



ST. FRANCIS JUNIOR HIGH

Principal's Message

March 6, 2026

Dear St. Francis Families,

As we begin the season of Lent in our Catholic faith, we are reminded that this is a time of reflection, prayer, sacrifice, and service. Lent invites us to slow down and think about how we can grow closer to God and to one another. It calls us to make small sacrifices in our daily lives and to turn our attention outward serving others with kindness, compassion, and generosity.

At St. Francis, we encourage our students to live out these values by looking for ways to help others, whether that is supporting a friend, showing patience and understanding, or contributing to our school and community in meaningful ways. Lent is not only about giving something up, but also about giving more of ourselves. When we choose kindness, forgiveness, and service, we are living the message of Christ each day.

This week we are also excited to welcome several new members to our St. Francis community. Mr. Boyes joins us teaching ELA 9 and Physical Education, and Mr. Dyck has joined our team teaching Social Studies and several option classes.

We also welcome Mrs. Sadi B, our newest Educational Assistant, who will be supporting students in their learning. In addition, we are pleased to welcome 5 Student Teachers from the University of Lethbridge who will be spending time in our school gaining valuable classroom experience.

Mr Jetten is working with Mr. Racz
Mr. Ackerman is working with Mr. Caputo
Mr. Gibson is working with Miss. Baraniecki
Miss. Di Palma is working with Mr. Van Oene
Miss. Stelter is working with Mme. Ripplinger

We are grateful to have all of them as part of our school family.

Thank you to our families for your continued support of our school community.

Jackie Kraemer - Principal
St. Francis Junior High School

bringing to light the best we can become

Address: 333 18 Street S. Lethbridge, AB T1J 3E5
Web: www.sfjh.holyspirit.ab.ca
Principal: Mrs. Jackie Kraemer

Tel: 403-327-3402 Fax: 403-320-1877
Associate Principal: Mr. Darren Miller
Associate Principal: Mrs. Cassie Skauge



ST. FRANCIS JUNIOR HIGH

Upcoming Events

Sports Academy Registrations – Register Now

Please check the [school website](#) for registration information.

Cinderella The Musical – Tickets On Sale Now

Visit the [school website](#) for show dates and ticket information.

School Council Meeting: March 10 | 6:00 PM | School Library

All parents are welcome to attend.

Holy Spirit Budget Town Hall: March 11 | 6:00–7:00 PM | CCH West

Families are invited to provide input and learn more about the school division budget.

Spiritual Development Day: March 13, No school for students.

SF Showcase – Open House

March 17 | 6:00 PM

Open house and tours for Grade 6 students and new families considering St. Francis for next year.

Parent Teacher Interviews: March 26 starting at 5:00 PM

Bookings will be available soon through Conference Manager

We also want to wish best of luck to our Senior Varsity boys and girls basketball teams, as they compete at Zones this weekend!

Check the [School Athletic Calendar](#) for upcoming sports events & activities.

School Fees

School Cash Online Holy Spirit School Division uses [School Cash Online](#) for the payment of all school items such as fees, canteen cards, club/athletic fees, and spirit wear.

Additional fees for option classes and co-curricular activities have been added. Please make your payments on **School Cash Online** as soon as possible.

If you have already registered for School Cash Online at another school in the Holy Spirit School Division, you will see the 2025-2026 St. Francis school fees in September.

If you are new to Holy Spirit, you will need your student's ASN to register which can be found in PowerSchool. If you prefer to pay by cash/POS or cheque, please come into the office.

****School Option Fees: Are uploaded to School Cash Online****



St. Francis Junior High uses [PowerSchool](#) as its student information system. It provides parent and student portals which gives users access to real-time information including attendance, grades and assignment descriptions and report cards. Be sure to log in to your Parent PowerSchool portal often to monitor your student's academic progress. **Use District Code: RHZW** If you are unsure of how to access PowerSchool please contact the school at 403-327-3402.

UPCOMING EVENTS

Sports Academy Registrations: Register Now! Check school website.

"Cinderella" The Musical: Tickets On Sale Now!

