



ST. FRANCIS JUNIOR HIGH

April 2026 Newsletter

Principal's Message

As we enter into Holy Week, we are reminded of the most sacred time in the Catholic Church, a time to pause, reflect, and draw closer to Christ through prayer, service, and love. Holy Week invites us to walk alongside Jesus in His final days, beginning with His humble service on Holy Thursday, through His sacrifice on Good Friday, and ultimately celebrating the hope and joy of the Resurrection on Easter Sunday.



Today, as a school community, we gathered in prayer for a special liturgy in recognition of Holy Thursday. Together, we participated in the symbolic washing of hands, reflecting on Jesus washing the feet of His disciples. This powerful act reminds us of our call to serve one another with humility, compassion, and love. It is in these meaningful acts of service that we live out our faith each day.

We would also like to extend a huge congratulations to our Boys Senior Basketball Team on winning the City Championship, an incredible accomplishment! We are very proud of you!

A reminder to families to purchase your tickets for our upcoming production of Cinderella, which will take the stage in May. It promises to be a fantastic showcase of our students' talents. Purchase your tickets on our school website.

As well, we ask all families to please complete re-registration for next school year if you have not already done so. This helps us plan effectively and ensure a smooth start for September.

As we look ahead to Easter, may we carry forward the message of hope, renewal, and joy that the Resurrection brings. Thank you for your continued support in nurturing the faith life of our students and our school community.

Take care,

Jackie Kraemer, Principal

St. Francis Junior High School



ST. FRANCIS JUNIOR HIGH

April 2026 Newsletter



EASTER BREAK: April 3rd - April 10th
First day back after break: April 13th

*May the peace and joy of the
Easter season be with you
and your families
throughout the month of April!*

Events & Dates To Remember

April

April 3	Good Friday (Start of Easter Break)
April 6-10	Easter Break (No Classes)
April 13	First Day Of Classes After Break
April 14	Grade 8 - Badminton City Championships
April 15	Grade 7 - Badminton City Championships
April 16	Grade 9 - Badminton City Championships
April 17	Quarter 3 Ends
April 20	Quarter 4 Begins
April 23	School Dance, 5pm
April 25	Grade 7-9 Badminton Zones
April 29	Marian Mass



May 8	SF-FLVT Dual Meet - Track & Field
May 10 - May 14	Cinderella - The Musical
May 12	School Council Meeting, 6pm
May 18	Victoria Day - No School
May 19	PD Day - No School
May 20	FLA PAT, Part A
May 21	ELA PAT, Part A
May 22	Movie Night, 7pm
May 25	Grade 9 - LSAA City Track Meet
May 26	Grade 7 & 8 - LSAA City Track Meet
May 29	Student Retreat

A vertical poster for the musical 'Cinderella'. At the top, the 'SF' logo is centered above the text 'PERFORMING ARTS AT ST. FRANCIS JUNIOR HIGH PRESENTS'. The title 'Cinderella' is written in a large, elegant, yellow cursive font. Below the title is a detailed illustration of a clear glass slipper with a high heel, set against a dark blue background with a spotlight effect. At the bottom, the dates 'May 10 to 14' are displayed in large white text, followed by 'check website for show times' in smaller white text. Below that, it says 'TICKETS \$15 AVAILABLE ONLINE at HOLYSPIRIT.AB.CA/ST.FRANCIS'. A QR code is located in the bottom right corner. At the very bottom, there is small text: 'Based on Rodgers & Hammerstein's Cinderella (Youth Edition). Music by Richard Rodgers - Book and Lyrics by Oscar Hammerstein II - Adaptation by Tom Briggs. Rodgers & Hammerstein's Cinderella Youth Edition is presented through special arrangement with and all authorized materials are supplied by Concord Theatricals. www.concordtheatricals.com'.

School Fees

School Cash Online Holy Spirit School Division uses [School Cash Online](#) for the payment of all school items such as fees, canteen cards, club/athletic fees, and spirit wear.

Additional fees for option classes and co-curricular activities have been added. Please make your payments on **School Cash Online** as soon as possible.

If you have already registered for School Cash Online at another school in the Holy Spirit School Division, you will see the 2025-2026 St. Francis school fees in September.

If you are new to Holy Spirit, you will need your student's ASN to register which can be found in PowerSchool. If you prefer to pay by cash/POS or cheque, please come into the office.

****School Option Fees: Are uploaded to School Cash Online****



St. Francis Junior High uses [PowerSchool](#) as its student information system. It provides parent and student portals which gives users access to real-time information including attendance, grades and assignment descriptions and report cards. Be sure to log in to your Parent PowerSchool portal often to monitor your student's academic progress. **Use District Code: RHZW** If you are unsure of how to access PowerSchool please contact the school at 403-327-3402.



History Made in Year One!

In the first season of the U15AAA partnership between Lethbridge Minor Hockey and St. Francis, the SF Val Matteotti Golden Hawks are the AEHL U15AAA Provincial Champions!!



