

Announcements for  
**Tuesday, March 10, 2026**

**3rd Week of Lent**

1st Reading: Daniel 3.25, 34-43

Gospel: Matthew 18.21-35

Welcome • Itaomikskaonaotoni • Bienvenue

# GRADE 8 STUDENTS

## E3 Field Trip

Make sure to have the following for your field trip today (8TB, 8JR, 8RL, 8CH) and tomorrow (8CSP, 8WK, 8KL, 8EA):

Bring lunch, comfortable clothing, **close-toed shoes are mandatory**, ponytail holder to tie back hair (if applicable), refillable water bottle, & medications: inhaler, epi-pen, etc (if applicable)

# Grade 8/9 Crochet & 8CH

We are going on a **field trip to CCH tomorrow afternoon** to watch their production of Joseph and the Amazing Technicolor Dreamcoat.

Please be prepared to be **dismissed from your class at 12:45 and meet Miss C at the front doors** so we can walk over to CCH. **Bring a coat for the walk!**



## **LANGUAGES 7, 8/9**

**Languages 8/9, Period 6/7:**

**Please meet Mrs. Schori at the bottom stairs by bus entrance. You will be walking to CCH for your DO today.**

**Languages 7: Period 8/9:**

**Please meet at the bottom of the stairs by bus entrance. Mrs Schori will meet you and you will be walked over as well.**

**Have fun!**

# **STEM 8/9 periods 6,7:**

1. Go to the **art room** after lunch.
2. Continue your **Classroom design** in TinkerCad.
3. Tell Mrs. Ankermann how fabulous she is for hosting you today. 🌟

 **DAILY ANNOUNCEMENTS**

HOP ON OVER FOR OUR

*Easter  
Candy grams*

FOR SOME EASTER FUN MEET US  
AT THE MIRRORS ON MARCH 9-  
12 AND 16-19TH

*\$2.50*

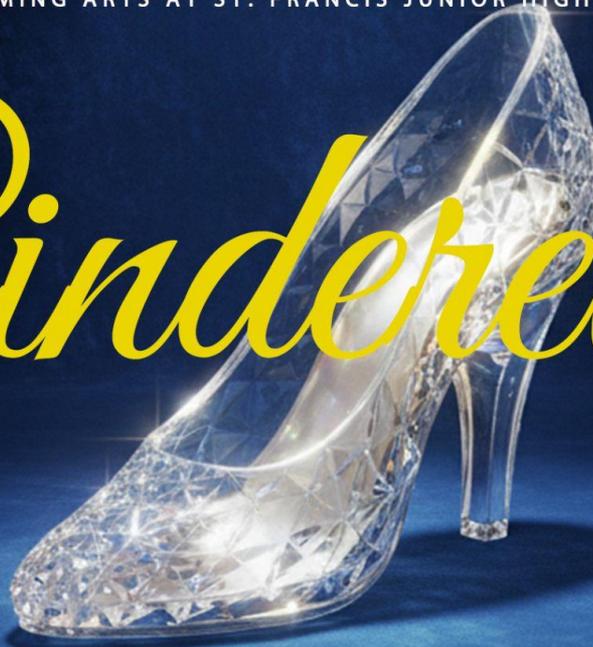
# Baseball Academy

Tryouts for CCH are going to be Tuesday after school for the grade 9's.



PERFORMING ARTS AT ST. FRANCIS JUNIOR HIGH PRESENTS

# *Cinderella*



***May 10th - May 14th***

**TICKETS ON SALE NOW**

**Check School Website For Details**

# Canteen

Our regular menu items are available for purchase. You can purchase items with Cash, Debit Card, or with prepaid Canteen Cards.

**TODAY**

**Mini Cheese Pizza, \$5.75**

**Wednesday**

**Taco In A Bag, \$6.55**

**(order thru School Cash Online)**

**Thursday**

**Beef & Cheese Taco, \$5.00**



# *Mrs Elliott's Tea Room!*



**If you are  
interested,  
the Tea Room  
will be open  
Tuesdays  
at lunch,  
in Room 122!**



Some personal items have been turned into the office recently.

**Are you missing anything?**

**Please check the lost & found in the office & by the back stairs, near the gym if you are missing any personal items!**



# ***Badminton Practices***

<b>TODAY:</b>	Grade 8s	3:00 - 4:15
	Grade 9s	4:15 - 5:30
	Grade 7s	5:30 - 6:45
<b>Wednesday:</b>	Grade 9s	3:00 - 4:15
	Grade 7s	4:15 - 5:30
	Grade 8s	5:30 - 6:45
<b>Thursday:</b>	Grade 7s	3:00 - 4:15
	Grade 8s	4:15 - 5:30
	Grade 9s	5:30 - 6:45

Practice times may change. Check the [SFJH Athletic Calendar](#) for up to date information.