See the school website for more information.



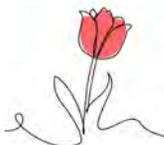
School Council Meeting: March 10th @ 6:00pm

Spiritual Development Day: March 13th, No School For Students

SF SHOWCASE: March 17th @ 6:00pm. Open House & Tours for Grade 6, and new students looking to attend St. Francis next year.

Parent Teacher Interviews: March 26th starting @ 5pm.

Please contact the school office to schedule an appointment.



EASTER BREAK: April 3rd - Apr 10th
April 13th - First day back after the break

Canteen

The canteen offers regular menu items including hamburgers, chicken burgers & wraps, pizza subs, hot dogs, nachos, muffins, cookies, chips and various beverages. There are also exciting daily specials such as cheezy garlic fingers on Monday, mini pizza on Tuesday, etc. The daily special menus are posted on the daily announcements. Payment can be by cash, debit tap, or through buying prepaid canteen cards on [School Cash Online](#). Canteen cards can be purchased in increments of \$20.00. Your student can then purchase items at the canteen by just telling the canteen staff their name and that they have canteen funds. The staff will keep track of your student's spending and will let them know when funds are getting low.

CANTEEN
news

Wildcat Athletics News



NO SCHOOL OR SPORTS: Friday, March 13th

March 6 & 7: Senior Basketball, ZONES:

Boys @ SF & CCH East

Girls @ LCI

Badminton: Happen Now!

Teams have been formed for all grades.

All practices and games are on the [St. Francis Athletic Calendar](#).

Refer to it often for up to date changes.

2026/2027 SCHOOL REGISTRATION

Registration Update Forms are now available for you to complete for each student who will attend one of our schools in the 2026/2027 school year. This form will be available in School Engage. Please call the office if you need any more help. Alberta Education requires these forms to be completed every year. This process helps our schools with their planning and allows you to review and update the information on file for your child to ensure that it is accurate. You will also be asked to renew legal declarations and update preferences/consents.

Holy Spirit Budget Town Hall: Townhall for Future Budget Conversations.

The purpose of the town hall is for parents/guardians to discuss future budget allocations in an open forum where school leadership shares financial realities, priorities, and projected needs, while inviting questions and feedback from families. It allows parents/guardians to better understand funding constraints and trade-offs, helping shape strategic priorities for Holy Spirits Catholic School Division's future.

