

Announcements for
Wednesday, March 25, 2026

5th Week of Lent

*1st Reading: Isaiah 7.10-14; 8.10d 2nd
Reading: Hebrews 10.4-10 Gospel: Luke 1.26-38*

Welcome • Itaomikskaonaotoni • Bienvenue

The 8th Station: Jesus Meets the Women of Jerusalem



The 8th Station:

Jesus Meets the Women of Jerusalem

Leader: We adore you, O Christ, and we bless you.

All: Because by your holy Cross you have redeemed the world.

Leader: Daughters of Jerusalem, do not weep for me, but weep for yourselves and for your children... For if they do this when the wood is green, what will happen when it is dry?"

Jesus turns pity into a call for true repentance, warning of greater judgments to come. Today, amid our world's sorrows—wars, broken families—He invites us not just to sympathize, but to examine our hearts, turn from sin, and seek conversion before it's too late.

The 8th Station:

Jesus Meets the Women of Jerusalem

Leader: Lord Jesus, who spoke words of mercy even in agony, stir our hearts to genuine sorrow for sin. Help us weep not only for your pain but for our failings, that we may embrace your path of reconciliation and hope. Amen.

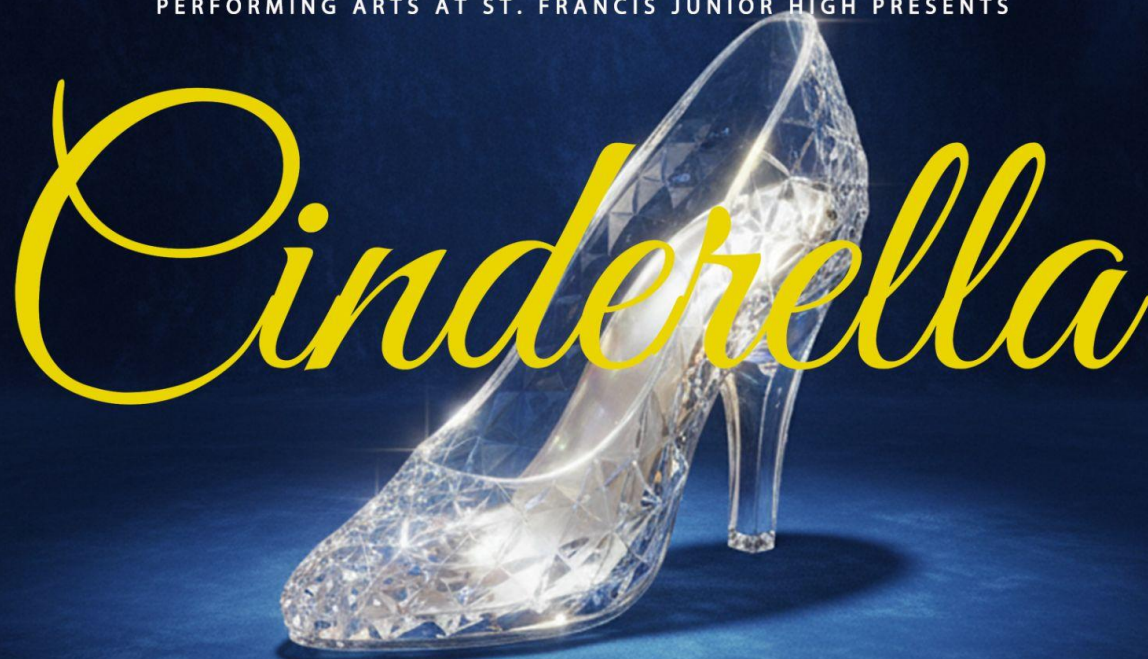
All: Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

Amen.





PERFORMING ARTS AT ST. FRANCIS JUNIOR HIGH PRESENTS



May 10th - May 14th

TICKETS ON SALE NOW

Check School Website For Details

Wear Purple on Thursday, March 26th

MARCH IS EPILEPSY
Awareness Month



EPILEPSY
Toronto
See the Person

PURPLE
DAY
MARCH
26

Let's Celebrate Purple Day Together

Canteen

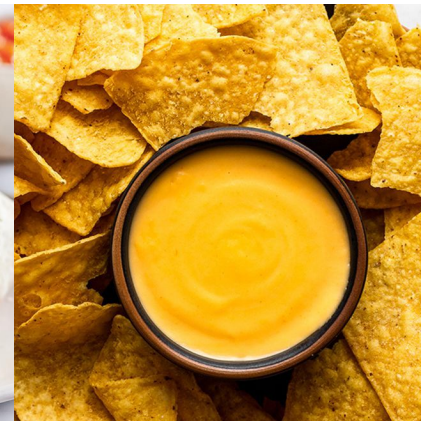
Our regular menu items are available for purchase. You can purchase items with Cash, Debit Card, or with prepaid Canteen Cards.

TODAY

KD & Smoothie, \$5.50

Thursday

Chicken Burger, \$5.50



Reducing Spills @ Lunch

Please note that drinks with a plastic lid & straw (Big Gulps, Slurpees) must remain outside if purchased off campus.

If you purchase a drink from the Canteen with a plastic lid & straw, please finish it before leaving the area.

Academic Lunch Support - TODAY

Hello students! Just a reminder that the Library will be used for Academic Lunch Support today.