Senior Boys - Gold Medal Winners



Senior Girls - Silver Medal Winners



CITY BASKETBALL CHAMPS



**Congrats to the U13AAA Lethbridge Hurricanes
on their Provincial Championship.**

Congratulations to all teams!

Canteen

The canteen offers regular menu items including hamburgers, chicken burgers & wraps, pizza subs, hot dogs, nachos, muffins, cookies, chips and various beverages. There are also exciting daily specials such as cheezy garlic fingers on Monday, mini pizza on Tuesday, etc. The daily special menus are posted on the daily announcements. Payment can be by cash, debit tap, or through buying prepaid canteen cards on [School Cash Online](#). Canteen cards can be purchased in increments of \$20.00. Your student can then purchase items at the canteen by just telling the canteen staff their name and that they have canteen funds. The staff will keep track of your student's spending and will let them know when funds are getting low.

**CANTEEN
news**

Wildcat Athletics News



NO SCHOOL OR SPORTS: April 3 - April 10

- Apr 14: Grade 8, Badminton City Championships
- Apr 15: Grade 7, Badminton City Championships
- Apr 16: Grade 9, Badminton City Championships
- Apr 25: Grade 7-9, Badminton Zones
- May 8: SF-FLVT Dual Meet, Track & Field
- May 25: LSAA City Track Meet, Grade 9
- May 26: LSAA City Track Meet, Grades 7 & 8

All practices and games are on the [St. Francis Athletic Calendar](#).
Refer to it often for up to date changes.

2026/2027 SCHOOL REGISTRATION

Registration Update Forms are now available for you to complete for each student who will attend one of our schools in the 2026/2027 school year. This form will be available in School Engage. Please call the office if you need any more help. Alberta Education requires these forms to be completed every year. This process helps our schools with their planning and allows you to review and update the information on file for your child to ensure that it is accurate. You will also be asked to renew legal declarations and update preferences/consents.



Grade 9 Farewell

June 9th 6:00pm - 9:00pm

St. Francis Gymnasium

Univeristy of Lethbridge
Conservatory of Music

Beginner Ukulele

For Ages 8 – 12

Friday, 2:30 – 3:15 p.m. | Location: Casa (230 8 St S)

Come and explore the joyful sounds of the Ukulele in a fun and supportive small group environment. We can't wait to make music with you!

WINTER 2026: January 16, 23, 30, Feb 6, 13, 20, March 6, 13, 20, 27 (No Class Feb 27)



STORY WEAVERS TWEEN WRITING CLUB

Tuesdays April 14 - May 26 | 4:30 - 6 p.m.
Main Branch

Join our writing club to hone your skills and create a short story, which will be published in a zine at the end of the program! For grades 5 - 8.

Registration is open at lethlib.ca/events and is for the entire 7-week run.



● REGISTER ● TELL YOUR FAMILY ● BE INSPIRED ●

**APRIL 7
WEAR GREEN**

CANADIAN TRANSPLANT ASSOCIATION

GREEN SHIRT DAY



**HUMBOLDT
STRONG**

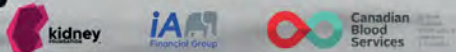
REGISTER - TELL YOUR FAMILY
BE INSPIRED
#LoganBouletEffect



REGISTER ONLINE
GreenShirtDay.ca



In Partnership with



Canada's Organ and Tissue Donation Community

IN HONOUR OF THE LOGAN BOULET EFFECT



RITA'S RUN 2026 5KM & 10KM

Saturday May 9, 2026 @ 9:00AM

Elks Compound
Lethbridge, AB

RUN FOR THE CAUSE
SUPPORTING MENTAL HEALTH

Registration Opens February 24!
www.ritasrun.weebly.com



PLAY FREE AS A ROLLER HOCKEY GOALIE!



**SIGN UP
NOW AND
SKATE FOR
FREE**

exclusive goalie OFFER!

Contact Info

www.rollerhockeylethbridge.ca

info@rollerhockeylethbridge.ca

Share Your Voice!

**Musical Theatre and
Recording Sessions**

August 10-14, 2026

AGES 9-12 (9 - 1 P.M.)

AGES 13-20 (1 - 5 P.M.)

5 days of intensive training,
lessons, workshops and
recording studio access.

Located at the U of L
Centre for the Arts



PHOTO BY STRUDELBRAND



MUSIC.CONSERVATORY@ULETH.CA
403-329-2304


MUSIC CONSERVATORY
UNIVERSITY OF LETHBRIDGE



In-Person DBT Skills Group for Adolescents and Parents

A six-week group for adolescents and their parents aged 13 through 17 who struggle managing emotions and behaviors. Participants must register in advance:

You will learn...

- How to become more mindful and self-aware
- Better manage feelings of anxiety and depression
- Reduce impulsive behavior & learn new coping skills
- Have healthy relationships and better communication

This six-week curriculum follows a set agenda in which new information is taught & practiced weekly, followed up with homework tasks. Skill sets include Mindfulness, Distress Tolerance, Emotional Regulation, Interpersonal Effectiveness, and Walking the Middle Path.

