

Principal's Message

What an amazing start to the school year! We are so excited to welcome over 300 new students into our St. Francis learning community, along with 10 new staff members. A huge thank you to all of our staff and families for your continued support in this important learning partnership—we couldn't do it without you.

Our **Teamwork Triathlon** was a wonderful day of building connections, celebrating our Wildcat spirit, and strengthening communication and teamwork across our community. It was such a joy to see staff and students coming together in the spirit of belonging and celebration.

Family Connections:

We encourage all families to join us for our <u>Welcome Back BBQ and Meet the Teacher Evening on September 24.</u> The evening will begin at **5:30 p.m. with a Blessing**, followed by the BBQ at **6:00 p.m.** We hope you can attend this special evening of faith, food, and community.

Parents are also encouraged to connect with teachers through **monthly office hours.** Please check the school website or email your child's teacher to book an appointment. If you require assistance with **PowerSchool**, please don't hesitate to contact the office—we're happy to help.

Wildcat News:

- Our **Cross-Country team** is up and running, representing us with pride and determination.
- **Volleyball season** is in full swing with league games and tournaments underway—good luck to all of our Wildcats!
- Our **Esports team** is preparing for another exciting season.
- We are proud to welcome a new addition to our Wildcat family: the U15AAA Val Matteotti Golden Hawks team. This group trains in the mornings and joins our growing list of sports academies, which already includes our Hockey Academy, Dance Academy, and Elite Athlete program.

bringing to light the best we can become

Tel: 403-327-3402 Fax: 403-320-1877 Associate Principal: Mr. Darren Miller

Associate Principal· Mrs. Cassie Skauge

Address: 333 18 Street S. Lethbridge, AB T1J 3E5 Web: www.sfjh.holyspirit.ab.ca Principal: Mrs. Jackie Kraemer



In the **Fine Arts, our band, choir, and visual arts programs** are off to a vibrant start. We look forward to showcasing student talent throughout the year. Stay tuned for details about our upcoming production of **Cinderella**, with audition information coming soon.

Looking ahead, St. Francis has begun the **value scoping process** for a potential modernization and new school build. Our two-day workshop in early October marks the beginning of this exciting journey.

Finally, we are proud to enter the first year of our new Faith Plan: Open Wide the Doors! Sent to Share Christ's Love.

This year, we are called to *know God and walk humbly with God* in all that we do, sharing His love within and beyond our community.

Thank you for your continued prayers, support, and partnership as we begin another wonderful year at St. Francis.

Jackie Kraemer, Principal St. Francis Junior High School

bringing to light the best we can become

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Canteen

The canteen offers regular menu items including hamburgers, chicken burgers & wraps, pizza subs, hot dogs, nachos, muffins, cookies, chips and various beverages. There are also exciting daily specials such as cheezy garlic fingers on Monday, mini pizza on Tuesday, etc. The daily special menus are posted on the daily announcements.

Payment can be by cash, debit tap, or through buying prepaid canteen cards on School Cash Online. Canteen cards can be purchased in increments of \$20.00. Your student can then purchase items at the canteen by just telling the canteen staff their name and that they have canteen funds. The staff will keep track of your student's spending and will let them know when funds are getting low.

Canteen Specials

Sept 24th	Chicken Nuggets	\$5.00
Oct 1st	Baked Spaghetti	\$4.50
Oct 8th	French Toast & Hashbrown	\$5.00



Wildcat Athletics News

All practices and games are on the

St. Francis Athletic Calendar (clickable link).

Refer to it often for up to date changes.



Volleyball: Sept 19th - DV Boys (Grade 7s) Tournament at Wilson Junior High

Jr. Boys (Grade 8s) Tournament at FLVT

Sept 20th - DV Girls (Grade 7s) Tournament at Wilson Junior High

> Jr. Girls (Grade 8s) Tournament at FLVT

Sept 26th DV Tournament at Coaldale and SR Tournament at Chinook High

Running Club: Tuesdays & Thursdays after school.

Sept 24th - Cross Country LSAA Meet

School Fees

School Cash Online

Holy Spirit School Division uses <u>School Cash Online</u> for the payment of all school items such as fees, canteen cards, club/athletic fees and spirit wear.

Additional fees for upcoming option classes and co-curricular activities will be added as they are applicable.

If you have already registered for School Cash Online at another school in the Holy Spirit School Division, you will see the 2025-2026 St. Francis school fees in September.