Wednesday, March 11, 2026 @ 6pm on CCH Campus West

Wednesday, March 18, 2026 @ 6 pm on CCH Campus East

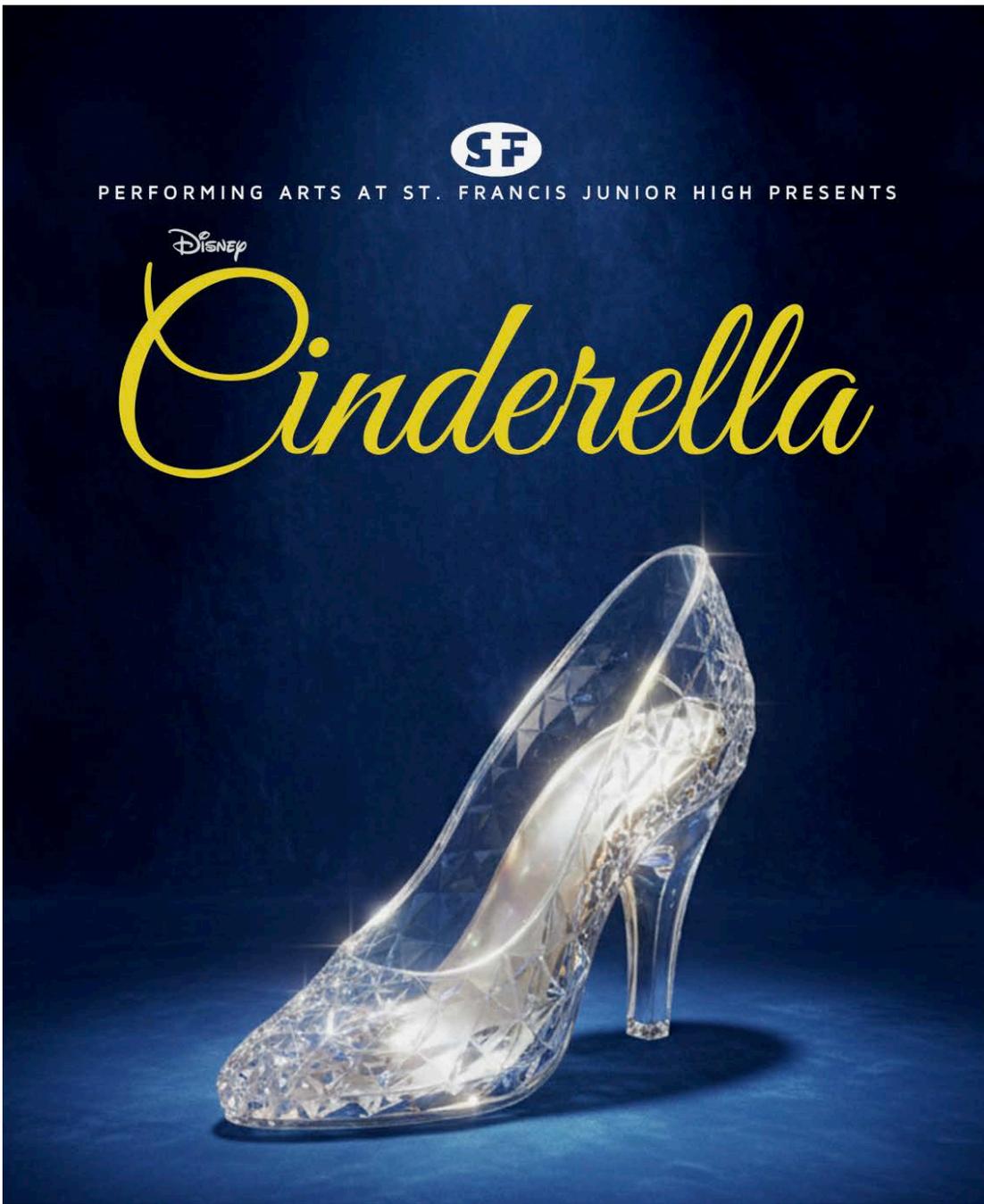
Monday March 23 @ 5 pm Virtually. (Link to follow closer to the date)



PERFORMING ARTS AT ST. FRANCIS JUNIOR HIGH PRESENTS

Disney

Cinderella



*Come on out & support St. Francis Performing Arts!
This is one walk down memory lane you won't want to miss.
A classic fairytale with a witty contemporary touch.*

When: May 10th - May 14th

TICKETS ON SALE NOW: See the website for more information

Univeristy of Lethbridge
Conservatory of Music

Digital Music Production Classes

For Beginners &
Intermediate/Advanced

Section 1: Beginners (Thursday, 5 - 6 p.m.)
Section 2: Intermediate/Advanced (Thursday, 6-8* p.m.)

WINTER 2026: JANUARY 15, 22, 29, FEB 5, 12, 19, MARCH 5,
12, 19, 26
NO CLASS: FEB 26

LOCATED AT CASA (230 8 ST S)

*this class will be split into 2, 60-minute classes (i.e. 6 - 7, or 7 - 8).



Univeristy of Lethbridge
Conservatory of Music

Beginner Ukulele

For Ages 8 - 12

Friday, 2:30 - 3:15 p.m. | Location: Casa (230 8 St S)

Come and explore the joyful sounds of the Ukulele
in a fun and supportive small group environment.
We can't wait to make music with you!