If you are on the list, your attendance is mandatory. Please bring your lunch or ask a staff member to grab you something from the office.



Badminton Practices

TODAY:	Grade 9s	3:00 - 4:15
	Grade 7s	4:15 - 5:30
	Grade 8s	5:30 - 6:45
Thurs:	Grade 7s	3:00 - 4:15

Practice times may change. Check the [SFJH Athletic Calendar](#) for up to date information.



NO INTRAMURALS TODAY!



INTRAMURALS



Featuring Holes The Movie



MOVIE NIGHT

St. Francis Gym
Friday, May 22
7:00pm-9:00pm

TICKETS AVAILABLE EVERY WEDNESDAY
STARTING APRIL 1





SPIRIT WEEK

MARCH 30 – APRIL 2

Monday

Pastel/Easter Colours

Light yellow, light blue, light purple, light green, etc

Tuesday

Teachers dress like students and
students dress like teachers!

Wednesday

Senior Citizens Day.

Where a wig, glasses or even bring a cane.

Thursday

Hawaiian

Wear flipflops, a lei or some sort of summery clothing item!

Friday

No school!



Lost and Found

The Lost and Found by the gym is overflowing with clothing, water bottles and a variety of other items. Please check to see if any of your stuff has ended up in Lost and Found by the stairs next to the gym.

Anything remaining in the Lost and Found by end of day on Thursday, April 2nd will be donated to Charity or thrown away!

Additionally, in the Office, we have a Lost and Found for small valuable items such as jewelry, phones, airpods, glasses, and more.

Please come to the Office, describe what you are missing, and we will give it back to you if we have it!

 **DAILY ANNOUNCEMENTS**

HOP ON OVER FOR OUR

*Easter
Candy grams*

FOR SOME EASTER FUN MEET US
AT THE MIRRORS ON MARCH 9-
12 AND 16-19TH

\$2.50

Ⓢ DAILY ANNOUNCEMENTS



WWW.ZEPHYRSOACHING.COM
coach.robdrup@zephyrscoaching.com

COACHES

Danny Robdrup
Lucas Authier
Brooklyn Filipenko



ZEPHYRS
TRACK CLUB

TRACK
TRACK
TRACK
TRACK

ZEPHYRS TRACK CLUB

Costs:
\$90 for Outdoor Season April 14th through June
\$20 Singlet

Details:
Tue/Thu 6-7:15pm @ CIVIC TRACK | Ages 8+
Train for:
Sprints - Mid/Long Distance - Long/Triple Jump -
Run Jump Throw Wheel - Discus/Javelin



Starting April



OUTDOOR REGISTRATION

IS OPEN!

WWW.LETHBRIDGETRACK.CA

TUESDAY & THURSDAY

5:30-7PM (COACHING)

SATURDAY

10:30-12PM (LTFC OPEN TRACK)

U OF L COMMUNITY STADIUM



RITA'S RUN 2026 5KM & 10KM

Saturday May 9, 2026 @ 9:00AM

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Elks Compound
Lethbridge, AB

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RUN FOR THE CAUSE
SUPPORTING MENTAL HEALTH

Registration Opens February 24!
www.ritasrun.weebly.com



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STORY WEAVERS TWEEN WRITING CLUB

**Tuesdays April 14 - May 26 | 4:30 - 6 p.m.
Main Branch**

Join our writing club to hone your skills and create a short story, which will be published in a zine at the end of the program! For grades 5 - 8.

Registration is open at lethlib.ca/events and is for the entire 7-week run.



TRADES4U

APRIL 1, 2026
6:30PM - 8:30PM



**OPENTO STUDENTS IN
GRADE 9 TO GRADE 12**

- Hands-on experience to try a trade
- Spend an evening learning from local skilled tradespeople
- Evening event to accomodate parents/guardians
- Limited spots per business

REGISTER TODAY!

Registration opens on March 7, 2026
Registration closes on March 21, 2026

**For more information , please contact your Divisions Off Campus Coordinator **

Does your child love swimming? Looking for a summer cross-training opportunity? Want to make new friends, set and achieve goals, develop skills, and have a LOT of fun doing it in a flexible and supportive team atmosphere?

Come swim with us!

LETHBRIDGE ORCAS SUMMER SWIM CLUB 2026 Registration

**Registration Begins March 1st.
Early bird pricing until April 15!**

Check out our registration evenings for more information or view the 2026 parent handbook on our website:
lethbridgeorcas.com

Wednesday March 11th - 5:00 - 7:00pm

Thursday March 12th - 5:00 - 7:00pm

@Nicholas Sheran Arena Lobby

Suitable for swimmers of all levels, ages 5+

Paraswimmers Welcome

Please email orcasecretary@gmail.com if you have other questions or need more information

DAILY ANNOUNCEMENTS

Since 1993

Soccer Day Camps



...more than just a soccer camp!



**Early Deals,
Big Savings,
Ends March 31, 2026**

- ✓ July & August weeks
- ✓ Morning & Full Day sessions
- ✓ Ages 5 to 13
- ✓ Before & After Care available

For more
information:

 royalsoccer.com

 800-427-0536

For location & registration details visit our website.

Mornings Starting from **\$165***/week

Full Days Starting from **\$249***/week

* Limited time, discounts vary, see website
Additional discounts for week 1 & 6 (4 day weeks)