If you are new to Holy Spirit, you will need your student's ASN to register which can be found in PowerSchool. If you prefer to pay by cash or cheque you can always do so by coming into the office. (Credit and debit cards are no longer accepted.)



St. Francis Junior High uses <u>PowerSchool</u> as its student information system. It provides parent and student portals which gives users access to real-time information including attendance, grades and assignment descriptions and report cards. Be sure to log in to your Parent PowerSchool portal often to monitor your student's academic progress. **Use District Code: RHZW** If you are unsure of how to access PowerSchool please contact the school at 403-327-3402.



CHECK OUT THE SF SCHOOL CALENDAR

Sept 19 - Lifetouch Picture Day

Sept 24 - Welcome Back Family Night/BBQ

Sept 26 - Orange Shirt Day

Sept 29 - PD Day (No School For Students)

Sept 30 - National Day for Truth and Reconciliation (No School)

Registration & Transportation Information

If you still require busing information or require bus passes, please contact the school office - Phone 403-327-3402

Please inform the office of any address changes - Thank you!



Dear Families,

We are thrilled to invite you to our annual "Welcome Back Family Night!" ... This event is a wonderful opportunity for you to get to know the teachers, explore our school, and engage with other families in a fun and relaxed atmosphere. Whether you're a returning family or new to our community, this evening is designed to help you feel more connected and informed about the exciting year ahead. You will also have an opportunity to receive a Family Blessing at 5:30 in our school library. Afterwards you can enjoy some delicious food, participate in our school-wide scavenger hunt, and experience firsthand the welcoming environment we strive to create every day. We can't wait to see you there!

When: September 24th -The 'New Family' Blessing will begin at 5:30, with the BBQ taking place from 6:00 -7:00 PM.

Where: St. Francis Junior High.

Cost: \$5 per family (includes hot dogs, chips, and drinks). Donations are also welcomed.

Please RSVP using the **Google Form**.

We look forward to seeing you there and sharing a wonderful evening together! If you have any questions, feel free to reach out to us at sfoffice@holyspirit.ab.ca or (403) 327-3402.

Best regards,

Jackie Kraemer

Principal, St. Francis Junior High

bringing to light the best we can become

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Associate Principal: Mr. Darren Miller

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2025-2026 IMPORTANT DATES

(Dates may be subject to change)

August 25th - First Day for Staff

August 29th - Opening Divisional Mass

September 1: Labour Day - No School

September 2: Grade 7 (AM); Grade 8 & 9 (PM)

September 3: First full day for all students

September 12: Teamwork Triathlon

September 19th: School Photos

September 24: Welcome Back Meet & Treat Evening - 6:00 pm

Sept 29th - PD day - No School

September 30: National Day for Truth and Reconciliation - No School

October 2: School Opening Mass - 8:30 am

October 13: Thanksgiving Holiday - No School

October 14: Spiritual Development Day - No school for students

October 15: Divisional Collaboration Day - No school for students

October 20: Annual Academic Awards Night - 7:00 pm

October 30th: Parent/Teacher Interviews

November 3: PD day - No Students

November 10: Division Wellness Day - No School

November 11: Remembrance Day Holiday - No School

December 17: Advent Mass - 12:30 pm

December 22 - January 2: Christmas Break

January 26: School PD Day - No school for students

January 23 - January 30: Exam Week: Gr 9 - PAT Finals; Gr 7 & 8 - Midterms

February 2nd: First Day Semester Two

February 16: Family Day Holiday

February 17 & 18: School closed

February 19 & 20th: Teachers' Convention - No school

February 24th: Lenten Mass - 8:30am

March 9th: Showcase - 6:00 pm

March 13: Division Collab Day - No school for students

March 26: Parent/Teacher Interviews

April 3 - April 10: Easter Break

May 6: Marian Mass -8:30 am

May 12th: Student Retreat - All day

May 18: Victoria Day Holiday

May 19: School PD Day - No school for students

June 4: Grade 9 Farewell - 6:00 pm (confirm with CCH)

June 18: Year End Mass - 8:30 am

June 19th - 25th: Exam Week: Gr 9 - PAT Finals; Gr 7 & 8 Finals

June 21: National Indigenous People's Day (Sunday)

June 25: Last day for students



Share the Mission Recipient 2024/2025



Mr. Chris Hartman

Teacher St. Francis Junior High School

On August 29, 2025, the Board of Trustees of the Holy Spirit Catholic School Division was pleased to honour this year's recipient of the prestigious "Share the Mission Award": Mr. Chris Hartman, teacher at St. Francis Junior High School in Lethbridge.

