

Announcements for
Monday, March 30, 2026

HOLY WEEK

1st Reading: Isaiah 42.1-7

Gospel: John 12.1-11

Welcome • Itaomikskaonaotoni • Bienvenue

The 11th Station: Jesus is Nailed to the Cross



The 11th Station:

Jesus is Nailed to the Cross

Leader: We adore you, O Christ, and we bless you.

All: Because by your holy Cross you have redeemed the world.

Leader: Two others, who were criminals, were led away to be put to death with him... Then Jesus said, 'Father, forgive them; for they do not know what they are doing'

Nailed fast, unable to move, Jesus remains free in love, interceding for crucifiers and criminals alike. His Cross tears down walls, cancels debts, and establishes reconciliation—even for us in our conflicts.

The 11th Station:

Jesus is Nailed to the Cross

Prayer: Nailed Jesus, you intercede from the Cross as true Jubilee. Grant us your freedom to forgive, bridge divisions in our school and world, and choose reconciliation daily. Amen.

All: Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

Amen.



**Locker Clean-Up Day will be Thursday, April 2nd
during Periods 1, 2, 3, & 4**

****Start taking stuff home anytime****



Cosmetology

Quick 5
minute
meeting at
the start of
lunch at
11:35!!!
TODAY!



Spring Fever

ST. FRANCIS JUNIOR HIGH

APRIL 23RD | DANCE STARTS
FROM 5-8PM

TICKETS START SELLING ON MARCH 30TH IN FRONT OF THE MIRRORS
AND ON SCHOOL CASH ONLINE FOR \$5 EVERY MONDAYS AND
TUESDAYS. PARTIAL PROCEEDS WILL GO TOWARDS ANGEL TREE

FAMILY SERVICES.

THERE WILL BE A DRAW FOR THE VIP ROOM. WHOEVER GETS
PICK WILL BE ABLE TO BRING 5 FRIENDS.

THEME : PASTEL COLOURS(PINK, YELLOW, GREEN)



Featuring Holes The Movie



MOVIE NIGHT

St. Francis Gym
Friday, May 22
7:00pm-9:00pm

TICKETS AVAILABLE EVERY WEDNESDAY
STARTING APRIL 1





SPIRIT WEEK

MARCH 30 – APRIL 2

Monday

Pastel/Easter Colours

Light yellow, light blue, light purple, light green, etc

Tuesday

Teachers dress like students and
students dress like teachers!

Wednesday

Senior Citizens Day.

Where a wig, glasses or even bring a cane.

Thursday

Hawaiian

Wear flipflops, a lei or some sort of summery clothing item!

Friday

No school!



FRIENDLY REMINDER:

Please supply your own spoons & forks.
The school office will no longer be
supplying plastic cutlery/utensils.



Babysitting

We will meet in Rm.127 again today!



Lost and Found

The Lost and Found by the gym is overflowing with clothing, water bottles and a variety of other items. Please check to see if any of your stuff has ended up in Lost and Found by the stairs next to the gym.

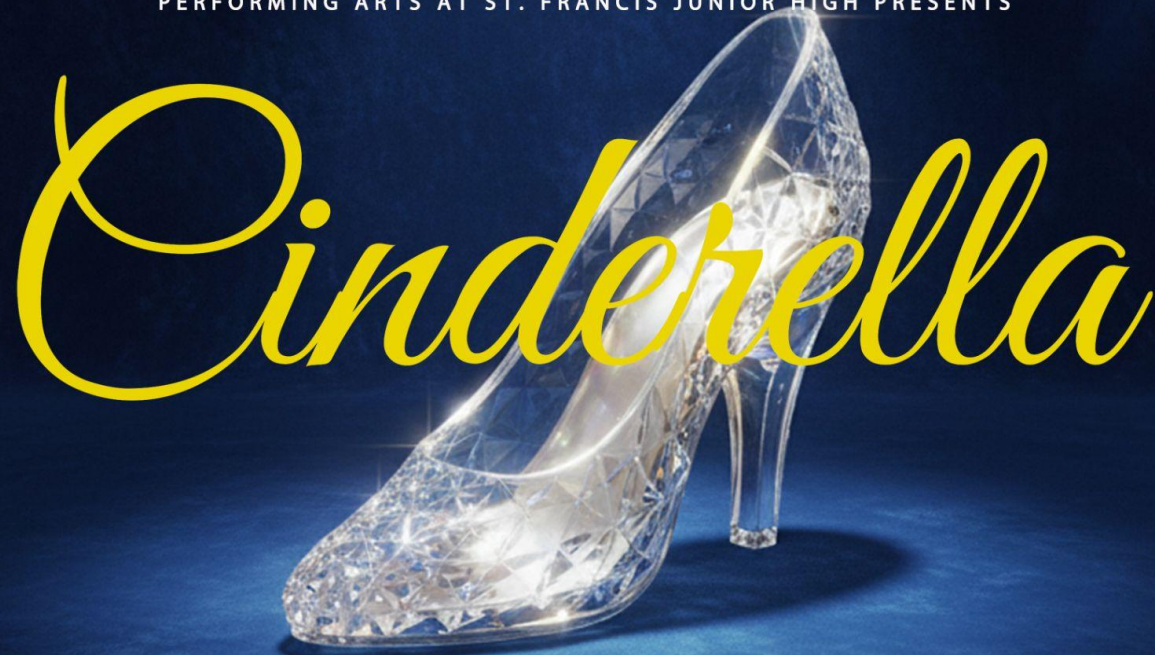
Anything remaining in the Lost and Found by Thursday, April 2nd will be donated to Charity or thrown away!

