

Announcements for
Monday, March 9, 2026

3rd Week of Lent

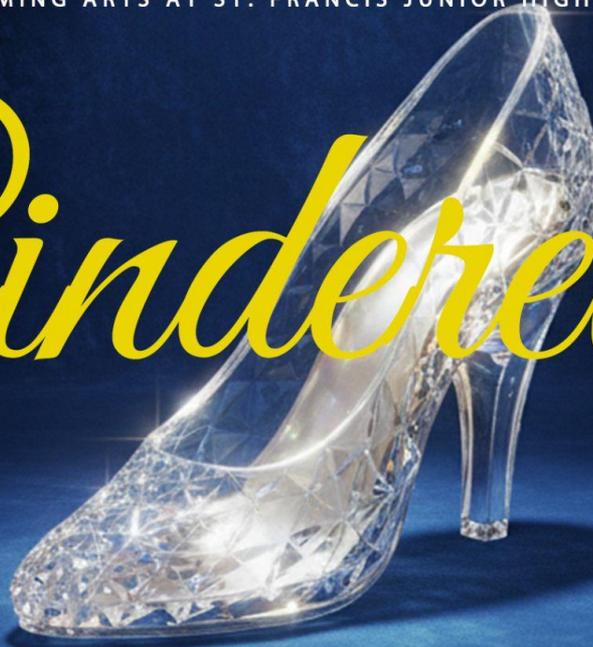
1st Reading: 2 Kings 5.1-15a
Gospel: Luke 4.24-30

Welcome • Itaomikskaonaotoni • Bienvenue



PERFORMING ARTS AT ST. FRANCIS JUNIOR HIGH PRESENTS

Cinderella



May 10th - May 14th

TICKETS ON SALE NOW

Check School Website For Details

Canteen

Our regular menu items are available for purchase. You can purchase items with Cash, Debit Card, or with prepaid Canteen Cards.

Monday

Cheesy Garlic Fingers, \$5.25

Tuesday

Mini Cheese Pizza, \$5.75

Wednesday

Taco In A Bag, \$6.55

(order thru School Cash Online)

Thursday

Beef & Cheese Taco, \$5.00





Some personal items have been turned into the office recently.

Are you missing anything?

Please check the lost & found in the office & by the back stairs, near the gym if you are missing any personal items!



Badminton Practices

TODAY:

Grade 7s 3:00 - 4:15

Grade 8s 4:15 - 5:30

Grade 9s 5:30 - 6:45

Tuesday:

Grade 8s 3:00 - 4:15

Grade 9s 4:15 - 5:30

Grade 7s 5:30 - 6:45

Practice times may change. Check the [SFJH Athletic Calendar](#) for up to date information.



Baseball Academy

Tryouts for CCH are going to be Tuesday after school for the grade 9's.

Inner Peace

You don't need to change for yoga today, just come to room 127.



LANGUAGES 7, 8/9

Languages 8/9, Period 6/7:

Please meet Mrs. Schori at the bottom stairs by bus entrance. You will be walking to CCH and

Languages 7: Period 8/9:

Please meet at the bottom of the stairs by bus entrance. You will be walked over as well.



Basketball Jersey Return

Grade 7/8 DV and Junior Girls please return your jerseys to Ms.Maier's room

Missing: Kamryn, Nikki, Xanthia, Brixlyn, Brynlee, Harper, Taylor

BADMINTON INTRAMURALS

	North	North Center	South Center	South
11:40	Zaid & Eliab vs Guadalupe & Audrey	Stefan & Liam vs Livia & Lidia	Milos & Logan vs Greyson & Aadam	Aliyah & Ayanna vs Danica & Hamda
11:45	Elai & Deng vs Jasper & Deacon	Lochan & Joseph vs Byabenne & Karissa	Sayer & Dylan vs Adrian & Lawrence	David & Lincoln vs Guadalupe & Audrey
11:50	Brixlyn & Zoe vs Stefan & Liam	Zaid & Eliab vs Milos & Logan	Livia & Lidia vs Aliyah & Ayanna	Greyson & Aadam vs Danica & Hamda
11:55	Landan & Ajay vs Toby & Marcky	Harlie & Danica vs Rylee & Candace	Caspian & Kevin vs Ryan & Kyle	Koko & Madie vs Carter & Ari
12:00	Andriel & Daniel vs Ethan & Mikhael	Coen & Bentley vs Anna & Maui	Rylee & Candace vs Kaden & Ayden	Ryan and Kyle vs Landan & Ajay
12:05	Carter & Ari vs Harlie & Danica	Ethan & Mikhael vs Caspian & Kevin	Anna & Maui vs Koko & Madie	Coen & Bentley vs Andriel & Daniel

