

Announcements for  
**Monday, March 2, 2026**

**2nd Week of Lent**

1st Reading: Daniel 9.3, 4b-10++  
Gospel: Luke 6.36-38

Welcome • Itaomikskaonaotoni • Bienvenue

# Canteen

Our regular menu items are available for purchase. You can purchase items with Cash, Debit Card, or with prepaid Canteen Cards.

Monday

**Cheesy Garlic Fingers, \$5.25**

Tuesday

**Mini Cheese Pizza, \$5.75**

Wednesday

**French Toast, \$5.00**

Thursday

**Chicken Burger, \$5.50**



# WILDCATS

## Basketball Practices

SR Gr 9 Girls	TODAY	5:30 - 7:00
SR Gr 9 Boys	Tomorrow	6:30am
JR Gr 8 Girls	Tomorrow	5:30 - 7:00
SR Gr 9 Boys	Wednesday	6:30am
SR Gr 9 Girls	Wednesday	5:30 - 7:00
JR Gr 8 Girls	Wednesday	6:45 - 8:15
SR Gr 9 Boys	Thursday	6:30am
SR Gr 9 Girls	Thursday	5:30 - 7:00

Practice times may change. Check the [SFJH Athletic Calendar](#) for up to date information.





## *Badminton Practices*

<b>TODAY:</b>	Grade 8s	3:00 - 4:15
	Grade 9s	4:15 - 5:30
<b>Tuesday:</b>	Grade 7s	3:00 - 4:15
	Grade 8s	4:15 - 5:30
<b>Wednesday:</b>	Grade 9s	3:00 - 4:15
	Grade 7s	4:15 - 5:30

Practice times may change. Check the [SFJH Athletic Calendar](#) for up to date information.



# GAUSS

Your shirts are in:

Danica, Immanuel, William

See Mr. Laforge in 219!

# SKI TRIP

The Ski Trip is approaching quick! A reminder that the ski trip is on March 4!

You must be here at **6 AM!**

Please make sure fees are paid and permission click is signed, if you are unsure if you have both of these in ask Ms Williston or Mrs Keating!

# Inner Peace Practice

Our field trip today is cancelled, we will continue with yoga in the dance room!



# BADMINTON INTRAMURALS

	North	North Center	South Center	South
11:40	Zaid & Eliab vs <b>Guadalupe &amp; Audrey</b>	<b>Jasper &amp; Deacon</b> vs Livia & Lidia	<b>Brixlyn &amp; Zoe vs Danica &amp; Hamda</b>	<b>Sayer &amp; Dylan</b> vs Lochan & Joseph
11:45	Elai & Deng vs Adrian & Lawrence	<b>Stefan &amp; Liam</b> vs Byabene & Karissa	Alyiah & Ayanna vs <b>Milos &amp; Logan</b>	<b>Greyson &amp; Adam</b> vs <b>David &amp; Lincoln</b>
11:50	Zaid & Eliab vs <b>Jasper &amp; Deacon</b>	<b>Livia &amp; Lidia</b> vs Brixlyn & Zoe	Danica & Hamda vs <b>Sayer &amp; Dylan</b>	<b>Locahn &amp; Joseph</b> vs Elai & Deng
11:55	<b>Andriel &amp; Daniel</b> vs Toby & Marcky	<b>Anna &amp; Maui</b> vs Koko & Madie	<b>Ryan &amp; Kyle</b> vs Rylee & Candace	<b>Caspian &amp; Kevin</b> vs Kaden & Ayden
12:00	Ethan & Mikhael vs <b>Carter &amp; Ari</b>	Coen & Bentley vs Landan & Ajay	Harlie & Danica vs <b>Andriel &amp; Daniel</b>	Toby & Marcky vs <b>Anna &amp; Maui</b>
12:05	<b>Koko &amp; Madie</b> vs ryan & Kyle	Rylee & Candace vs <b>Caspian &amp; Kevin</b>	Kaden & Ayden vs <b>Ethan &amp; Mikhael</b>	<b>Carter &amp; Ari</b> vs Coen & Bentley



## **2026 Outdoor Soccer Registration Open until March 22nd**

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**Printouts of the details are available  
in the hall outside of the office**



LETHBRIDGE POLICE SERVICE PRESENTS

# Youth Police Academy

ARE YOU BETWEEN AGES 12-16 AND WONDERED WHAT IT'S  
LIKE TO BE A POLICE OFFICER?  
JOIN US FOR OUR THREE DAY YOUTH POLICE ACADEMY



APRIL 7-9 2026



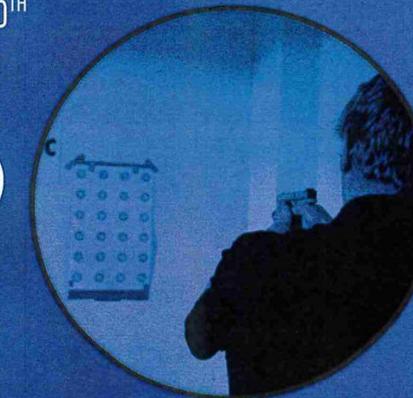
8:00 AM -4:00 PM



LETHBRIDGE POLICE  
HEADQUARTERS 135 1 AVE S

DEADLINE TO APPLY: MARCH 20<sup>TH</sup>

FOR MORE INFO AND  
APPLICATION



**INFO AVAILABLE OUTSIDE THE OFFICE**

WWW.ZEPHYRSOACHING.COM  
coach.robdrup@zephyrscoaching.com

**COACHES**

Danny Robdrup  
Lucas Authier  
Brooklyn Filipenko



# ZEPHYRS TRACK CLUB

Costs:  
\$90 for Outdoor Season April 14th through June  
\$20 Singlet

Details:  
Tue/Thu 6-7:15pm @ CIVIC TRACK | Ages 8+  
Train for:  
Sprints - Mid/Long Distance - Long/Triple Jump -  
Run Jump Throw Wheel - Discus/Javelin



Starting April



**OUTDOOR  
REGISTRATION**  
*IS OPEN!*

[WWW.LETHBRIDGETRACK.CA](http://WWW.LETHBRIDGETRACK.CA)

**TUESDAY & THURSDAY**

**5:30-7PM (COACHING)**

**SATURDAY**

**10:30-12PM (LTFC OPEN TRACK)**

**U OF L COMMUNITY STADIUM**

**DAILY ANNOUNCEMENTS**

Since 1993

# Soccer Day Camps



...more than just a soccer camp!



**Early Deals,  
Big Savings,  
Ends March 31, 2026**



- ✓ July & August weeks
- ✓ Morning & Full Day sessions
- ✓ Ages 5 to 13
- ✓ Before & After Care available

For more  
information:

 [royalsoccer.com](http://royalsoccer.com)

 800-427-0536

For location & registration details visit our website.

**Mornings** Starting from **\$165**\*/week

**Full Days** Starting from **\$249**\*/week

\* Limited time, discounts vary, see website  
Additional discounts for week 1 & 6 ( 4 day weeks)

 **DAILY ANNOUNCEMENTS**



**Esports practice today@3pm!!**