Additionally, in the Office, we have a Lost and Found for small valuable items such as jewelry, phones, airpods, glasses, and more.

Please come to the Office, describe what you are missing, and we will give it back to you if we have it!



PERFORMING ARTS AT ST. FRANCIS JUNIOR HIGH PRESENTS



May 10th - May 14th

TICKETS ON SALE NOW

Check School Website For Details

Are you interested in joining one of the SF Academies next year?

Applications are due on March 31st and tryouts/auditions will be held in April.

Questions? Go by the office for more information!



Est. 2024

Canteen

Our regular menu items are available for purchase. You can purchase items with Cash, Debit Card, or with prepaid Canteen Cards.

Monday

Cheesy Garlic Fingers, \$5.25

Tuesday

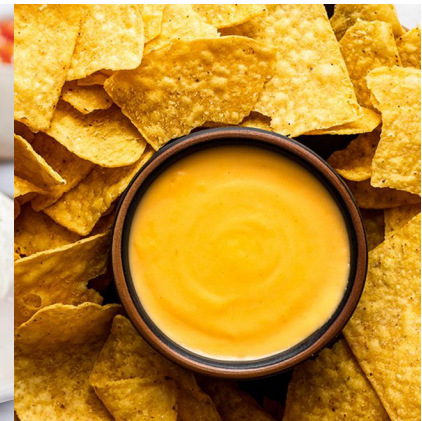
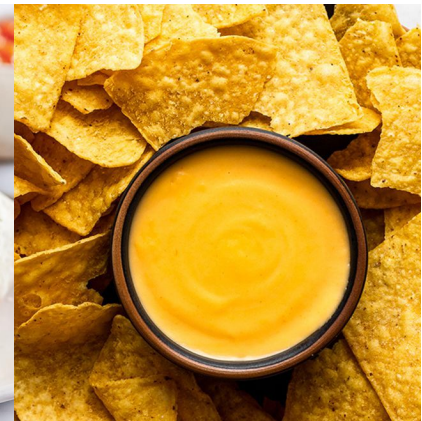
Mini Cheese Pizza, \$5.75

Wednesday

Loaded Nachos, \$5.50

Thursday

Chicken Burger, \$5.50





Badminton Practices

TODAY:	Grade 7s	3:00 - 4:15
Tuesday:	Grade 8s	3:00 - 4:15
	Grade 9s	4:15 - 5:30
	Grade 7s	5:30 - 6:45

Practice times may change. Check the [SFJH Athletic Calendar](#) for up to date information.



Badminton



Monday

Grade 8s & Grade 9s
@ FLVT 3:30





The Southern Alberta Technology Council (SATC) would like to invite students to the 2026 Lethbridge Regional Science Fair and Science Olympics taking place on April 10th (evening) and April 11th (whole day) at the University of Lethbridge Science Commons building.

The Science Fair and Science Olympics are open to all K-12 students.

Prior participation in a school fair is NOT a required prerequisite, so we encourage science-savvy students to submit their science projects.

For more information and to pre-register visit www.scifusion.ca.

We also provide regular updates through our [Facebook page](#).