# **SR BASKETBALL TEAMS**

***Your PIZZA PARTY WRAP UP  
will be held on Wednesday  
at lunch in room 229***





## Basketball Jersey Return

**Grade 7/8 DV and Junior Girls please return your jerseys to Ms.Maier's room**

**Missing: Kamryn, Nikki, Xanthia, Annelise, Brixlyn, Brynlee, Harper, Taylor**



## **2026 Outdoor Soccer Registration Open until March 22nd**

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**Printouts of the details are available  
in the hall outside of the office**



# BADMINTON INTRAMURALS

	North	North Center	South Center	South
11:40	Byabenne & Karissa vs Elai & Deng	Adrian & Lawrence vs Jasper & Deacon	Guadalupe & Audry vs Lochan & Joseph	Stefan & Liam vs Sayer & Dylan
11:45	Milos & Logan vs David & Lincoln	Aliyah & Ayanna vs Birxlyn & Zoe	Danica & Hamda vs Zaid ad Eliab	Greyson & Aadam vs Livia & Lidia
11:50	Elai & Deng vs Adrian & Lawrence	Byabenne & Karissa vs Guadlape & Audrey	Jasper & Deacon vs Stefan & Liam	Lochan & Joseph vs Milos & Logan
11:55	Toby & Marcky vs Ryan & Kyle	Kaden & Ayden vs Carter & Ari	Landan & Ajay vs Ethan & Mikhael	Harlie & Danica vs Anna & Maui
12:00	Caspian & Kevin vs Coen & Bentley	Koko & Madie vs Andriel & Daniel	Carter & Ari vs Rylee & Candace	Ethan & Mikhael vs Toby & Marcky
12:05	Anna & Maui vs Kaden & Ayden	Coen & Bentley vs Landan & Ajay	Andriel & Daniel vs Harlie & Danica	Koko & Madie vs Caspian & Kevin

WWW.ZEPHYRS COACHING.COM  
coach.robdrup@zephyrscoaching.com

**COACHES**

Danny Robdrup  
Lucas Authier  
Brooklyn Filipenko



ZEPHYRS  
TRACK CLUB

TRACK  
TRACK  
TRACK  
TRACK

# ZEPHYRS TRACK CLUB

Costs:  
\$90 for Outdoor Season April 14th through June  
\$20 Singlet

Details:  
Tue/Thu 6-7:15pm @ CIVIC TRACK | Ages 8+  
Train for:  
Sprints - Mid/Long Distance - Long/Triple Jump -  
Run Jump Throw Wheel - Discus/Javelin



**DAILY ANNOUNCEMENTS**

Since 1993

# Soccer Day Camps



...more than just a soccer camp!



**Early Deals,  
Big Savings,  
Ends March 31, 2026**



- ✓ July & August weeks
- ✓ Morning & Full Day sessions
- ✓ Ages 5 to 13
- ✓ Before & After Care available

For more information:

 [royalsoccer.com](http://royalsoccer.com)

 800-427-0536

For location & registration details visit our website.

**Mornings** Starting from **\$165**\*/week

**Full Days** Starting from **\$249**\*/week

\* Limited time, discounts vary, see website  
Additional discounts for week 1 & 6 ( 4 day weeks)

Does your child love swimming? Looking for a summer cross-training opportunity? Want to make new friends, set and achieve goals, develop skills, and have a LOT of fun doing it in a flexible and supportive team atmosphere?

**Come swim with us!**

# **LETHBRIDGE ORCAS SUMMER SWIM CLUB 2026 Registration**

**Registration Begins March 1st.  
Early bird pricing until April 15!**

Check out our registration evenings for more information or view the 2026 parent handbook on our website:  
[lethbridgeorcas.com](http://lethbridgeorcas.com)

**Wednesday March 11th - 5:00 - 7:00pm**

**Thursday March 12th - 5:00 - 7:00pm**

**@Nicholas Sheran Arena Lobby**

**Suitable for swimmers of all levels, ages 5+**

**Paraswimmers Welcome**

Please email [orcasecretary@gmail.com](mailto:orcasecretary@gmail.com) if you have other questions or need more information



# DAILY ANNOUNCEMENTS

## TRADES4U

APRIL 1, 2026  
6:30PM - 8:30PM

OPENTO STUDENTS IN  
GRADE 9 TO GRADE 12

- Hands-on experience to try a trade
- Spend an evening learning from local skilled tradespeople
- Evening event to accomodate parents/guardians
- Limited spots per business

[REGISTER TODAY!](#)

Registration opens on March 7, 2026  
Registration closes on March 21, 2026  
\*\*For more information , please contact your Divisions Off Campus Coordinator \*\*

Starting April



**OUTDOOR  
REGISTRATION**  
*IS OPEN!*

[WWW.LETHBRIDGETRACK.CA](http://WWW.LETHBRIDGETRACK.CA)

**TUESDAY & THURSDAY**

**5:30-7PM (COACHING)**

**SATURDAY**

**10:30-12PM (LTFC OPEN TRACK)**

**U OF L COMMUNITY STADIUM**

# Share Your Voice!

**Musical Theatre and Recording Sessions**

**August 10-14, 2026**

**AGES 9-12 (9 - 1 P.M.)**

**AGES 13-20 (1 - 5 P.M.)**

5 days of intensive training, lessons, workshops and recording studio access.

Located at the U of L Centre for the Arts



**MUSIC.CONSERVATORY@ULETH.CA**  
**403-329-2304**



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