The "Share the Mission Award" is intended to honour those who:

- offer outstanding or long-term service;
- accept demanding challenges and set new standards for others to follow;
- contribute, through action and deed, to the Catholic atmosphere of our schools;
- demonstrate involvement and leadership in community/parish organizations; and
- reflect the Mission Statement of the Holy Spirit Catholic School Division in all actions.

The Board of Trustees congratulates Mr. Chris Hartman for living out the mission of Catholic education with joy, humility, and unwavering faith. His witness is an inspiration to all who learn and serve alongside him.

CONGRATULATIONS MR. HARTMAN



Holy Spirit Catholic School Division partners with Southland Transportation Ltd. and Lethbridge School Division to provide school bus transportation services for students travelling to our Lethbridge schools.

We are currently working to implement the recent changes announced by the Government of Albera regarding eligibility, distances, and funding for September 2, 2025. For the 2025/2026 school year, the school division will not be charging transportation fees for government-funded eligible riders.

To assist with planning and ensure sufficient space on busses, riders will be REQUIRED TO REGISTER in order to access transportation services for the 2025/2026 school year. If registration is not received prior to the end of the school year, there may not be space available.

ELIGIBILITY & FEES

Eligible - No Fee Required

The following eligible riders may access transportation for no fee:

- Kindergarten to Grade 6 students within the school division's boundaries who reside 1.6 km or more from their designated school.
- Grade 7-12 students within the school division's boundaries who reside 2 km or more from their designated school.
- Students accessing a Fine Arts Program of choice under the following circumstances:
 - K-6 students living inside the boundary of The Children of St. Martha School or Father Leonard Van Tighem School who require transportation to St. Patrick Fine Arts Elementary School.
 - Grade 7-9 students living in the Father Leonard Van Tighem School attendance zone, who attended Grade 6 at St.
 Patrick Fine Arts Elementary School in the prior school year, and wishes to continue with a Fine Arts Program of Choice by attending St. Francis Junior High School.

Eligible - Fee Required

Students are eligible to ride the bus for a fee under the following conditions:

• They are a Kindergarten to Grade 6 student attending Father Leonard Van Tighem School who require after-school child care at Children of St. Martha School, providing space is available on existing routes.

Fees for the 2025/2026 school year:

- \$25.00/month/student to a maximum of \$75.00/month/family.
- The school will assign fees to your School Cash Online Account once registration is complete

ADDITIONAL TRANSPORTATION NOTES:

- Transportation services are provided to school at the beginning of the school day and from school at the end of the day to the student's primary residence. Students are not permitted to ride the bus to a friend's or relative's house, daycare, parent's workplace, etc...
- The Transportation Coordinator utilizes Government approved software to calculate the distance that a student lives from their designated school. This official distance informs both eligibility and funding.



CONTACT

lethbridgesportcouncil.ca info@lethbridgesportcouncil.ca 403-320-5412 (Susan) 403-320-9371 (Tanya)

Location

Nicholas Sheran Ice Centre 2nd Floor, 401 Laval Blvd Lethbridge, AB T1K 3W7

Mailing Address

110 Columbia Blvd West PO Box 21090 Lethbridge, AB T1K 6X4

Social Media

Twitter: @LethbridgeSport Facebook: @LethbridgeSport Instagram: @lethbridgesport LinkedIn: Lethbridge Sport Council For Immediate Release – Friday, September 12, 2025

Give it a Try on National Day for Truth and Reconciliation

Lethbridge, Alberta – The Lethbridge Sport Council invites the community to Legacy Park on Orange Shirt Day, Tuesday, September 30th, from 10 AM – 3 PM for Give it a Try on National Day for Truth and Reconciliation, a free, family-friendly day of movement, play, and connection. This special event honours the spirit of Truth and Reconciliation by recognizing the role of sport in bringing people together, fostering understanding, and strengthening community bonds.

Participants will have the opportunity to try out a variety of activities guided by local leaders and coaches, including:

- Lacrosse with Coach Chad Chief Moon
- Roller hockey with Dave and Roller Hockey Lethbridge
- Fitness with Tyler Swag from Good Movement
- Skateboarding with Husky
- Free play with Shawn from Lethbridge Sport Council

Participation in Give it a Try is free of charge thanks to support from our partners, the City of Lethbridge and Jumpstart. All ages are welcome, and families are especially encouraged to take part together. A light lunch will be provided for all participants.

