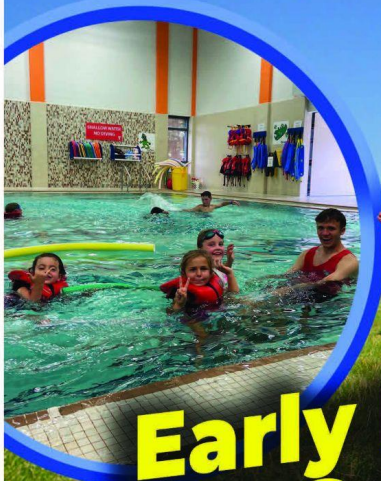
DAILY ANNOUNCEMENTS

Since 1993

Soccer Day Camps



...more than just a soccer camp!



**Early Deals,
Big Savings,
Ends March 31, 2026**



- ✓ July & August weeks
- ✓ Morning & Full Day sessions
- ✓ Ages 5 to 13
- ✓ Before & After Care available

For more information:

 royalsoccer.com

 800-427-0536

For location & registration details visit our website.

Mornings Starting from **\$165***/week

Full Days Starting from **\$249***/week

* Limited time, discounts vary, see website
Additional discounts for week 1 & 6 (4 day weeks)



RITA'S RUN 2026 5KM & 10KM

Saturday May 9, 2026 @ 9:00AM

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Elks Compound
Lethbridge, AB

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+ + + +

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RUN FOR THE CAUSE
SUPPORTING MENTAL HEALTH

Registration Opens February 24!
www.ritasrun.weebly.com



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STORY WEAVERS TWEEN WRITING CLUB

**Tuesdays April 14 - May 26 | 4:30 - 6 p.m.
Main Branch**

Join our writing club to hone your skills and create a short story, which will be published in a zine at the end of the program! For grades 5 - 8.

Registration is open at lethlib.ca/events and is for the entire 7-week run.

Does your child love swimming? Looking for a summer cross-training opportunity? Want to make new friends, set and achieve goals, develop skills, and have a LOT of fun doing it in a flexible and supportive team atmosphere?

Come swim with us!

LETHBRIDGE ORCAS

SUMMER SWIM CLUB

2026 Registration

Registration Begins March 1st.
Early bird pricing until April 15!

Check out our registration evenings for more information or view the 2026 parent handbook on our website:
lethbridgeorcas.com

Wednesday March 11th - 5:00 - 7:00pm

Thursday March 12th - 5:00 - 7:00pm

@Nicholas Sheran Arena Lobby

Suitable for swimmers of all levels, ages 5+

Paraswimmers Welcome

Please email orcasecretary@gmail.com if you have other questions or need more information



TRADES4U

APRIL 1, 2026
6:30PM - 8:30PM



OPENTO STUDENTS IN GRADE 9 TO GRADE 12

- Hands-on experience to try a trade
- Spend an evening learning from local skilled tradespeople
- Evening event to accomodate parents/guardians
- Limited spots per business

REGISTER TODAY!

Registration opens on March 7, 2026
Registration closes on March 21, 2026

**For more information , please contact your Divisions Off Campus Coordinator **



Starting April



OUTDOOR REGISTRATION

IS OPEN!

WWW.LETHBRIDGETRACK.CA

TUESDAY & THURSDAY

5:30-7PM (COACHING)

SATURDAY

10:30-12PM (LTFC OPEN TRACK)

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