

Announcements for
Tuesday, September 15, 2026

24th Week of Ordinary Time

1st Reading: Hebrews 5.7-9

Gospel: Luke 2.33-35 or Gospel: John 19.25-27

Welcome • Itaomikskaonaotoni • Bienvenue

Canteen

Our regular menu items are available for purchase. You can purchase items with Cash, Debit Card, or with prepaid Canteen Cards.

Weekly Specials

TUESDAY

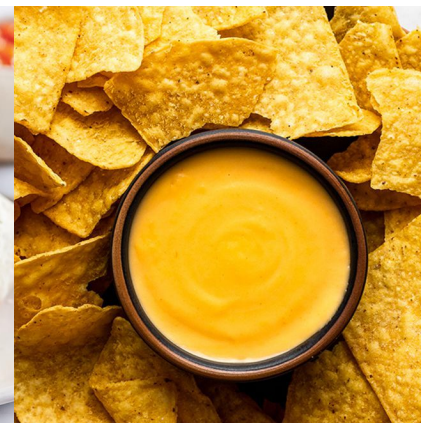
Mini Cheese Pizza, \$5.75

WEDNESDAY

NO SPECIAL

THURSDAY

Beef & Cheese Taco, \$5.00



WILDCATS

Sr. Volleyball **Grade 9s**

Sr. Girls Practice TODAY 5:30pm

Sr. Boys **GAME Sept 16 @ FLVT 4:00pm**

Sr. Girls **GAME Sept 16 @ FLVT 4:00pm**

Practice times may change. Check the
[SFJH Athletic Calendar](#) for up to date information.

WILDCATS

Jr. Volleyball

Grade 8s

Jr. Boys **GAME**, TODAY @ Wilson 4:00pm

Jr. Girls **GAME**, TODAY @ Wilson 4:00pm

Jr. Girls Practice - Sept 16 5:30pm

Jr. Boys Practice - Sept 16 6:45pm

Practice times may change. Check the
[SFJH Athletic Calendar](#) for up to date information.

WILDCATS

DV. Volleyball

Grade 7s

Dv. Boys Practice	TODAY	3:00pm
Dv. Girls Practice	TODAY	4:15pm
Dv. Boys Practice	Sept 16	3:00pm
Dv. Girls Practice	Sept 16	4:15pm

Practice times may change. Check the
[SFJH Athletic Calendar](#) for up to date information.