"Orange Shirt Day is a time to honour the children who never made it home and to stand in solidarity with Survivors and their families. We encourage everyone to take this day as an opportunity to reflect with your own family, and the gift of being together. This is not just a day of remembrance—it's a day for healing, learning, and connection. Bring your family, wear orange, and join us in creating a future rooted in truth and respect. We are grateful for organizations such as the Lethbridge Sport Council that highlight family, Indigenous sport and community." Echo Nowak, Ka'katosaakii (Star Woman), City of Lethbridge

On National Day for Truth and Reconciliation, we invite families and community members to spend time together outdoors, reflect, learn, play, and discover new ways to connect through sport.

More information and event registration can be found on the Lethbridge Sport Council website, https://bit.ly/3K3kzv7

For further information, please contact:

Tanya Whipple
Communication Manager,
Lethbridge Sport Council
tanya@lethbridgesportcouncil.ca
403-330-5597





St. Francis 2025 - Volleyball Tournaments



Grade 7 - Developmental	Grade 8 - Jr Team	Grade 9 - Senior Team
Prairie Winds- Sept 26 & 27	FLVT - Sept 19 & 20	Chinook - Sept 26 & 27
Gilbert Patterson Oct 17th - Boys Oct 18th - Girls	Wilson - Oct 3 & 4 SJFMS - Oct 17 & 18	Prairie Winds - October 17 & 18
	GS Lakie - Oct 24 & 25	FLVT - Oct 24 & 25
		Zones - Nov 14 & 15



Spots still available in the following age group:

12-13 (Born 2012-2013)

Registration Closes September 15

Interested in hockey but don't want the significant time or financial commitment that often comes with this great sport?

We offer an organized non-checking recreational hockey league for all genders aged 5-17. All skill levels are welcome.

One hour, once a week. Season runs from October to March.

Registration closes on September 15, 2025 - spots fill quickly so don't delay!

www.lethbridgerechockey.com



NOTICE TO PARENT OR GUARDIAN OF RELIGIOUS PERMEATION

Section 58.1 of the *Education Act* requires a school board to give notice to a parent or guardian when courses of study, education programs, institutional materials, instruction or exercises include subject matter that deals primarily and explicitly with religion. All of the schools in this division are Catholic Separate Schools, the essential purpose of which is to fully permeate Catholic theology, philosophy, practices and beliefs, the principles of the Gospel and teachings of the Catholic Church, in all aspects of school life, including in the curriculum of every subject taught, both in and outside of formal religion classes, celebrations and exercises. Every course of study and educational program, all institutional materials, instruction and exercises will at all times include subject matter that deals primarily and explicitly with religion.



FAIR NOTICE LETTER

Dear Parents / Guardians,

The Holy Spirit Catholic School Division is committed to providing safe learning environments for all students, staff, school visitors and community members. When a student behaves inappropriately, principals use progressive discipline to help a student take responsibility for their actions, change their behavior and learn from their mistakes.

When students' behaviors pose a potential threat to safety or serious harm, the Southwest Alberta Regional Violence Threat Risk Assessment (VTRA) Protocol assists administrators in taking the necessary steps to protect the well-being of students and staff. This protocol ensures that schools can respond promptly to worrisome behaviors or threatening incidents, such as possession of a weapon or replica, bomb threats or plans, verbal, written, or electronic (internet, text) threats to harm oneself or others, as well as other acts of violence, including fire-setting.

The protocol requires trained division staff and community partners to work together as a team to complete an Assessment of Risk to Others (ARTO) whenever a student threatens to harm others. The ARTO process leverages the team's knowledge, skills, and experience to assess the level of concern and identify appropriate interventions to protect individuals from harm and ensure a safe environment in both the school and the community. A multi-disciplinary approach is used to address these concerns. Please be advised that the school team will take positive and proactive measures to address all known threats or high-risk behaviors. If you are invited to a meeting to discuss safety concerns about your child, please be assured that our protocol is being followed and that our primary goal is ensuring safety.

The Southwest Alberta Regional VTRA Protocol outlines how a school should respond immediately to threatening behavior. Principals may first assemble a School Threat Assessment Team, ideally comprising the principal or associate principal, a school-based counselor or jurisdictional lead, and local police. If the situation is serious, the principal may also consult the Superintendent of Schools and involve members of the Community Threat Assessment Team. This team may include representatives from local police, children's mental health organizations, or Child and Family Services, among other community agencies that collaborate with us to enhance school safety. Parents/guardians will be notified as soon as possible during the Stage I - VTRA Process. If parents/guardians cannot be reached, but a safety concern persists, the threat assessment may proceed. Personal information shared during this process will respect and balance each individual's right to privacy with the need to ensure everyone's safety.