WINTER 2026: January 16, 23, 30, Feb 6, 13, 20, March 6,
13, 20, 27 (No Class Feb 27)



Since 1993

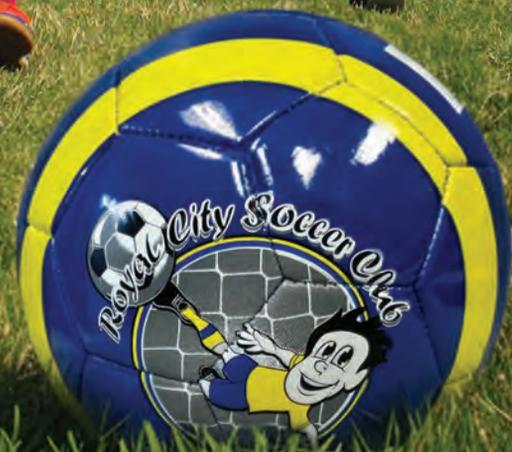
Soccer Day Camps



...more than just a soccer camp!



Early Deals, Big Savings, Ends March 31, 2026



- ✔ July & August weeks
- ✔ Morning & Full Day sessions
- ✔ Ages 5 to 13
- ✔ Before & After Care available

For more information:
royalsoccer.com
800-427-0536

Mornings Starting from **\$165***/week
Full Days Starting from **\$249***/week

* Limited time, discounts vary, see website
Additional discounts for week 1 & 6 (4 day weeks)

For location & registration details visit our website.

Does your child love swimming? Looking for a summer cross-training opportunity? Want to make new friends, set and achieve goals, develop skills, and have a LOT of fun doing it in a flexible and supportive team atmosphere?

Come swim with us!

LETHBRIDGE ORCAS SUMMER SWIM CLUB 2026 Registration

**Registration Begins March 1st.
Early bird pricing until April 15!**

Check out our registration evenings for more information or view the 2026 parent handbook on our website:
lethbridgeorcas.com

Wednesday March 11th - 5:00 - 7:00pm

Thursday March 12th - 5:00 - 7:00pm

@Nicholas Sheran Arena Lobby

Suitable for swimmers of all levels, ages 5+

Paraswimmers Welcome

Please email orcasecretary@gmail.com if you have other questions or need more information

CHALLENGE YOUR BRAIN!



- TRY MATH KANGAROO PROBLEMS WITH HELP FROM UNIVERSITY MATH PROFESSORS.
- PERFECT FOR BEGINNERS AND MATH ENTHUSIASTS ALIKE. OPEN TO STUDENTS K TO 12.
- FREE SNACKS AND REFRESHMENTS!
- SUNDAY, FEBRUARY 1
1PM-3PM
- MARKIN HALL,
M1035
PARKING IN LOT F



SCHOOL'S OUT!

~~February 17 - 20~~ March 13 | 10 a.m. - 4 p.m.
Main & Crossings Branches

Visit the library on school closure days and enjoy a variety of fun crafts, games, and other activities!
Free, drop-in program.



SPELLING BEE & MINI BEE

March 14 | 1 - 5 p.m. | Main Branch

Join the Fun at the Spelling Bees! Calling all young word wizards! Love spelling and friendly competition? Don't miss the Spelling Bee & Mini Bee. The Mini Bee is for children in grades 1-3, and the Spelling Bee is for grades 4-6.

How to Participate: Sign up today to have fun, build your skills, and learn new words.

Prize: Winners take home a trophy celebrating their spelling mastery!

For more details, visit lethlib.ca/events.



WWW.ZEPHYRSCOACHING.COM
coach.robdrup@zephyrsc coaching.com

COACHES
Danny Robdrup
Lucas Authier
Brooklyn Filipenko



ZEPHYRS TRACK CLUB

Costs:
\$90 for Outdoor Season April 14th through June
\$20 Singlet

Details:
Tue/Thu 6-7:15pm @ CIVIC TRACK | Ages 8+
Train for:
Sprints - Mid/Long Distance - Long/Triple Jump -
Run Jump Throw Wheel - Discus/Javelin



2026 OUTDOOR RECREATIONAL SOCCER REGISTRATION INFORMATION

www.lethbridgesoccer.com - 403-320-5425 (KICK)

ONLINE ONLY:

Sunday February 1st - Sunday March 22nd

**all registration must be done online* REGISTER YOUR PLAYER BY THEIR BIRTH YEAR*

**payments must be made online using RAMP*



IF YOU ARE USING KIDSPORT OR JUMPSTART

YOU MUST REGISTER YOUR PLAYER AND PAY ONLINE WWW.LETHBRIDGESOCCER.COM BEFORE APPLYING FOR FUNDING THROUGH JUMPSTART, KIDSPORT OR CITY OF LETHBRIDGE FAP

REGISTER:

www.lethbridgesoccer.com

Request Fee covers 2 PLAYERS ONLY - \$40.00 - Payable at office or over the phone -Player requests MUST be sent by email to kristy@lethbridgesoccer.com

<u>Age Group</u>	<u>Birthyear</u>	<u>Fee</u>	<u># of sessions</u>	<u>***Days Playing***</u>	<u>***Fields***</u>	<u>***Times will alternate***</u>
U4 - CoEd/ Parent & Tot	2022	\$135.00	10 (30 min sessions)	Monday	Servus Sports Centre Indoor Field	5:00pm &/ or 5:45pm
U5 - CoEd	2021	\$150.00	10 (45 min sessions)	Tuesday	Outdoor Servus Sports Centre Field	5:00pm &/ or 6:00pm
U6 - CoEd	2020	\$150.00	10 (45 min sessions)	Wednesday	Outdoor Servus Sports Centre Field	5:00 &/ or 6:00pm
U8 Boys	2018 & 2019	\$230.00	18 (1 hr sessions)	Tuesday & Thursday	Lethbridge Polytechnic Field	5:15pm & or 6:15pm
U8 Girls	2018 & 2019	\$230.00	18 (1 hr sessions)	Monday & Wednesday	Lethbridge Polytechnic Field	6:15 PM
U10 Boys	2016 & 2017	\$230.00	18 (1 hr sessions)	Monday & Wednesday	Lethbridge Polytechnic Field	5:15pm & or 7:15pm
U10 Girls	2016 & 2017	\$230.00	18 (1 hr sessions)	Monday & Wednesday	Lethbridge Polytechnic Field	6:15 PM
U12 Boys	2014 & 2015	\$230.00	18 (1hr sessions)	Monday & Wednesday	St. Teresa School (North)	5:00pm &/ or 7:00pm
U12 Girls	2014 & 2015	\$230.00	18 (1hr sessions)	Monday & Wednesday	St. Teresa School (North)	6:00pm
U14 Girls	2012 & 2013	\$230.00	18 (1 hr sessions)	Tuesday & Thursday	TBD	5:00pm, 6:00pm &/or 7:00pm
U14 Boys	2012 & 2013	\$230.00	18 (1 hr sessions)	Tuesday & Thursday	TBD	5:00pm, 6:00pm &/or 7:00pm
PLEASE NOTE If we do not get enough females registered in the U12 or U14 age groups (4 teams max.) - Age groups will be CoEd						
U16 CoEd	2010 & 2011	\$230.00	18 (1 hr 10 min sessions)	Monday & Wednesday	Wilson School	6pm & 7:30pm
U18 - CoEd	2008 & 2009	\$230.00	18 (1 hr 10 minute sessions)	Monday & Wednesday	Wilson School	6pm & 7:30pm

**** START TIMES CANNOT BE REQUESTED AS TIMES WILL ROTATE THROUGHOUT THE SEASON ****

Sessions will be scheduled during the Victoria Day long weekend (Monday evening)