WILDCATS

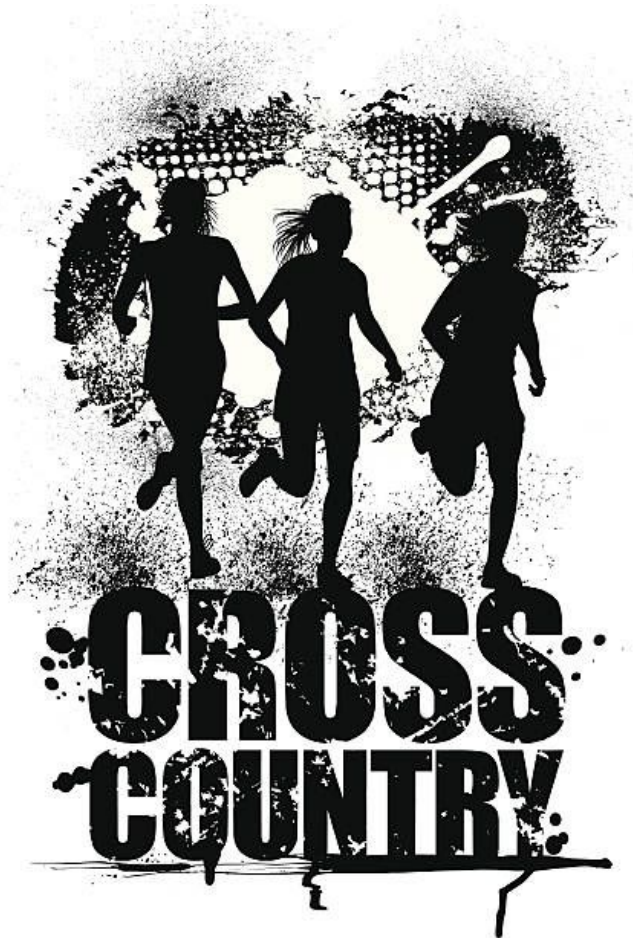
VOLLEYBALL TOURNAMENT

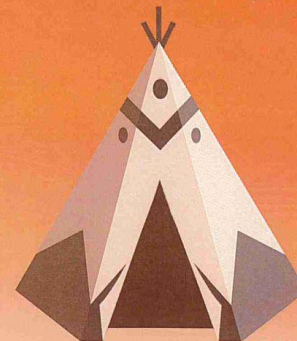
JR Boys & JR Girls

**Friday, Sept 18 & Sat, Sept 19
@ FLVT**

Cross Country Practices

Mon - Thurs (3:00pm - 4:00pm)
until Oct 8th





Double Ball Give it a Try



Kick Ball Give it a Try



Lacrosse Tournament



4K + 7K Run



28K Trail Run



2K Archery Run



Cultural Activities



Blanket Exercise



Artisan Market



SEPTEMBER 30TH

**NATIONAL DAY FOR TRUTH
AND RECONCILIATION**

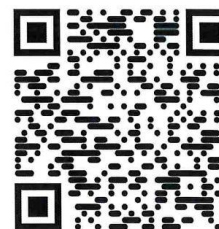
7:00 AM - Blackfoot Half-Marathon
8:00 AM - Tipi Raising (Informal)
10:00 AM - Opening Ceremony
11:00 AM - Give-It-A-Try Events
11:00 AM - 4K and 7K runs
11:00 AM - Cultural Activities
1:00 PM - Lacrosse Tournament
1:00 PM - Artisan Market
2:00 PM - Blanket Exercise
2:00 PM - 2K Archery Run
5:00 PM - Closing Ceremony



NICHOLAS SHERAN

(NORTH OF THE SCHOOL,
LAVAL & COLUMBIA BLVD)

Everyone is invited. Come
together to learn, experience, play
and build connections through
sport, culture and community.



LEARN MORE AND REGISTER FOR THE GIVE IT A
TRY EVENTS, RUNS, AND LACROSSE TOURNAMENT

LETHBRIDGESPORTCOUNCIL.CA/BUFFALOGAMES

YOU'RE INVITED!

COME CELEBRATE OLA'S
70TH ANNIVERSARY



September 22 2026

OLA School

5:30 pm

Inviting former
students, community
members, and
current families!



Holy Spirit
CATHOLIC SCHOOL DIVISION



Inspiring Action for Positive Change

— 70th ANNIVERSARY —
1956 2026

Join us for our
opening blessing,
meet the teacher
night, and a birthday
celebration!

OLA
1956-2026



NOT PLAYING SCHOOL
OR DIDN'T MAKE TEAM?
THIS LEAGUE IS FOR YOU!

**REGISTRATION
IS NOW OPEN!**

YQL FALL LEAGUE

YOUTH VOLLEYBALL

GROW. COMPETE. HAVE FUN.



AGE DIVISIONS & SCHEDULE

	GRADE 1-3 CO-ED	1x per week
	GRADE 4-6 CO-ED	1x per week
	GRADE 7-8 CO-ED	2x per week
	GRADE 9-12 GIRLS	2x per week

 **LEARN FROM EXPERIENCE**
Coached by experienced,
passionate volleyball coaches.

 **SKILLS THEN GAME PLAY**
Each week includes skill development
followed by game play.

 **NEW FACILITY!**
1272 30 St N, Lethbridge

Fees from \$200-\$315 per session.



SESSION 1: WEEK OF SEPT 14 • 5 METES
SESSION 2: WEEK OF OCT 19 • 5 METES



REGISTER NOW AT:

<https://app.teamlinkt.com/register/find/yqlselectsvolleyball>



Limited spots available.



YQL
Get Selected



**REGISTRATION IS UNDERWAY FOR
2026/2027!**

Spots fill quickly so don't delay!

**See our website for more
information!**

**Interested in hockey but don't want the significant time or
financial commitment that often comes with this great sport?**

**We offer an organized non-checking recreational hockey league
for all genders aged 5-17. All skill levels are welcome.**

One hour, once a week. Season runs from October to March.

www.lethbridgerechokey.com

WELCOME BACK BBQ

September 21st

6:00pm - Family BBQ

\$5 per family

(includes hot dogs, chips, and drinks).

Donations are also welcomed

PLEASE RSVP ON THE SCHOOL WEBSITE





Have you achieved success



outside of school at a
zone, provincial, or
national level?



Let us know!



We would love to share your story
and highlights on our school's
social media.



Send your pictures and achievements to
SFOFFICE@holyspirit.ab.ca





7\$ At the DOOR TICKETS

Location:
Excite Lethbridge!

10am-6pm
September 26, 2026

Bunka Hashi Festival



 @Bunka Hashi
 @bunkahashi_festival
 @BunkaHashi festival

~Artist Alley~
~Tabletop Games~
~Exhibitor Area~
~Cosplay Contests~
~Dance and Music~
~Panel Discussions~
~Performances and More~



For more information
chair@bunkahashi.com



Picture Day

Friday, September 18th

All students and staff will have their
photos taken (no cost).



**Welcome
back!**

**...come check out
your library!**

LIBRARY FAQ'S

How many books can I check out at a time?

Three!

How long can I keep my library books?

3 weeks

(but you can renew the book if you need more time)

Where do I return my books when I am done?

In the book drop bin in the library.

**What if Miss Rasmussen isn't there
when I want to check out a book?**

*There is a self-checkout clipboard at her desk
- Follow instructions and print neatly!*

Do I have to be quiet in the library?

Yes Please! The library is a designated quiet space.

Miss Rasmussen's Hours

Mondays 9:15-3:15

Tuesdays 12:30-3:00

Wednesdays 11:15-3:15

Thursdays 12:30-3:00