WWW.ZEPHYRS COACHING.COM
coach.robdrup@zephyrscoaching.com

COACHES

Danny Robdrup
Lucas Authier
Brooklyn Filipenko



ZEPHYRS
TRACK CLUB

TRACK
TRACK
TRACK
TRACK

ZEPHYRS TRACK CLUB

Costs:
\$90 for Outdoor Season April 14th through June
\$20 Singlet

Details:
Tue/Thu 6-7:15pm @ CIVIC TRACK | Ages 8+
Train for:
Sprints - Mid/Long Distance - Long/Triple Jump -
Run Jump Throw Wheel - Discus/Javelin



Starting April



**OUTDOOR
REGISTRATION**
IS OPEN!

WWW.LETHBRIDGETRACK.CA

**TUESDAY & THURSDAY
5:30-7PM (COACHING)**

SATURDAY

10:30-12PM (LTFC OPEN TRACK)

U OF L COMMUNITY STADIUM



RITA'S RUN 2026 5KM & 10KM

Saturday May 9, 2026 @ 9:00AM



Elks Compound
Lethbridge, AB



RUN FOR THE CAUSE
SUPPORTING MENTAL HEALTH

Registration Opens February 24!
www.ritasrun.weebly.com





STORY WEAVERS TWEEN WRITING CLUB

**Tuesdays April 14 - May 26 | 4:30 - 6 p.m.
Main Branch**

Join our writing club to hone your skills and create a short story, which will be published in a zine at the end of the program! For grades 5 - 8.

Registration is open at lethlib.ca/events and is for the entire 7-week run.

Does your child love swimming? Looking for a summer cross-training opportunity? Want to make new friends, set and achieve goals, develop skills, and have a LOT of fun doing it in a flexible and supportive team atmosphere?

Come swim with us!

LETHBRIDGE ORCAS SUMMER SWIM CLUB 2026 Registration

**Registration Begins March 1st.
Early bird pricing until April 15!**

Check out our registration evenings for more information or view the 2026 parent handbook on our website:
lethbridgeorcas.com

Wednesday March 11th - 5:00 - 7:00pm

Thursday March 12th - 5:00 - 7:00pm

@Nicholas Sheran Arena Lobby

Suitable for swimmers of all levels, ages 5+

Paraswimmers Welcome

Please email orcasecretary@gmail.com if you have other questions or need more information

Share Your Voice!

Musical Theatre and Recording Sessions

August 10-14, 2026

AGES 9-12 (9 - 1 P.M.)

AGES 13-20 (1 - 5 P.M.)

5 days of intensive training, lessons, workshops and recording studio access.

Located at the U of L Centre for the Arts



MUSIC.CONSERVATORY@ULETH.CA
403-329-2304



PHOTO BY STRUDELBRAND



TRADES4U

APRIL 1, 2026
6:30PM - 8:30PM



**OPENTO STUDENTS IN
GRADE 9 TO GRADE 12**

- Hands-on experience to try a trade
- Spend an evening learning from local skilled tradespeople
- Evening event to accomodate parents/guardians
- Limited spots per business

REGISTER TODAY!

Registration opens on March 7, 2026
Registration closes on March 21, 2026

**For more information , please contact your Divisions Off Campus Coordinator **

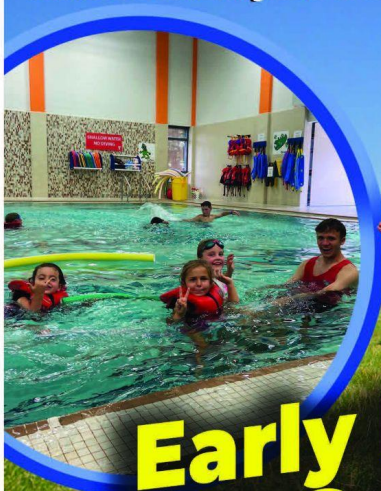
DAILY ANNOUNCEMENTS

Since 1993

Soccer Day Camps



...more than just a soccer camp!



**Early Deals,
Big Savings,
Ends March 31, 2026**



- ✓ July & August weeks
- ✓ Morning & Full Day sessions
- ✓ Ages 5 to 13
- ✓ Before & After Care available

For more information:

 royalsoccer.com

 800-427-0536

For location & registration details visit our website.

Mornings Starting from **\$165***/week

Full Days Starting from **\$249***/week

* Limited time, discounts vary, see website
Additional discounts for week 1 & 6 (4 day weeks)

 **DAILY ANNOUNCEMENTS**



Esports practice @3pm!