

Announcements for  
**Friday, March 27, 2026**

**5th Week of Lent**

*1st Reading: Jeremiah 20.7, 10-13++*

*Gospel: John 10.31-42*

Welcome • Itaomikskaonaotoni • Bienvenue

# The 10<sup>th</sup> Station: Jesus is Stripped of His Garments



# The 10<sup>th</sup> Station:

## Jesus is Stripped of His Garments

Leader: We adore you, O Christ, and we bless you.

All: Because by your holy Cross you have redeemed the world.

Leader: "They took his clothes and divided them into four parts, one for each soldier... 'Let us not tear it, but cast lots for it'"

Soldiers strip Jesus, exposing His vulnerability as He refuses the numbing gall. This humiliation invites us to surrender our attachments—pride, possessions—and embrace poverty of spirit, uniting fully to His offering.

# The 10<sup>th</sup> Station:

## Jesus is Stripped of His Garments

Prayer: Stripped Lord, you gave everything for us without reserve. Free us from selfish clinging, clothe us in humility, and let our lives reflect your total gift on the Cross. Amen

All: Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

Amen.



# Peace Prayer of St. Francis

Lord, <sup>make me an instrument</sup>  
<sup>of your</sup> Peace.

Where there is hatred, let me sow Love;

Where there is injury, Pardon;

Where there is doubt, Faith;

Where there is despair, Hope;

Where there is darkness, Light;

Where there is sadness, Joy;

O Divine Master, grant that I may not  
so much seek to be consoled as to Console;

to be understood as to Understand;

to be loved as to Love.

For it is in Giving that we receive;

in Pardoning that we are pardoned;

and in Dying that we are born to Eternal Life.

# Sunday Gospel Reading

## Matthew 27:11-54

**11** And Jesus stood before the governor, and the governor asked him, saying: Art thou the king of the Jews? Jesus saith to him: Thou sayest it. **12** And when he was accused by the chief priests and ancients, he answered nothing. **13** Then Pilate saith to him: Dost not thou hear how great testimonies they allege against thee? **14** And he answered him to never a word; so that the governor wondered exceedingly. **15** Now upon the solemn day the governor was accustomed to release to the people one prisoner, whom they would. **16** And he had then a notorious prisoner, that was called Barabbas. **17** They therefore being gathered together, Pilate said: Whom will you that I release to you, Barabbas, or Jesus that is called Christ? **18** For he knew that for envy they had delivered him. **19** And as he was sitting in the place of judgment, his wife sent to him, saying: Have thou nothing to do with that just man; for I have suffered many things this day in a dream because of him. **20** But the chief priests and ancients persuaded the people, that they should ask Barabbas, and make Jesus away. **21** And the governor answering, said to them: Whether will you of the two to be released unto you? But they said, Barabbas. **22** Pilate saith to them: What shall I do then with Jesus that is called Christ? They say all: Let him be crucified.



## Sunday Gospel Reading

**23** The governor said to them: Why, what evil hath he done? But they cried out the more, saying: Let him be crucified. **24** And Pilate seeing that he prevailed nothing, but that rather a tumult was made; taking water washed his hands before the people, saying: I am innocent of the blood of this just man; look you to it. **25** And the whole people answering, said: His blood be upon us and our children. **26** Then he released to them Barabbas, and having scourged Jesus, delivered him unto them to be crucified. **27** Then the soldiers of the governor taking Jesus into the hall, gathered together unto him the whole band; **28** And stripping him, they put a scarlet cloak about him. **29** And plating a crown of thorns, they put it upon his head, and a reed in his right hand. And bowing the knee before him, they mocked him, saying: Hail, king of the Jews. **30** And spitting upon him, they took the reed, and struck his head. **31** And after they had mocked him, they took off the cloak from him, and put on him his own garments, and led him away to crucify him. **32** And going out, they found a man of Cyrene, named Simon: him they forced to take up his cross. **33** And they came to the place that is called Golgotha, which is the place of Calvary. **34** And they gave him wine to drink mingled with gall. And when he had tasted, he would not drink.