This letter complies with procedure 2 of Administrative Procedure 322: Violence Threat / Risk Assessment (V-TRA) Protocol, which states that parents/ guardians will be provided with "fair notice" that each threat will be taken seriously. Should you wish to further review this Administrative Procedure, please visit our website at www.holyspirit.ab.ca.

If you have any questions regarding the Holy Spirit Catholic School Division's use of the Southwest Alberta Regional V-TRA Protocol, please contact the Director of Support Services at the St. Basil Catholic Education Centre. We appreciate your support in ensuring our schools are safe environments for our students, staff and community partners.

Sincerely,

Chantel Axani, Superintendent of Schools

Holy Spirit Catholic School Division Announces New Associate Superintendent of Learning

The Holy Spirit Catholic School Division is pleased to announce the appointment of Mr. Aaron Skretting as Associate Superintendent of Learning.



Mr. Skretting brings a strong academic and professional background to this role. He completed a Bachelor of Arts and Bachelor of Education at the University of Lethbridge in 2001 and a Master of Education at Gonzaga University in 2012. Since beginning his teaching career in 2001, he has served in several capacities including classroom teacher, associate principal, and Director of Religious Education. His experience spans both Palliser School Division and Holy Spirit Catholic School Division, including time at Catholic Central High School.

In his new position, Mr. Skretting is eager to continue strengthening the Catholic identity of schools while supporting

staff in providing exceptional learning experiences. "I am most looking forward to working with our dedicated staff, families, and parish partners to deepen the Catholic identity of our schools. Together, we can support teachers and principals in providing the best learning experiences for students. By fostering a shared sense of purpose, we can help every child achieve academic success and experience the joy of belonging to a faith community where they are reminded daily that they are loved and valued."

Mr. Skretting is especially passionate about faith, First Nations, Métis and Inuit education, and pedagogy. Guided by scripture, he reflects on 1 Kings 19:11-13, where God speaks not in the storm or fire, but in the gentle silence. He sees this as a reminder to listen attentively for God's voice in the stillness.

Dr. Carmen Mombourquette, Board Chair, Board of Trustees shared,

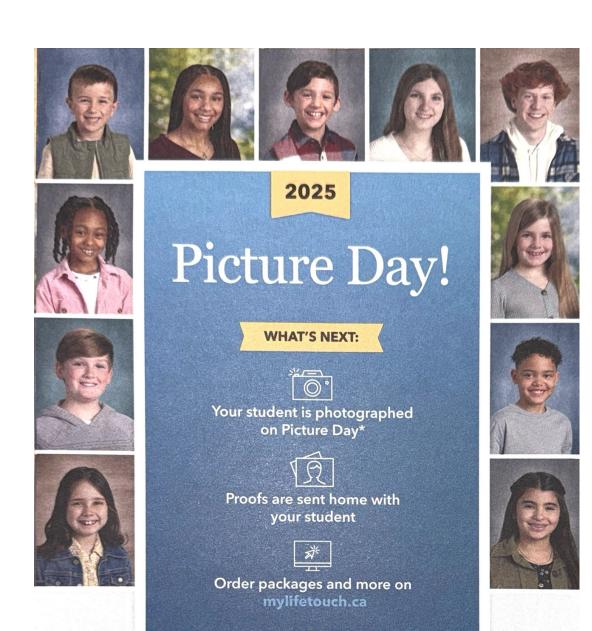
"Mr. Skretting is an educator of exceptional talent and ability. He was an excellent classroom teacher, school leader, and director. We look forward to the students and staff being well served by Aaron in his new leadership role."

Superintendent Ms. Chantel Axani added,

"I am truly honoured to continue working alongside Aaron as he assumes his new role of Associate Superintendent of Learning. He has consistently demonstrated an impressive ability to focus on the broader vision, while maintaining a deep understanding of our school division's mission and values.

Aaron is a unifying leader who fosters collaboration and teamwork. His faith is central to who he is and is clearly reflected in his leadership approach. He is deeply committed to serving the best interests of all students and has earned the trust and respect of the Holy Spirit Catholic staff. I look forward to his continued contributions and success in this new role."

Holy Spirit Catholic School Division looks forward to the leadership, dedication, and vision that Mr. Skretting will offer in the years ahead.