Tuesdays from 6 to 7:15p.m

April 21st – May 26th, 2026

Nov 3rd – Dec 8th, 2026

Recovery Alberta Child, Youth and Family Addiction and Mental Health Clinic, Melcor Centre (Suite 120A 200 - 4 Ave. S.).

**To register, call Access Addiction & Mental Health
1-888-594-0211**

Parable Reflections & Conversations

Parable of the Lost Sheep | Luke 15:3-7

3 So he told them this parable: 4 “Which one of you, having a hundred sheep and losing one of them, does not leave the ninety-nine in the wilderness and go after the one that is lost until he finds it? 5 When he has found it, he lays it on his shoulders and rejoices. 6 And when he comes home, he calls together his friends and neighbors, saying to them, ‘Rejoice with me, for I have found my sheep that was lost.’ 7 Just so, I tell you, there will be more joy in heaven over one sinner who repents than over ninety-nine righteous persons who need no repentance.



TABLE OF CONTENTS

Reflection

Where do I fit in this parable?

“I have come to call not the righteous but sinners to repentance.”

(LUKE 5:32)

Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest.
—MATTHEW 11:28

TABLE OF CONTENTS

Reflection

What does this parable teach me about my relationship with God?

“Are not two sparrows sold for a penny? Yet not one of them will fall to the ground apart from your Father. And even the hairs of your head are all counted. So do not be afraid; you are of more value than many sparrows.”

(MATTHEW 10:29-31)



TABLE OF CONTENTS

Parable Conversations

How can I show mercy to someone who feels forgotten or alone?



“The Lord is merciful and gracious, slow to anger and abounding in steadfast love.”

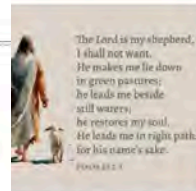
(PSALM 103:8)

TABLE OF CONTENTS

Parable Conversations

“What does this tell us about how God sees each person?”

Why do you think the shepherd goes looking for just one sheep?”



The Lord is my shepherd, I shall not want. He makes me lie down in green pastures; he leads me beside still waters; he restores my soul; he leads me in right paths for his name's sake.
—PSALM 23:1-4

The shepherd already had ninety-nine sheep safe at home. The lost one still mattered.

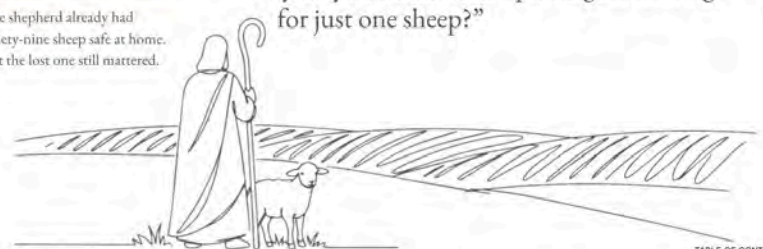
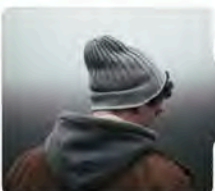


TABLE OF CONTENTS



Mercy means noticing someone who is struggling and choosing to care.

What is one small way you could do that this week?

Easter Masses & Services



The Paschal Triduum

The Sacred Triduum refers to the celebration at the close of Holy Week. It begins with the evening Mass of the Lord's Supper on Holy Thursday, reaches its high point in the Easter Vigil, and closes on Easter Sunday.

All Saints Parish

The Triduum, including Easter Sunday, will be celebrated at Catholic Central East.

Please use the Vasey Hall entrance on 5th Avenue South.

Holy Thursday - April 2

7:00 p.m. We exit in silence.

Good Friday - April 3

3:00 p.m. We enter and exit in silence.

Easter Vigil - April 4

8:00 p.m.

Easter Sunday - April 5

Mass at Dawn - 7:30 a.m. at St. Basil's Church

9:00 a.m. & 11:00 at Catholic Central

Ss Peter & Paul Parish

Great and Holy Thursday - April 2

6:00 p.m. Vespertal Divine Liturgy of St. Basil the Great

Great and Holy Friday - April 3

9:00 a.m. Matins of Holy Friday

3:00 p.m. Shroud Service

Tomb Vigil 5:00 p.m. - April 4 6:00 p.m.

Great and Holy Saturday - April 4

9:00 a.m. Jerusalem Matins

6:00 p.m. Vespers & Divine Liturgy of St.

Basil the Great, followed by

Easter basket blessing

Pascha - Resurrection of Our Lord - April 5

9:00 a.m. Paschal Matins & Divine Liturgy

followed by Easter basket blessing

St. Martha's Parish

Easter Triduum Services

Holy Thursday - 7:00 p.m.

Good Friday - 1:00 p.m. & 3:00 p.m.

Easter Vigil Saturday - 8:00 p.m.

Easter Sunday - 9:00 a.m. & 11:00 a.m.