## Sunday Gospel Reading

**35** And after they had crucified him, they divided his garments, casting lots; that it might be fulfilled which was spoken by the prophet, saying: They divided my garments among them; and upon my vesture they cast lots. **36** And they sat and watched him. **37** And they put over his head his cause written: THIS IS JESUS THE KING OF THE JEWS. **38** Then were crucified with him two thieves: one on the right hand, and one on the left. **39** And they that passed by, blasphemed him, wagging their heads, **40** And saying: Vah, thou that destroyest the temple of God, and in three days dost rebuild it: save thy own self: if thou be the Son of God, come down from the cross. **41** In like manner also the chief priests, with the scribes and ancients, mocking, said: **42** He saved others; himself he cannot save. If he be the king of Israel, let him now come down from the cross, and we will believe him. **43** He trusted in God; let him now deliver him if he will have him; for he said: I am the Son of God. **44** And the selfsame thing the thieves also, that were crucified with him, reproached him with. **45** Now from the sixth hour there was darkness over the whole earth, until the ninth hour. **46** And about the ninth hour Jesus cried with a loud voice, saying: Eli, Eli, lamma sabacthani? that is, My God, my God, why hast thou forsaken me? **47** And some that stood there and heard, said: This man calleth Elias.



# Sunday Gospel Reading

**48** And immediately one of them running took a sponge, and filled it with vinegar; and put it on a reed, and gave him to drink. **49** And the others said: Let be, let us see whether Elias will come to deliver him. **50** And Jesus again crying with a loud voice, yielded up the ghost. **51** And behold the veil of the temple was rent in two from the top even to the bottom, and the earth quaked, and the rocks were rent. **52** And the graves were opened: and many bodies of the saints that had slept arose, **53** And coming out of the tombs after his resurrection, came into the holy city, and appeared to many. **54** Now the centurion and they that were with him watching Jesus, having seen the earthquake, and the things that were done, were sore afraid, saying: Indeed this was the Son of God.

**Leader:** *The Gospel of the Lord.*

**Response:** *Praise to you, Lord Jesus Christ*





## **Dungeons and Dragons Club**

Want to come and play on Fridays after school? Sign up in room 122!

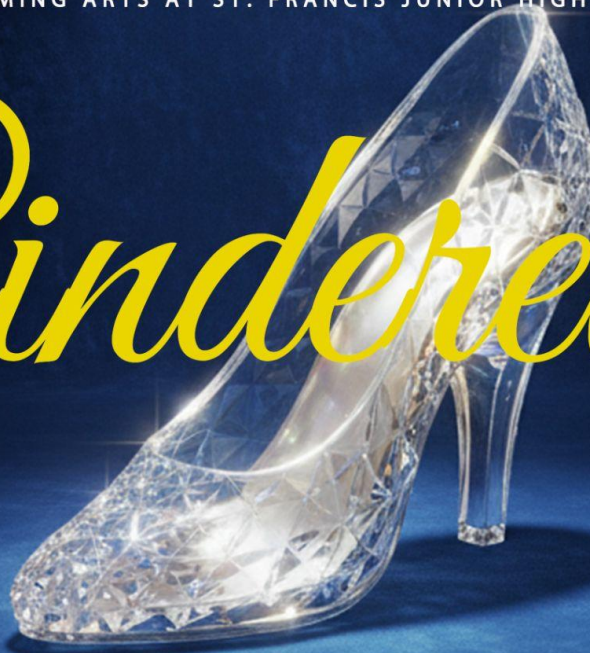
\*No experience or materials necessary!

There will be DND this week from  
**12:30-2:30.**  
**New DMs** please be ready to play!



PERFORMING ARTS AT ST. FRANCIS JUNIOR HIGH PRESENTS

# *Cinderella*



***May 10th - May 14th***

**TICKETS ON SALE NOW**

**Check School Website For Details**

# Babysitting Class

Reminder that you have your final test on Monday. Take your books home to study!