MARK YOUR CALENDAR:

St. Francis Jr High School **Friday, September 19, 2025**

Retakes currently scheduled for Oct 24th

*All students will be photographed. Please notify your student's teacher if you do not want an individual picture taken of your student, Your student may be included in a class picture if requested by the school.

Questions? Contact our Help Center at lifetouch.com/support-ca. Select K-12 School Photography for assistance.





FIND YOUR GROOVE AT THE LIBRARY

Sign up for a free library card (or renew your existing one) during the month of September and you might just score a funky sweatshirt or nifty tote bag



lethlib.ca/join



Glan

ON NATIONAL DAY FOR TRUTH & RECONCILIATION



Join us at Legacy Park on Tuesday, September 30th, from 10 AM - 3 PM, for a free, family-friendly day of movement, play, and connection. Together, we will honour the spirit of Truth and Reconciliation by celebrating the power of sport to bring people together.

EVENT HIGHLIGHTS

- Lacrosse with Coach Chad
- Roller hockey with Dave
- Fitness with Tyler
- Skateboarding with Husky
- Free play with Shawn
- and more!

What you need to know:

- Pre-register for the event online •
- There is no cost to participants
- All ages welcome, families are encouraged to participate together
- Light lunch will be provided for participants













In Person ADHD Parent Group

An educational group offering introductory information on ADHD to parents and caregivers. Participants must register in advance for the five sessions covering:

- What is ADHD and how to talk to your child/teen about it
- How medication, nutrition, exercise, and sleep impact ADHD
- How ADHD impacts self-regulation and the importance of co-regulation
- Tools for parenting a child/teen with ADHD
- Navigating school systems and community services

Thursdays from 6 to 7:30 p.m., October 9th to November 6th, 2025.

Recovery Alberta Child, Youth and Family Addiction and Mental Health Clinic, Melcor Centre (Suite 120A 200 - 4 Ave. S.).

To register, call Access Addiction & Mental Health 1-888-594-0211



LETHBRIDGE BOOK & MAGAZINE FESTIVAL

15TH ANNIVERSARY

September 20, 2025 | 11 a.m. - 5 p.m.

Lethbridge Public Library - Main Branch

Featuring Authors

Linda Bailey | Crave Bakery | Maggie Helwig Ryan North | Jessica Waite | Kevin Van Tighem | and more!

Live Music | Food Trucks | Workshops | Author Signings | Marketplace

Celebrating Reading. Advocating Literacy.

For full events details visit thewordonthestreet.ca/lethbridge





*CAREGIVER connections

Anxiety Workshop

Supporting Kids & Teens Through Anxiety with Angela Jans, MC, Registered Psychologist







Family Centre, 200-4 Ave. S. Lethbridge

With over 15 years of experience, Angela specializes in helping children, teens, and families navigate the emotional challenges of anxiety. She knows that while anxiety is common, it can disrupt learning, friendships, and daily life. Angela provides practical tools and guidance to recognize anxiety, respond with confidence, and build lasting coping skills. Whether your child is facing anxiety for the first time or has been struggling for a while, Angela offers support to help you feel more prepared —and less alone.









Blended Families Workshop

New Relationships, New Family

A BLENDED FAMILY



- 2-hour seminar
- For blended families (new or experienced)
- Tools & tips for healthy relationships
- Supportive discussion
- Build a strong, resilient family unit







Thursday September 18, 6-8pm Childcare by donation

Family Centre Suite 225, 200 - 4 Ave. S. Lethbridge 403-320-4232

- www.famcentre.ca
- (70) efamilycentreyql
 - in @Family Centre Society of Southern Alberta,

SUPER DADS SUPER KIDS

8 Week Course FOR DADS

WEDNESDAYS

6 - 8 PM

September 24 - November 12

TO REGISTER SCAN HERE









LETHER YOUTH MINETRY

SEPTEMBER 2014 7:00 PM - S:00 PM

Where The Lost Are Found For Students Grade 6-12



Scan to sign up!





Questions? Email: familylife@allsaintslethbridge.org



LETHBRIDGE FAMILY LIFE

FIRST FRIDAY ADORATION & SOUP SUPPER

NOV 7TH

Hosted at:

Our Lady of the Assumption 2405 12 Ave S Lethbridge

SCHEDULE



Mass & Adoration

9:00AM - 8:00PM



Soup Supper

6:00PM - 7:00PM



Teaching 7:15PM - 7:45PM

COME HUNGRY LEAVE FULL