 **DAILY ANNOUNCEMENTS**

HOP ON OVER FOR OUR

*Easter
Candy grams*

FOR SOME EASTER FUN MEET US
AT THE MIRRORS ON MARCH 9-
12 AND 16-19TH

\$2.50



2026 Outdoor Soccer Registration Open until March 22nd

**Printouts of the details are available
in the hall outside of the office**

WWW.ZEPHYRSOACHING.COM
coach.robdrup@zephyrscoaching.com

COACHES

Danny Robdrup
Lucas Authier
Brooklyn Filipenko



ZEPHYRS
TRACK CLUB

TRACK
TRACK
TRACK
TRACK

ZEPHYRS TRACK CLUB

Costs:
\$90 for Outdoor Season April 14th through June
\$20 Singlet

Details:
Tue/Thu 6-7:15pm @ CIVIC TRACK | Ages 8+
Train for:
Sprints - Mid/Long Distance - Long/Triple Jump -
Run Jump Throw Wheel - Discus/Javelin



Starting April



OUTDOOR REGISTRATION

IS OPEN!

WWW.LETHBRIDGETRACK.CA

TUESDAY & THURSDAY

5:30-7PM (COACHING)

SATURDAY

10:30-12PM (LTFC OPEN TRACK)

U OF L COMMUNITY STADIUM

Does your child love swimming? Looking for a summer cross-training opportunity? Want to make new friends, set and achieve goals, develop skills, and have a LOT of fun doing it in a flexible and supportive team atmosphere?

Come swim with us!

LETHBRIDGE ORCAS

SUMMER SWIM CLUB

2026 Registration

Registration Begins March 1st.
Early bird pricing until April 15!

Check out our registration evenings for more information or view the 2026 parent handbook on our website:
lethbridgeorcas.com

Wednesday March 11th - 5:00 - 7:00pm

Thursday March 12th - 5:00 - 7:00pm

@Nicholas Sheran Arena Lobby

Suitable for swimmers of all levels, ages 5+

Paraswimmers Welcome

Please email orcasecretary@gmail.com if you have other questions or need more information



DAILY ANNOUNCEMENTS



TRADES4U

APRIL 1, 2026
6:30PM - 8:30PM



OPENTO STUDENTS IN GRADE 9 TO GRADE 12

- Hands-on experience to try a trade
- Spend an evening learning from local skilled tradespeople
- Evening event to accommodate parents/guardians
- Limited spots per business

REGISTER TODAY!

Registration opens on March 7, 2026
Registration closes on March 21, 2026

**For more information, please contact your Divisions Off Campus Coordinator **

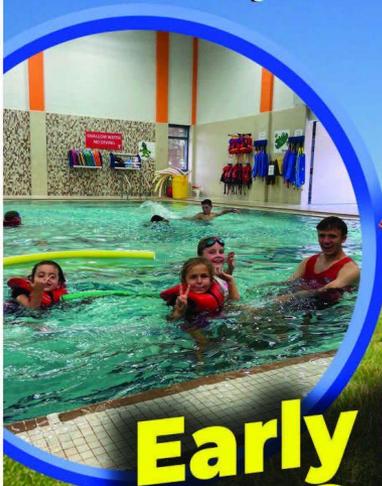
DAILY ANNOUNCEMENTS

Since 1993

Soccer Day Camps



...more than just a soccer camp!



**Early Deals,
Big Savings,
Ends March 31, 2026**



- ✓ July & August weeks
- ✓ Morning & Full Day sessions
- ✓ Ages 5 to 13
- ✓ Before & After Care available

For more
information:

 royalsoccer.com

 800-427-0536

For location & registration details visit our website.

Mornings Starting from **\$165***/week

Full Days Starting from **\$249***/week

* Limited time, discounts vary, see website
Additional discounts for week 1 & 6 (4 day weeks)

 **DAILY ANNOUNCEMENTS**



Esports practice today at 3pm!