# Lost and Found

The Lost and Found by the gym is overflowing with clothing, water bottles and a variety of other items. Please check to see if any of your stuff has ended up in Lost and Found by the stairs next to the gym.

Anything remaining in the Lost and Found by Thursday, April 2nd will be donated to Charity or thrown away!

Additionally, in the Office, we have a Lost and Found for small valuable items such as jewelry, phones, airpods, glasses, and more.

Please come to the Office, describe what you are missing, and we will give it back to you if we have it!



## **Badminton Practices**

<b>Monday:</b>	Grade 7s	3:00 - 4:15
<b>Tuesday:</b>	Grade 8s	3:00 - 4:15
	Grade 9s	4:15 - 5:30
	Grade 7s	5:30 - 6:45

Practice times may change. Check the [SFJH Athletic Calendar](#) for up to date information.



# *Badminton*

*GAN*



**Monday**

**Grade 8s & Grade 9s**  
**@ FLVT 3:30**



# Spring fever

ST. FRANCIS JUNIOR HIGH

APRIL 23RD | DANCE STARTS  
FROM 5-8PM

TICKETS START SELLING ON MARCH 30<sup>TH</sup> IN FRONT OF THE MIRRORS

AND ON SCHOOL CASH ONLINE.

EVERY MONDAY AND TUESDAY.

THERE WILL BE A DRAW FOR THE VIP ROOM. WHOEVER GETS  
PICK, WILL BE ABLE TO BRING 5 FRIENDS.

THEME : PASTEL COLOURS(PINK, YELLOW, GREEN)

# **BADMINTON INTRAMURALS**

The 2026 Badminton Doubles  
Intramural Winners are **Sayer and  
Dylan** and **Anna and Maui!**

Please see Miss Williston about your  
prize!



Featuring Holes The Movie



# MOVIE NIGHT

St. Francis Gym  
Friday, May 22  
7:00pm-9:00pm

TICKETS AVAILABLE EVERY WEDNESDAY  
STARTING APRIL 1





# SPIRIT WEEK

## MARCH 30 – APRIL 2

Monday

Pastel/Easter Colours

Light yellow, light blue, light purple, light green, etc

Tuesday

Teachers dress like students and  
students dress like teachers!

Wednesday

Senior Citizens Day.

Where a wig, glasses or even bring a cane.

Thursday

Hawaiian

Wear flipflops, a lei or some sort of summery clothing item!

Friday

No school!



# Share Your Voice!

**Musical Theatre and Recording Sessions**

**August 10-14, 2026**

**AGES 9-12 (9 - 1 P.M.)**

**AGES 13-20 (1 - 5 P.M.)**

5 days of intensive training, lessons, workshops and recording studio access.

Located at the U of L Centre for the Arts



**MUSIC.CONSERVATORY@ULETH.CA**  
**403-329-2304**



PHOTO BY STRUDELBRAND

**Are you interested in joining one of the SF Academies next year?**

**Applications are due on TUESDAY and tryouts/auditions will be held in April.**

**Questions? Go by the office for more information!**



Est. 2024

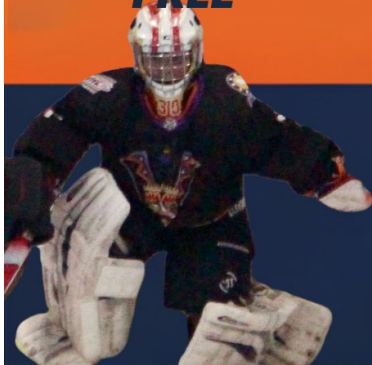
# PLAY FREE AS A ROLLER HOCKEY GOALIE!