****SEASON STARTS MONDAY APRIL 20 and be complete SATURDAY JUNE 20, 2026****

Jersey kits included in Registration price- Jersey, shorts and socks

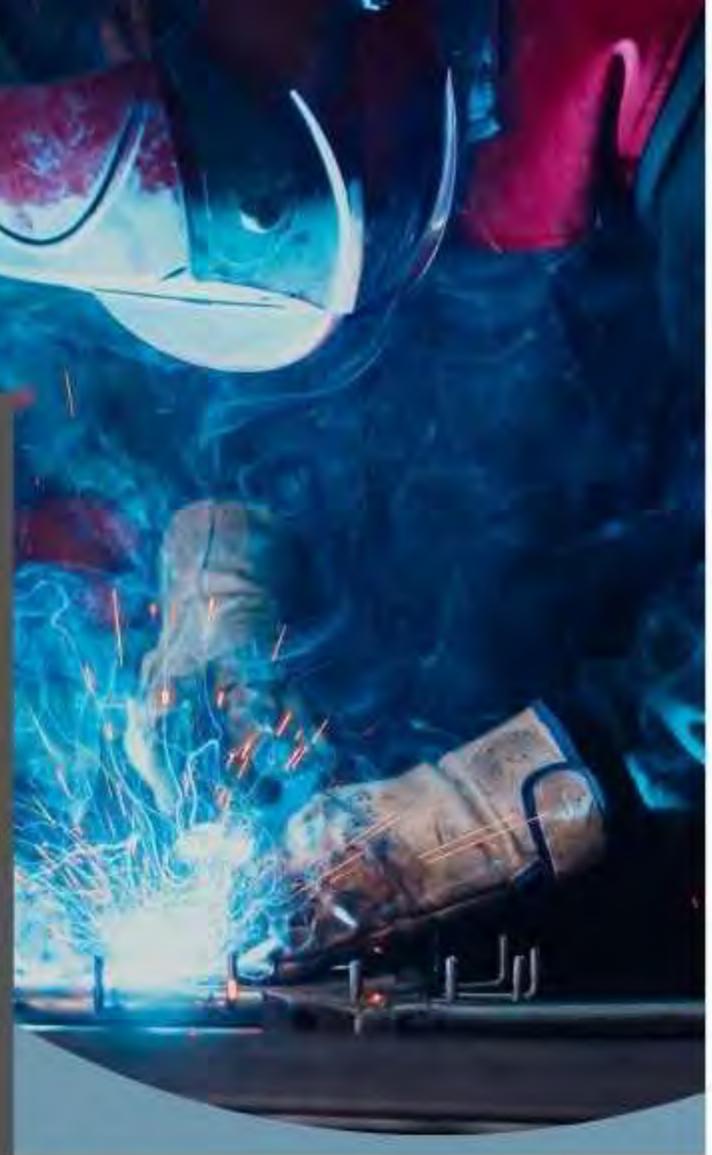
U4-U6 Timbits: An introduction to soccer. All sessions ran by LSA Staff Coaches, with activities based around players exploring the soccer ball and getting comfortable with an invasion sport. Some small sided scrimmages may be played, but this environment is purely about the players gaining their first touches of a soccer ball.

U8-U10 Fundamental: Individual development is paramount by building a love of the ball. Sessions will challenge players creative side as well introduce them to skills needed in the game such as dribbling, passing and shooting. Scrimmages will be played, but no scores will be kept, and all players will be asked to experience all positions of a soccer match (goalkeeper, defender, midfielder, striker).

U12-U14 Learning The Game: This age is classed as 'The Golden Age Of Learning' where skills learnt in the earlier stages are now enhanced as well as an introduction to the tactical side of the game. Scrimmages will be played and although scores will be kept during the game, coaches and players are asked to keep games meaningful, competitive and to avoid blowouts at all costs. There will be no league standings.

U16-U18 Excel In The Game: Utilizing the technical understanding and tactical skills learnt in the previous three phases to excel in the game. Like the previous 'Learning the Game' phase, coaches are asked to avoid blowouts and keep games competitive throughout.





TRADES4U

APRIL 1, 2026
6:30PM - 8:30PM



OPENTO STUDENTS IN
GRADE 9 TO GRADE 12

- Hands-on experience to try a trade
- Spend an evening learning from local skilled tradespeople
- Evening event to accomodate parents/guardians
- Limited spots per business

REGISTER TODAY!

Registration opens on March 7, 2026
Registration closes on March 21, 2026

**For more information , please contact your Divisions Off Campus Coordinator **