**SIGN UP  
NOW AND  
SKATE FOR  
FREE**

**exclusive goalie**

**OFFER!**



*Contact Info*

[www.rollerhockeylethbridge.ca](http://www.rollerhockeylethbridge.ca)

[info@rollerhockeylethbridge.ca](mailto:info@rollerhockeylethbridge.ca)



WWW.ZEPHYRSOACHING.COM  
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**COACHES**  
Danny Robdrup  
Lucas Authier  
Brooklyn Filipenko



ZEPHYRS  
TRACK CLUB

TRACK  
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TRACK

# ZEPHYRS TRACK CLUB

Costs:  
\$90 for Outdoor Season April 14th through June  
\$20 Singlet

Details:  
Tue/Thu 6-7:15pm @ CIVIC TRACK | Ages 8+  
Train for:  
Sprints - Mid/Long Distance - Long/Triple Jump -  
Run Jump Throw Wheel - Discus/Javelin



Starting April



**OUTDOOR  
REGISTRATION**  
*IS OPEN!*

[WWW.LETHBRIDGETRACK.CA](http://WWW.LETHBRIDGETRACK.CA)

**TUESDAY & THURSDAY**

**5:30-7PM (COACHING)**

**SATURDAY**

**10:30-12PM (LTFC OPEN TRACK)**

**U OF L COMMUNITY STADIUM**



# DAILY ANNOUNCEMENTS



## TRADES4U

APRIL 1, 2026  
6:30PM - 8:30PM



### OPENTO STUDENTS IN GRADE 9 TO GRADE 12

- Hands-on experience to try a trade
- Spend an evening learning from local skilled tradespeople
- Evening event to accomodate parents/guardians
- Limited spots per business

**REGISTER TODAY!**

Registration opens on March 7, 2026  
Registration closes on March 21, 2026

\*\*For more information, please contact your Divisions Off Campus Coordinator \*\*



**RITA'S RUN 2026  
5KM & 10KM**

Saturday May 9, 2026 @ 9:00AM

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Elks Compound  
Lethbridge, AB

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+ + + +

+ + + +

RUN FOR THE CAUSE  
SUPPORTING MENTAL HEALTH

Registration Opens February 24!  
[www.ritasrun.weebly.com](http://www.ritasrun.weebly.com)



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# STORY WEAVERS TWEEN WRITING CLUB

**Tuesdays April 14 - May 26 | 4:30 - 6 p.m.  
Main Branch**

Join our writing club to hone your skills and create a short story, which will be published in a zine at the end of the program! For grades 5 - 8.

**Registration is open at [lethlib.ca/events](http://lethlib.ca/events) and is for the entire 7-week run.**

Does your child love swimming? Looking for a summer cross-training opportunity? Want to make new friends, set and achieve goals, develop skills, and have a LOT of fun doing it in a flexible and supportive team atmosphere?

**Come swim with us!**

# **LETHBRIDGE ORCAS**

## **SUMMER SWIM CLUB**

### **2026 Registration**

**Registration Begins March 1st.**  
**Early bird pricing until April 15!**

Check out our registration evenings for more information or view the 2026 parent handbook on our website:  
[lethbridgeorcas.com](http://lethbridgeorcas.com)

**Wednesday March 11th - 5:00 - 7:00pm**

**Thursday March 12th - 5:00 - 7:00pm**

**@Nicholas Sheran Arena Lobby**

**Suitable for swimmers of all levels, ages 5+**

**Paraswimmers Welcome**

Please email [orcasecretary@gmail.com](mailto:orcasecretary@gmail.com) if you have other questions or need more information

**DAILY ANNOUNCEMENTS**

Since 1993

# Soccer Day Camps



...more than just a soccer camp!



**Early Deals,  
Big Savings,  
Ends March 31, 2026**

- ✓ July & August weeks
- ✓ Morning & Full Day sessions
- ✓ Ages 5 to 13
- ✓ Before & After Care available

For more information:

 [royalsoccer.com](http://royalsoccer.com)

 800-427-0536

For location & registration details visit our website.

**Mornings** Starting from **\$165**\*/week

**Full Days** Starting from **\$249**\*/week

\* Limited time, discounts vary, see website  
Additional discounts for week 1 & 6 ( 4 day weeks)

